

# Osher Lifelong Learning Institute

— AT THE UNIVERSITY OF KENTUCKY —

## SUMMER 2025 COURSE CATALOG

OFFERING LEARNING OPPORTUNITIES  
FOR ADULTS 50+



Office: [olliatuk.uky.edu](https://olliatuk.uky.edu) | Registration: [olli.uky.edu](https://olli.uky.edu)



Office of  
Lifelong Learning  
*Osher Lifelong Learning Institute*

## Table of Contents

Summer 2025 Registration Schedule.....	2
History of OLLI at UK.....	3
2024-2025 Lexington Advisory Board .....	4
Welcome & OLLI at UK Staff .....	5
Campus CE & Registration Resources.....	6
OLLI at UK Scholarship & Inclement Weather....	7
Summer 2025 Course Offerings.....	8-12
UK Wellness Opportunities.....	13
Online Course Offerings .....	14-15
Course Locations.....	16
Support OLLI at UK .....	17
OLLI Instructors & Facilitators .....	18-19
Volunteer for OLLI at UK .....	20
Zoom Resources & Training .....	20
Summer Registration Form .....	21
Risk & Release Form/Photo Release Form .....	22
Frequently Asked Questions.....	23

## SUMMER 2025 INFORMATION

Viewing for all Summer 2025 courses will open on Monday, April 28 at 6 a.m. Registration for all Summer 2025 courses will open on Friday, May 2 at 1 p.m.

Not a current 2024-25 OLLI Member? \$15 Memberships are available now!

## OLLI 2025-2026 MEMBERSHIP

Memberships for the 2025-2026 year will open on Friday, August 1, 2025.

**Fall 2025 Registration Dates**  
Registration for Fall 2025 courses will open Wednesday, August 6 and Thursday, August 7.

SAVE THE DATE

## FALL 2025 LEXINGTON OPEN HOUSE

FRIDAY, AUGUST 1, 2025, 1 - 2:30 PM

Central Baptist Church, Gymnasium  
110 Wilson Downing Road, Lexington, KY





HERMAN DONOVAN

# HISTORY OF OLLI AT UK

## Beginning of Lifelong Learning: Academic Donovan Fellowship

In the late 1950's, Dr. Herman Donovan, President of the University of Kentucky (UK), dreamt of enriching the lives of older persons. He proposed that colleges and universities open their doors to persons aged 65 and older, allowing them to register for courses free of cost so that they could continue to pursue their interests. He reasoned that colleges and universities owed their greatness to the work, support, gifts, taxes and votes of our older generations.



Twenty-six Donovan Scholars, ranging in age from 65 to 84, were admitted to UK in the fall of 1964, joining 18-year old counterparts for the first time. One of the first programs of its kind in the country, it was not long before the Donovan Program gained national attention. In 1966, TIME magazine dubbed the program "Educare", an obvious reference to Medicare which was in the news at the time. Whereas most of the early Donovan Scholars were from the Lexington area, the national publicity resulted in inquiries from every state and many foreign countries. *(pictured to the left: Donovan Scholar in classroom during 1960s)*

## Educational and Enrichment Courses: For the Joy of Learning!

Courses offered in the community were added in 1966 for adults 60+. The Donovan Forum which began in 1970 offers a series of lectures, workshops and entertainment on a wide variety of topics presented by University professors, public and private organizational representatives, OLLI Members, etc.

## Osher Lifelong Learning Institute (OLLI) at UK

In January 2007, UK received financial support from the Bernard Osher Foundation to increase learning opportunities in Lexington, allowing our offerings to widen in number and scope, and our membership by lowering the age to 50 and extending lifelong learning to other sites in Kentucky. The Osher Foundation continued their support financially to the University of Kentucky through additional grants, gifts and finally 2 endowments. A National Resource Center, created and funded by the Osher Foundation, supports a national network of 125 OLLIs located from Maine to Hawaii.



OLLI at UK offers courses, forums, seminars, day trips, shared interest groups and events throughout the year in a variety of topics, formats and locations.

# 2024-2025 LEXINGTON ADVISORY BOARD

## **Chair**

Kempa Turner

## **Vice-Chair**

Colette Crown

## **Immediate Past Chair**

Lee Edgerton

## **Committee Chair Persons**

### **Connections**

Jane Friedman

### **Donovan Forum**

Laura Cole

### **Social**

Sue Scheff  
& Carol Swiderski

### **Curriculum**

Don Gash

### **Promotion & Membership**

Diane Woods, Acting Chair

### **Travel**

Nicky Burkett

### **Development**

Sue Oatey

### **Rules & Procedures**

Virginia Gregg

## **At-Large Board Members**

Chris Conley  
Kenneth Golliher  
Gary Hansen  
Janinne Johnson  
Scott Johnson

Jaya Pampati  
Eddie Salone  
Martha Shouldis  
Rita Smart  
Norma Wirt





# Office of Lifelong Learning

*Osher Lifelong Learning Institute*

## Welcome To OLLI at UK

We are happy to provide another exciting semester of lifelong learning opportunities this Summer! Whether you're joining us in-person or on Zoom, enhancing your fitness or exploring the world of art, delving into the realms of technology or uncovering the captivating narratives of history, our program offers something for everyone.

Our wonderful instructors are dedicated to providing you with an engaging and informative experience, allowing you to expand your knowledge and skills in a friendly, welcoming environment. We also have quite the comradery in our class environment, where you can embrace the terrific social aspect our courses bring alongside fellow lifelong learners as eager to learn as you are. No tests, no papers and no grades required. Just the love of lifelong learning that we hope you will enjoy!

Whether it's a new class, social, or travel opportunity, we hope to see you this Summer. Thank you for being part of the incredible OLLI at UK community. We are so glad you are here!

Warm Regards,  
The OLLI at UK Staff

## OLLI AT UK STAFF



### Joey Conrad

Executive Director  
859-257-2658  
[joseph.conrad@uky.edu](mailto:joseph.conrad@uky.edu)



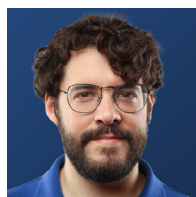
### Teresa Hager

Registrar  
859-257-2656  
[teresa.hager@uky.edu](mailto:teresa.hager@uky.edu)



### Trey Adkins

Student Affairs Officer  
& Donovan Scholar Registrar  
859-257-2657  
[trey.adkins@uky.edu](mailto:trey.adkins@uky.edu)



### Nick Farr

IS Technical Support Specialist  
859-218-6840  
[nick.farr@uky.edu](mailto:nick.farr@uky.edu)

# SUMMER 2025 REGISTRATION



## OLLI Registration Website

In order to register for Courses, SIGs, Donovan Lectures, Socials, Trips, and other OLLI activities, all OLLI Members must have an account at the following website: <https://olli.uky.edu/uky>

## How to Sign Up (For New Members)

1. Visit <https://olli.uky.edu/uky> and click "SIGN IN" at the top right. Then fill out the box for "Create New Account".
2. When creating your username: Choose something unique to you. It must be a minimum of six characters. You may use any combination of letters and numbers. Username is not case-sensitive.
3. When creating your password: Choose something unique to you. It must be a minimum of eight characters. You may use any combination of upper & lower case letters, numbers, and special characters (!@#\$%^&\*-=|<>?/\). Password is case-sensitive and must be entered exactly the same way each time.
4. Be sure to save your username and password on a physical/digital notepad or password manager application.
5. Be sure to use an email address you regularly use, in case you need to find your username or reset your password.
6. Click "CREATE ACCOUNT". You will then be prompted to provide contact information such as address, phone number, and more.

Once you have created your account, you can then register for a Membership, Courses, and more online. There are 5 categories to choose from:

- Membership: Register for an OLLI Membership.
- Lexington Courses: Register for courses from Lexington instructors, as well as Donovan Forum Lectures.
- Morehead Courses: Register for courses from Morehead instructors.
- Special Events & Socials: Register for Socials and Community events.
- Travel: Register for Day Trips and more.

## HOW DO I REGISTER FOR CLASSES?

1. Online at <https://olli.uky.edu/uky>, or
2. Use Registration Form on page 21, and mail to:

### OLLI at UK Office

658 S. Limestone, UK Ligon House  
Lexington, KY 40506-0442

## CONTACT THE OFFICE

**Joey Conrad:** 859-257-2658

**Teresa Hager:** 859-257-2656

**Trey Adkins:** 859-257-2657

**Nick Farr:** 859-218-6840





## OLLI Scholarships: Financial Assistance Available for OLLI Membership & Courses

The OLLI at UK is pleased to offer scholarships for OLLI members. Scholarships are available to cover the cost of OLLI course fees or educational offerings such as one day intensives, trips and workshops. Individual scholarships of up to \$50 are available each semester. First-time applicants will be given priority.

Current and prospective members are encouraged to apply. Contact our Registrar, Teresa Hager, at [859-257-2656](tel:859-257-2656) to apply.

**ALL APPLICATIONS ARE KEPT CONFIDENTIAL**

## OLLI at UK Inclement Weather Policy

The safety of our members is our top priority. During times of inclement weather, OLLI at UK follows Fayette County Public Schools (FCPS) and the University of Kentucky closings.

**Due to inclement weather**, when either Fayette Co. Public Schools or UK:

- **Is Closed:** All programs are canceled (Courses, SIGs, Events, Forums, Meetings, etc.)
- **Let out early:** All programs scheduled from that point on are canceled.
- **Have a delayed opening:** OLLI programs continue as scheduled.

***Please Note:***

- Watch local media for announcements regarding FCPS and UK.
- Watch for cancellation emails from OLLI Staff.
- If possible, Zoom and Hybrid classes may be moved completely online and continue as normal.
- The OLLI at UK Office reserves the right to cancel classes for inclement weather even if FCPS and UK remain open.



## Like **OLLI at UK** on Facebook!

**SCAN HERE FOR OUR  
FACEBOOK PAGE!**



## Follow OLLI at UK on Facebook!

Want to be a part of the OLLI at UK community on social media? Interact with fellow OLLI members online? Learn about upcoming social events and additional OLLI programming? Be sure to Like the OLLI at UK page on Facebook! You can search for "OLLI at UK" on Facebook, or scan the QR code to the right. Then click the "Like" button. We hope to see you there!

# Summer 2025

## COURSE OFFERINGS

### COMPUTERS & TECHNOLOGY



#### Fun and Functional Apps for Your iPhone Workshop

*Instructor: Brooke Thomas*

*Date and Time: Monday, July 14, 2025*

*1 – 3:30 p.m.*

*Course Location: Central Kentucky Computer Society*

**Maximum Enrollment: 10 | Course Fee: \$34**

Unlock the full potential of your iPhone with this hands-on class! Discover how to use free apps to simplify your daily life and explore your surroundings. Learn to pay for parking in downtown Lexington, access replays and schedules for UK Athletics, find walking tours in Lexington and beyond, and borrow eBooks or audiobooks from your local library. Explore live precipitation data across Kentucky, view real-time traffic cameras on Nicholasville Road, and check for power outages instantly.

#### Introduction to Adobe Photoshop for Photographers

*Instructors: Arleigh Kerr, Karen Higdon, Rita Egan and Larry Neuzel*

*Dates & Times: Mondays, June 23 & 30*

*1 – 3 p.m.*

*Course Location: Central Kentucky Computer Society*

**Maximum Enrollment: 4 | Course Fee: \$42**

Want to learn the basics of Adobe Photoshop to make your photographs look better and sharper? This class will cover how to use Adobe Photoshop to post-process your photographs. Learn the basics of using Adjustment Layers, how to remove unwanted elements from your photos and how to make your photos look better. Also, you will learn a bit about using Adobe Photoshop's AI tools. Students should bring a fully charged laptop with a recent version of Adobe Photoshop (not Photoshop Elements) installed and ready to use.

#### Introduction to Windows 11 Workshop

*Instructor: Mike Seiler*

*Date & Time: Tuesday, June 3, 2025*

*9 – 12 Noon*

*Course Location: Central Kentucky Computer Society*

**Maximum Enrollment: 7 | Course Fee: \$34**

This workshop will look at what is new in Windows 11, what has changed, and how to set it up to make it more user-friendly. If you are considering installing it on your computer, this workshop might help you decide whether to install it. On the other hand, if you have already installed it, this workshop might help you set up Windows 11. Students are encouraged to bring their laptop computers if they have Windows 11 already installed. However, ensure your laptop is fully charged before you bring it to class.

#### iPad Essentials: Discover and Customize the Hidden Control Center Workshop

*Instructor: Brooke Thomas*

*Date & Time: Monday, July 21, 2025*

*1 – 3 p.m.*

*Course Location: Central Kentucky Computer Society*

**Maximum Enrollment: 10 | Course Fee: \$34**

Discover the hidden potential of your iPad in this engaging workshop! You'll learn how to access and personalize the Control Center, tailoring it to fit your needs. The session will primarily focus on exploring the 26+ controls available, such as Airplane Mode, AirDrop, Focus, Music, Translate, Voice Memo, and Screen Mirroring. Uncover a range of features you might not even know exist, and see how they can simplify your daily tasks and enhance your iPad experience.

#### Organizing Your Computer Files on a Windows PC

*Instructor: Mike Seiler*

*Dates & Times: Tuesdays, June 10 – 24*

*10 – 12 Noon*

*Course Location: Central Kentucky Computer Society*

**Maximum Enrollment: 5 | Course Fee: \$46**

Have you ever created a file and saved it, only to find you cannot locate it later? We will look at several strategies for organizing your files to make them easier to find. We will also learn techniques for moving files and folders on your computer and external storage devices.

#### Using Apple iCloud for your iPhone and iPad Workshop

*Instructor: Joe Dietz*

*Date & Time: Wednesday, July 9, 2025*

*1 – 4 p.m.*

*Course Location: Central Kentucky Computer Society*

**Maximum Enrollment: 5 | Course Fee: \$34**

In this session students will learn how to take advantage of the iCloud account. When you purchase an iPhone or iPad you have an account set up in the cloud. Here, you can store copies of your photos, contact, messages, email and more. Students will learn how to set up this account to their best benefit. We will talk about downloading and uploading your files and photos (to and from your iPhone or iPad). We will also discuss how to share documents and photos from the iCloud. Acquiring more storage space will also be discussed.



## Using Your iPhone Camera to the MAX Workshop

*Instructor: Joe Dietz*

*Date & Time: Wednesday, July 2, 2025*

*1 – 4 p.m.*

*Course Location: Central Kentucky Computer Society*

**Maximum Enrollment: 10 | Course Fee: \$34**

Using apps already on the iPhone students will learn techniques to take better pictures, fix them up by cropping, lightening or darkening, or adding filters. They will learn how to take videos, time lapse and panoramas. They will also learn how to create albums and several ways to share their photos with others.

## CULTURE



### Caravaggio: Baroque's Bad Boy and Greatest Innovator

*Instructor: Michael Worley*

*Dates & Times: Tuesdays, June 3 – July 1*

*1 – 3 p.m.*

*Course Location: Hunter Presbyterian Church, Fellowship Hall*

**Maximum Enrollment: 20 | Course Fee: \$30**

Students will learn about the most innovative and influential painter of his time, Michelangelo Merisi da Caravaggio (1573-1610), including his tempestuous life and his best-known works. The Baroque movement in art actually started with this astonishing artist. His paintings will be considered within the context of his Mannerist predecessors and like-minded progressive artists in Italy. The authenticated canvases and mural decoration will be presented with PowerPoint slide lectures.



**60th Anniversary Gala  
Fall 2024**



**Muhammad Ali Center  
Fall 2024**

### Cleveland Museum of Art - 3 Summer Courses

*Dates and Times: Fridays, June 6 - 20*

*10 – 11 a.m.*

*Location: Online Zoom Course*

**Maximum Enrollment: 200 | Course Fee: \$20**

This summer, register to take a series of 3 Cleveland Art Museum online courses! The 3 courses will include “The Art of Adornment” (June 6), “Impressionism” (June 13) and “Relief Printmaking: A Japanese/German Comparison” (June 20). When you register for this series, you are registering to attend all 3 sessions in the series. See descriptions below:

#### ● The Art of Adornment

**Friday, June 6, 2025, 10 - 11 a.m.**

Students will explore ways in which various cultures throughout history have used adornment to establish personal and social identity. Body shaping, tattooing, piercing, scarification, cosmetic use and decorative arrangements of hair reflect diverse cultural values and also relate to issues of self-definition facing students today.

#### ● Impressionism

**Friday, June 13, 2025, 10 - 11 a.m.**

Learn about the works of Impressionist and Post-Impressionist painters such as Monet, Degas, van Gogh and Cézanne whose experiments with the effects of different conditions of light and paint application created a new way of seeing the world. The world these artists shared had much in common with our own era of rapid technological change and rise in standard of living. Students will consider how such factors influenced Impressionism.

#### ● Relief Printmaking: A Japanese/German Comparison

**Friday, June 20, 2025, 10 - 11 a.m.**

In this presentation on the history of relief printmaking participants examine the varied techniques and tools used by Western and Asian artists to create their works. Additional topics include the change in function of prints, from religious aids during the Middle Ages in Germany and elsewhere to the use of Japanese prints as part of popular tourist culture in the 19th century. We will compare origins of both printmaking traditions and learn about the sequence of Japanese woodblock printmaking.

## The "Back to the Future" Movie Trilogy (Hybrid)

*Instructor: Ed Reeves*

*Dates & Times: Mondays & Fridays, July 14, 18, 21 & 25  
1 – 4 p.m.*

*Course Location: Lexington Theological Seminary, 3rd Floor  
& Zoom*

**Maximum Enrollment: 25 Each | Course Fee: \$30**

We will watch the "Back to the Future" trilogy (1985 – 1990). We will discuss how time travel reveals the humorous vulnerabilities of teenagers in the 1950s. Another major theme we will explore is the ability of time travel to alter the future, albeit with tricky repercussions. The development and production history of each movie in the trilogy will be discussed. Key cinematic features like character development, narrative structure, music, production design, and special effects will be analyzed. Additionally, we will discuss the cultural significance of these films, including "fan theories" and commercial tie-ins. This course will provide a deeper understanding of why these films are timeless comedy classics.

## What It Was: Growing Up When the Music Mattered (Zoom)

*Instructor: James Pagliasotti*

*Date & Time: Monday, June 16, 2025  
2 – 4 p.m.*

*Course Location: Online Zoom Course*

**Maximum Enrollment: 100 | Course Fee: \$20**

What It Was: Growing Up When the Music Mattered is a memoir of coming of age in the tumultuous years of post-War America, when the counterculture was in full flower and the Classic Era of Rock Music was being created. Not coincidentally, it coincided with a brief period of artistic freedom in commercial radio as well, which connected the artists with the audience and unleashed an era of astonishing innovation. This is one person's look at What It Was and Why It Mattered. The course is a two-hour lecture with a five-minute intermission that looks at the social forces roiling America as a generation came of age, the music that was its voice, the dramatic changes that were brought about in the music business and the media, and the role creative freedom played in the evolution. It posits memoir as perhaps the truest history of our time.



## HEALTH & WELLNESS



### Line Dancing - OLLI Cats!

*Instructor: Shirley Bryan*

*Dates & Times: Tuesdays, June 3 – July 29  
10 – 12 Noon*

*Course Location: Liberty Road Faith Fellowship, Event Room*

**Maximum Enrollment: 50 | Course Fee: \$30**

Join us for a fun-filled two-hour line dance class that's perfect for all levels! We'll start with beginner-friendly dances to get everyone warmed up and feeling confident, then gradually step it up with some improver routines before diving into exciting intermediate-level moves. Whether you're brand new or looking to sharpen your skills, you'll get plenty of chances to practice, have fun, and dance to great music. Come ready to move, laugh, meet new friends, and maybe even learn a new favorite dance!

### OLLI Fitness (Hybrid)

*Instructors: Josette Garstka & Karie Boneau*

*Dates & Times: Mondays, Wednesdays & Fridays, June 2 – July 30  
(no class July 4)*

*11:30 – 12:30 p.m.*

*Course Location: Crestwood Christian Church, Gymnasium  
& Zoom*

**Maximum Enrollment: 75 Each | Course Fee: \$40**

This course features aerobic and strength training to improve physical fitness, strength, flexibility and cardiovascular endurance. A typical class begins with easy-to-follow cardio for 25 to 30 minutes. Cardio is followed by weight training exercises with dumbbells. Class will always incorporate exercises for abdominals and core strength, ending with flexibility training and cool down.

**REQUIRED MATERIALS:** Water bottle, weights and yoga mat.

### Slow Flow Yoga (Hybrid)

*Instructor: Josette Garstka*

*Dates & Times: Tuesdays & Thursdays, June 3 – July 31  
(no class June 19)*

*11:30 – 12:30 p.m.*

*Course Location: Crestwood Christian Church, Gymnasium  
& Zoom*

**Maximum Enrollment: 75 Each | Course Fee: \$30**

This class will be a Vinyasa style yoga class connecting breath to movement. Each class will begin with short breathing and meditation exercises, moving into Sun Salutations. Each class will include a practice of basic yoga postures and how to link these with our breath to create a balance between the mind and body. Many options will be offered for the postures so all levels can participate. Each class will incorporate core exercises for strength, stretching to increase flexibility, balance work and relaxation postures for stress release. Students should be able to get up and down from the floor.

**REQUIRED MATERIALS:** Yoga mat, strap, yoga block and water bottle.



## HISTORY & GOVERNMENT



### How the Bible Came to Be a Book

*Instructor: Penny Lamb*

*Dates and Times: Wednesdays, June 11 – July 23 (no class July 2)*

*1:30 – 3:30 p.m.*

*Course Location: Crestwood Christian Church, Chalice Hall*

**Maximum Enrollment: 30 | Course Fee: \$30**

The product of many voices and many centuries, the Bible offers us historic snapshots of the ideas and values of the Ancient Near East. It also presents intriguing puzzles: when and where were the books of the Bible written, and how did they come to be included in a single book. In this course we will also look at the manuscript trail that transmitted the parts of the Bible across the centuries and trace the Bible's history from the original languages into twenty-first century English.

### Lessons from the Great Depression (Zoom)

*Instructor: Ed Linz*

*Date & Time: Thursday, June 12, 2025*

*1 – 3 p.m.*

*Course Location: Online Zoom Course*

**Maximum Enrollment: 100 | Course Fee: \$20**

The course will cover events in the 1920's leading up to the start of The Great Depression, including ominous parallels between the 1920's and the 2020's. We will discuss political and economic conditions during the 1930's and the early years of WW II with detailed examination of the lives of a diverse group of Americans who provided first-hand accounts of their lives during this tumultuous period of American life. There will be a discussion of lessons learned with questions and comments solicited.

### U.S. Army - History, Tactics and Doctrine Part 2

*Instructor: Trey Adkins*

*Dates & Times: Tuesdays, July 8 – 29*

*1 – 3 p.m.*

*Course Location: Liberty Road Faith Fellowship, Event Room*

**Maximum Enrollment: 30 | Course Fee: \$30**

This course provides a comprehensive survey of U.S. military history from the colonial period to the present day, emphasizing the strategic, operational, and tactical developments that have shaped the nation's armed forces. Students will explore the principles of war, analyze pivotal conflicts and key military events, and examine the evolution of military doctrine and warfare tactics. By studying the structure and functioning of military organizations, rank systems, and logistical operations, students will gain foundational knowledge critical to understanding military history and strategy. This course will also investigate the differing styles of warfare and the continuous adaptation of military practices in response to technological, political, and societal changes.

## LITERATURE



### So You Want to be a Writer? (Zoom)

*Instructor: Ed Linz*

*Date & Time: Thursday, July 10, 2025*

*1 – 2:30 p.m.*

*Course Location: Online Zoom Course*

**Maximum Enrollment: 100 | Course Fee: \$20**

Many say that they want to be a writer, but few actually start the process. In this interactive course, we will provide a blueprint for potential writers to begin and progress from an initial idea for a book to a published product. This will not be a pitch for a "Vanity Press" operation, but a step-by-step process to lead you through the writing process, whether it be fiction, non-fiction, poetry, textbook, poetry...whatever. Let's start writing!!!

### The Tragedy of Macbeth: Who Really Wears the Codpiece?

*Instructor: Stacy Schultz*

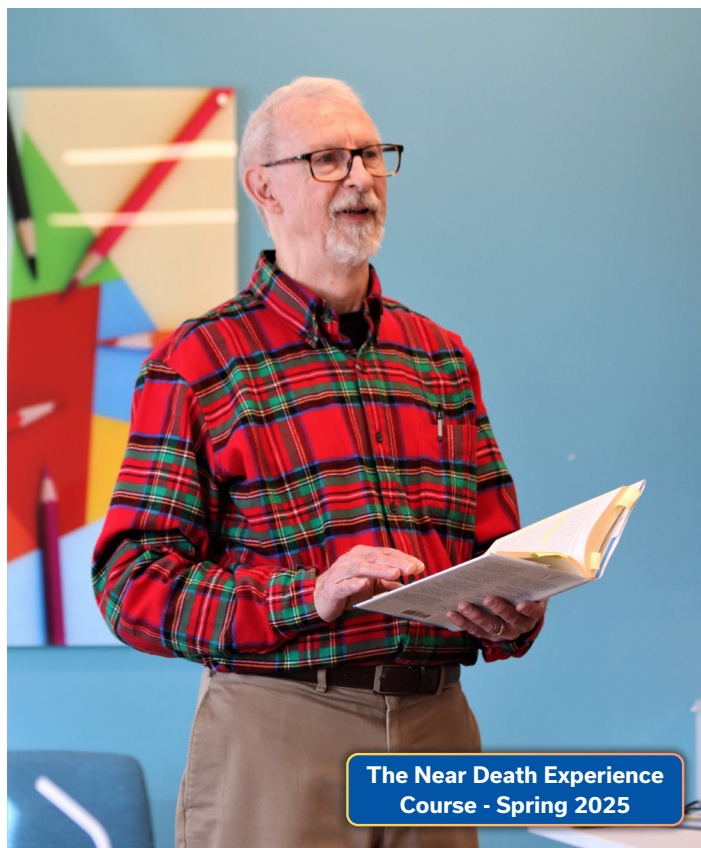
*Dates & Times: Thursdays, July 3 – 31*

*1 – 3 p.m.*

*Course Location: Liberty Road Faith Fellowship, Event Room*

**Maximum Enrollment: 12 | Course Fee: \$30**

Equivocal spirits, perplexing prophecies, wyrd witches, inhospitable hosts, bloody murders, stubborn stains, marching forests, babes not born of women, endless paradoxes, somnambulism, and so much more to consider in this comparatively simple but intriguingly complex tragedy. Please join me to explore and enjoy this stunning, stimulating play. Close-reading and class engagement required!  
*Preferred text: "The Oxford Shakespeare: Macbeth"*



**The Near Death Experience  
Course - Spring 2025**

## OUT OF THE BOX



### Out To Lunch SIG

Facilitators: OLLI at UK Social Committee

Dates & Times: Tuesdays, June 17 & July 15

11:30 – 1:30 p.m.

Course Location: Various Locations

Maximum Enrollment: 10 (each restaurant)

No Course Fee

OUT TO LUNCH invites all interested members, singles or couples, to join together over lunch to renew acquaintances and meet new friends. Lunch tables for 10 people will be reserved in 4 different locations: Hamburg, Lansdowne, Beaumont, and North Side. All you have to do is register, show up, and pay for your lunch. OLLI will do the rest. No more summer doldrums and a day off from what to fix for lunch.

The list of restaurants are available below. If registering by mail, choose the restaurant you would like to attend from the list below, and **on page 21**, write "Out to Lunch", then specify 1) Your chosen date (June 17 or July 15) and 2) The restaurant of your choice for that day. If you want to attend both dates, specify both June 17 and July 15, and the restaurant of your choice for each of those dates.

#### JUNE 17 RESTAURANTS

##### Crust

3195 Beaumont Centre Cir  
Suite #100,  
Lexington, KY 40513

##### Rafferty's Restaurant & Bar

1865 Alysheba Way,  
Lexington, KY 40509

##### BJ's Restaurant & Brewhouse

3297 Nicholasville Rd,  
Lexington, KY 40503

##### Columbia Steak House

2750 Richmond Rd,  
Lexington, KY 40509

#### JULY 15 RESTAURANTS

##### J. Render's

##### Southern Table & Bar

3191 Beaumont Centre Cir,  
Lexington, KY 40513

##### Carrabba's Italian Grill

1881 Plaudit Pl,  
Lexington, KY 40509

##### Ramsey's Diner - Harrodsburg Rd

4391 Old Harrodsburg Rd,  
Lexington, KY 40513

##### Liberty Road Cafe

720 Henry Clay Blvd,  
Lexington, KY 40505



Mountain Dulcimer Course  
Spring 2025

## PERFORMING ARTS



### Mountain Dulcimer 101

Instructor: Mary Elizabeth Henton

Dates & Times: Mondays, June 2 – July 28

9:30 – 11 a.m.

Course Location: Central Baptist Church, Choir Room

Maximum Enrollment: 15 | Course Fee: \$30

Even for those new to the dulcimer, playing a tune within the first five minutes is achievable. The session covers essential basics, including establishing a comfortable playing position, tuning the instrument, playing fundamental chords, reading dulcimer tablature, and employing simple strumming techniques. The process is designed to be straightforward, ensuring a smooth start and facilitating quick progress. With DAA tuning, beginners can expect to produce beautiful music efficiently.

**PLEASE NOTE:** Must have your own dulcimer. The OLLI Office has 4 dulcimers to loan out if needed on a first come, first serve basis. Optional book: "Method for Beginning Mountain Dulcimer".

## VISUAL ARTS



### Barn Quilt Intro

Instructor: Cathy Sparks

Dates & Times: Wednesdays, June 11 – July 2

10 – 12 Noon

Course Location: Crestwood Christian Church, Art Room

Maximum Enrollment: 15 | Course Fee: \$65

Participants for this class will paint a 20" x 20" barn quilt. Large barn quilts are wooden creations of a painted quilt square and are placed on the sides of barns. A small barn quilt can be a nice addition when hung in front of a house, addition to a garden or on an interior wall in the house. There will be quilt patterns to choose from. *Materials included in course fee.*



OLLI Chorus Course  
Spring 2025





# SUMMER 2025

## UK WELLNESS OPPORTUNITIES

### **Johnson Recreational Center** *(additional fee required)*

430 Complex Dr, Lexington, KY 40506

<https://studentsuccess.uky.edu/campus-recreation/johnson-center>

*Hours of Operation (subject to change):*

*Monday - Friday: 6 a.m. - 8 p.m.*

*Saturday & Sunday: 12 p.m. - 4 p.m.*

### **Alumni Gym** *(additional fee required)*

Gatton Student Center, 160 Avenue of Champions,  
Lexington KY 40508

<https://studentsuccess.uky.edu/campus-recreation/alumni-gym>

*\*\* (students can check dates and times by using the link above) \*\**

Additional fee payable to JC/Alumni Gym; this fee allows members access to both facilities. Please visit JC/Alumni Gym website for current membership rates.

*Hours of Operation (subject to change):*

*Monday - Friday: 6 a.m. - 8 p.m.*

*Saturday & Sunday: 12 p.m. - 4 p.m.*

### **HOW TO PARTICIPATE**

OLLI members are welcome to take advantage of the wellness opportunities on UK's campus. Members are subject to all facility rules and regulations. An additional fee is required and can be paid directly to the Johnson Center/Alumni Gym.

### **HOW TO REGISTER:**

Register by listing as a course on your registration form. A list of OLLI members registering for the following will be sent to the facilities.

Complete the **2024 - 2025 OLLI Risk Release** on the back of the registration form (pg 21 & 22) and return it to OLLI at UK prior to participation. Contact UK Transportation at 859-257-5757 for information on parking locations and fees.

**Pay additional fee directly to Johnson Center/Alumni Gym.**

### **Lancaster Aquatic Center**

*(no additional fee required)*

Corner of Complex Drive and University Drive

<https://studentsuccess.uky.edu/campus-recreation/lancaster-aquatic-center>

*\*(students can check dates and times by using the link above)\**

*Lap swim hours (hours vary due to campus events; check the website before visiting):*

*Monday - Friday: 11 a.m. - 1 p.m.*

*Monday - Thursday: 5:30 - 8 p.m.*

*Friday: 5:30 - 7 p.m.*

*(There will not be any weekend hours during the Summer)*

### **HOW TO PARTICIPATE**

1. Register with OLLI
2. Upon arrival, request a swipe card in the pool lobby.

## **CONTACT THE FACILITIES**

### **Johnson Recreational Center**

**Johnson Center Control Desk:**

859 257-9383

### **Alumni Gym**

**Alumni Gym Control Desk:**

859 257-6680

### **Lancaster Aquatic Center**

**Lancaster Aquatic Center Control Desk:**

859 257-7940



## CULTURE

### Cleveland Museum of Art - 3 Summer Courses

*Dates and Times: Fridays, June 6 - 20*

*10 - 11 a.m.*

*Location: Online Zoom Course*

**Maximum Enrollment: 200 | Course Fee: \$20**

This summer, register to take a series of 3 Cleveland Art Museum online courses! The 3 courses will include “The Art of Adornment” (June 6), “Impressionism” (June 13) and “Relief Printmaking: A Japanese/German Comparison” (June 20). When you register for this series, you are registering to attend all 3 sessions in the series. See descriptions below:

#### ● The Art of Adornment

**Friday, June 6, 2025, 10 - 11 a.m.**

Students will explore ways in which various cultures throughout history have used adornment to establish personal and social identity. Body shaping, tattooing, piercing, scarification, cosmetic use and decorative arrangements of hair reflect diverse cultural values and also relate to issues of self-definition facing students today.

#### ● Impressionism

**Friday, June 13, 2025, 10 - 11 a.m.**

Learn about the works of Impressionist and Post-Impressionist painters such as Monet, Degas, van Gogh and Cézanne whose experiments with the effects of different conditions of light and paint application created a new way of seeing the world. The world these artists shared had much in common with our own era of rapid technological change and rise in standard of living. Students will consider how such factors influenced Impressionism.

#### ● Relief Printmaking: A Japanese/German Comparison

**Friday, June 20, 2025, 10 - 11 a.m.**

In this presentation on the history of relief printmaking participants examine the varied techniques and tools used by Western and Asian artists to create their works. Additional topics include the change in function of prints, from religious aids during the Middle Ages in Germany and elsewhere to the use of Japanese prints as part of popular tourist culture in the 19th century. We will compare origins of both printmaking traditions and learn about the sequence of Japanese woodblock printmaking.

### The “Back to the Future” Movie Trilogy (Hybrid)

*Instructor: Ed Reeves*

*Dates & Times: Mondays & Fridays, July 14, 18, 21 & 25*

*1 - 4 p.m.*

*Course Location: Lexington Theological Seminary, 3rd Floor & Zoom*

**Maximum Enrollment: 25 Each | Course Fee: \$30**

We will watch the “Back to the Future” trilogy (1985 – 1990). We will discuss how time travel reveals the humorous vulnerabilities of teenagers in the 1950s. Another major theme we will explore is the ability of time travel to alter the future, albeit with tricky repercussions. The development and production history of each movie in the trilogy will be discussed. Key cinematic features like character development, narrative structure, music, production design, and special effects will be analyzed. Additionally, we will discuss the cultural significance of these films, including “fan theories” and commercial tie-ins. This course will provide a deeper understanding of why these films are timeless comedy classics.

### What It Was: Growing Up When the Music Mattered (Zoom)

*Instructor: James Pagliasotti*

*Date & Time: Monday, June 16, 2025*

*2 - 4 p.m.*

*Course Location: Online Zoom Course*

**Maximum Enrollment: 100 | Course Fee: \$20**

What It Was: Growing Up When the Music Mattered is a memoir of coming of age in the tumultuous years of post-War America, when the counterculture was in full flower and the Classic Era of Rock Music was being created. Not coincidentally, it coincided with a brief period of artistic freedom in commercial radio as well, which connected the artists with the audience and unleashed an era of astonishing innovation. This is one person’s look at What It Was and Why It Mattered. The course is a two-hour lecture with a five-minute intermission that looks at the social forces roiling America as a generation came of age, the music that was its voice, the dramatic changes that were brought about in the music business and the media, and the role creative freedom played in the evolution. It posits memoir as perhaps the truest history of our time.



## HEALTH & WELLNESS



### OLLI Fitness (Hybrid)

Instructors: Josette Garstka & Karie Boneau

Dates & Times: Mondays, Wednesdays & Fridays, June 2 – July 30  
(no class July 4)

11:30 – 12:30 p.m.

Course Location: Crestwood Christian Church, Gymnasium & Zoom

**Maximum Enrollment: 75 Each | Course Fee: \$40**

This course features aerobic and strength training to improve physical fitness, strength, flexibility and cardiovascular endurance. A typical class begins with easy-to-follow cardio for 25 to 30 minutes. Cardio is followed by weight training exercises with dumbbells. Class will always incorporate exercises for abdominals and core strength, ending with flexibility training and cool down.

**REQUIRED MATERIALS:** Water bottle, weights and yoga mat.

### Slow Flow Yoga (Hybrid)

Instructor: Josette Garstka

Dates & Times: Tuesdays & Thursdays, June 3 – July 31  
(no class June 19)

11:30 – 12:30 p.m.

Course Location: Crestwood Christian Church, Gymnasium & Zoom

**Maximum Enrollment: 75 Each | Course Fee: \$30**

This class will be a Vinyasa style yoga class connecting breath to movement. Each class will begin with short breathing and meditation exercises, moving into Sun Salutations. Each class will include a practice of basic yoga postures and how to link these with our breath to create a balance between the mind and body. Many options will be offered for the postures so all levels can participate. Each class will incorporate core exercises for strength, stretching to increase flexibility, balance work and relaxation postures for stress release. Students should be able to get up and down from the floor.

**REQUIRED MATERIALS:** Yoga mat, strap, yoga block and water bottle.

## HISTORY & GOVERNMENT



### Lessons from the Great Depression (Zoom)

Instructor: Ed Linz

Date & Time: Thursday, June 12, 2025

1 – 3 p.m.

Course Location: Online Zoom Course

**Maximum Enrollment: 100 | Course Fee: \$20**

The course will cover events in the 1920's leading up to the start of The Great Depression, including ominous parallels between the 1920's and the 2020's. We will discuss political and economic conditions during the 1930's and the early years of WW II with detailed examination of the lives of a diverse group of Americans who provided first-hand accounts of their lives during this tumultuous period of American life. There will be a discussion of lessons learned with questions and comments solicited.

## LITERATURE



### So You Want to be a Writer? (Zoom)

Instructor: Ed Linz

Date & Time: Thursday, July 10, 2025

1 – 2:30 p.m.

Course Location: Online Zoom Course

**Maximum Enrollment: 100 | Course Fee: \$20**

Many say that they want to be a writer, but few actually start the process. In this interactive course, we will provide a blueprint for potential writers to begin and progress from an initial idea for a book to a published product. This will not be a pitch for a "Vanity Press" operation, but a step-by-step process to lead you through the writing process, whether it be fiction, non-fiction, poetry, textbook, poetry...whatever. Let's start writing!!!



**2024 Writing & Art Awards  
Fall 2024 (top & bottom photos)**



# SUMMER 2025

## COURSE LOCATIONS

### LEXINGTON

#### **Alumni Gym**

Gatton Student Center, 160 Avenue of Champions,  
Lexington KY 40508

#### **Central Baptist Church**

110 Wilson Downing Road,  
Lexington, KY 40517

#### **Central Kentucky Computer Society**

160 Moore Drive, #107,  
Lexington, KY, 40503

#### **Crestwood Christian Church**

1882 Bellefonte Drive,  
Lexington, KY, 40503

#### **Hunter Presbyterian Church**

109 Rosemont Garden,  
Lexington, KY 40503

#### **Johnson Recreational Center**

430 Complex Dr,  
Lexington, KY 40506

#### **Lancaster Aquatic Center**

416 Complex Drive,  
Lexington, KY 40502

#### **Lexington Theological Seminary**

230 Lexington Green Circle, #300 and #510  
Lexington, KY, 40503

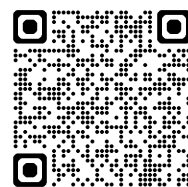
#### **Liberty Road Faith Fellowship**

2734 Liberty Road,  
Lexington, KY 40509

### **Course Location Maps & Directions**

For helpful, visual maps and directions to OLLI Course Locations,  
please scan the QR code to the right, or visit the following link below:

<https://olliatuk.uky.edu/2024-course-locations>



# SUPPORT OLLI AT UK



## Support OLLI at UK

Your donation will provide immediate and long-term support for the Osher Lifelong Learning Institute at the University of Kentucky, including the creation of new, innovative programming and dedicated classroom space. Together we will ensure the rich tradition of lifelong learning as UK continues to grow and thrive. All gifts will be used to support OLLI's mission.

There are several creative ways to give to the OLLI at UK. Opportunities range from cash gifts which cover yearly operating expenses to endowments.

### Donate Online

Use the following link to donate:

<https://give.uky.edu/campaigns/47193/donations/new>



← Or use the following QR code.

### Donate By Mail

#### Mail check to:

OLLI at UK c/o  
University of Kentucky Philanthropy  
210 Malabu Drive Suite 200  
Lexington, KY 40502  
(Or include with Summer registration)

## Make a Gift Tax-Free with an Individual Retirement Account (IRA)

You can give any amount (up to a maximum of \$100,000) per year from your IRA directly to a qualified charity such as the OLLI at UK without having to pay income taxes on the money. Gifts of any value \$100,000 or less are eligible for this benefit. This gift option is commonly called the IRA charitable rollover, but you may also see it referred to as a qualified charitable distribution, or QCD for short.

## Leave a Legacy Through Planned Giving

Planned Gifts can be made through many vehicles, including your will, revocable or irrevocable trusts, charitable gift annuities, donor advised funds and other arrangements that offer benefits for both you and lifelong learning. Many Planned Gifts offer tax advantages for you and/or your heirs.

To setup planned giving, contact UK Gift and Estate Planning:

- **EMAIL:** [giftandestate@uky.edu](mailto:giftandestate@uky.edu)
- **PHONE NUMBER:** 859-257-7886
- **WEBSITE:** [plannedgiving.uky.edu](http://plannedgiving.uky.edu)

# SUMMER 2025 OLLI INSTRUCTORS

## Trey Adkins

Trey Adkins is a resident of Lexington, KY. He graduated from Eastern Kentucky University in Richmond, KY with B.S. (2018) in Homeland Security / Disaster Management and Intelligence Studies. He commissioned from Officer Candidate School in Fort Moore, GA, into the KY Army National as a Finance Comptroller Officer in 2021. Trey has completed his professional military education at the Soldier Support Institute's Finance Comptroller School in Fort Jackson, SC. Trey also serves as a Student Affairs Officer for the UK Office of Lifelong Learning.

## Karie Boneau

Karie Boneau is a retired educator, lifelong exerciser, and Olli enthusiast. Upon retiring from teaching English to 7th and 8th graders for over 25 years, she pivoted and gained her Silver Sneakers certification. She is now in her third year as an instructor for the YMCA, primarily at High Street. As both an Olli fitness and yoga class member since 2019, she is thrilled about "going to the head of the class" for the 2025 winter session.

## Shirley Bryan

Shirley is excited to celebrate with you her 10th year of teaching through OLLI at UK! She enjoys sharing her love of contemporary/country line dance with all of her students. While enjoying the spirit of dance each student brings to class, she watches her students grow and improve by coaching proper step technique, instilling step vocabulary and encouraging style. She participates in National & International Dance workshops. She holds a Level 5 National Teachers Association Instructor Certification.

## Joe Dietz

Joe has been a member/instructor at Central Kentucky Computer Society since 1996. He serves as vice-president on the board of directors and is an instructor for the Beginning and Advanced/Independent Digital Imaging classes using Corel's PaintShop Pro. He also teaches FastStone digital imaging. His other classes and workshops include iPhone and Internet Tips. He also assists in other classes such as Windows 11 and the iPad as needed. He also heads up the CKCS Digital Photography Special Interest Group and orchestrates the monthly and annual photo contest. Joe's classes are usually very active and entertaining with lots of interaction with the students.

## Rita Egan

After retiring as a Rheumatologist in 2019, Rita Egan was able to pursue a long interest in Photography. She feels lucky to have found the Central Kentucky Computer Society through the OLLI Program. She has taken many of their photography classes and participates in the weekly Amateur Photography Club. After being asked to help with an upcoming Fall course, she finds it a privilege to participate.

## Josette Garstka

Josette has worked in the fitness industry for more than 40 years. She is certified through the American Fitness Association of America and holds certifications to teach Silver Sneaker Aerobics, Circuits, Water Fitness and Yoga. She is trained and certified to teach mat Pilates and Pilates Reformer and is a member of Yoga International and Yoga Alliance.

## Mary Elizabeth Henton

Mary Elizabeth Henton (maryelizabeth@lexphil.org) is the Learning & Partnership Program Manager with The Lexington Philharmonic. Mary Elizabeth previously was an orchestra director for grades four through twelve for twelve years in both the public and private schools. She is a PhD candidate in music education at the University of Kentucky and is the assistant conductor of the Bravo Orchestra for the Central Kentucky Youth Orchestras (Kentucky). Her research topics include the perceived benefits and challenges in peer mentoring in string education and students' awareness with musical performance anxiety and self-efficacy.

## Karen Higdon

Karen Higdon is a native Lexingtonian and a retired Math teacher and Librarian from Fayette County Public Schools. She's been interested in photography for over 40 years, and bird photography for at least the last 10 years. She enjoys spending time outdoors and taking photographs of nature and wildlife to share with others.

## Arleigh Kerr

Want to learn the basics of Adobe Photoshop to make your photographs look better and sharper? This class will cover how to use Adobe Photoshop to post-process your photographs. Learn the basics of using Adjustment Layers, how to remove unwanted elements from your photos and how to make your photos look better. Also, you will learn a bit about using Adobe Photoshop's AI tools. Students should bring a fully charged laptop with a recent version of Adobe Photoshop (not Photoshop Elements) installed and ready to use.

## Penny Lamb

Penny is a retired Asbury University faculty member where, among other responsibilities, she taught German for 33 years. She has graduate degrees in German and Comparative Literature from Indiana University - Bloomington. She began taking OLLI courses as soon as she retired, and in 2015, realizing how much she would enjoy it, Penny began teaching OLLI courses. Penny relishes the challenge of preparing a new course, but the greatest pleasure comes from helping OLLI scholars increase their understanding of the world.

## Ed Linz

Ed Linz, a native of Northern Kentucky, is a 1965 graduate of the U.S. Naval Academy. He holds Masters Degrees from Oxford University and George Mason University. He is the author of 5 books and over 950 weekly columns. After 20 years in submarines, he taught high school Physics for 25 years, and had a heart transplant in 1994. He currently lives in Maine and Virginia.







### Larry Neuzel

Larry Neuzel has been a member of CKCS for many years and has assisted in teaching photography classes at CKCS since 2011. His interest in photography started in the early 1970's, having his own black and white darkroom and photographing many arts organizations. Larry is a volunteer for Military Missions, a non-profit organization that sends care packages to the deployed troops year-round. He enjoys photographing people, theatre, dance, auto racing and grandchildren.

### James Pagliasotti

James Pagliasotti at age 23 became the first rock music critic and columnist for The Denver Post, where he produced a twice-weekly column and regular articles about music and the counterculture from 1968-74. His work appeared in Rolling Stone magazine and various other publications. He also did shows as a deejay at KRNW-FM radio in Boulder, which he co-founded as a freeform station, and later at KFML AM&FM in Denver. He is the author of three books, a bi-monthly newsletter and blog jumpags.com, and is the creator of Radical Radio: FREEFORM Radio Archive ([www.radicalradio.media](http://www.radicalradio.media)). His expertise is experiential rather than academic and is offered as first-hand observations in the form of a memoir from a time when he had press credentials, a back stage pass, and a front row seat at a fascinating time in history. He has taught this and several other courses at OLLI chapters across the country.

### Ed Reeves

Ed has loved movies since attending Saturday matinees as a kid. With 14 years of teaching movie classes for OLLI at UK and a career in university teaching and research, he uses an "ethnography at a distance" approach to understand filmmaking. This method, first developed by cultural anthropologists like Ruth Benedict and Margaret Mead, is enhanced by Ed's extensive background in the social sciences and humanities.

### Stacy Schultz

Stacy Schultz holds a B.A. and M.A. in English and has taught British and American literature at both the high school and college levels. She has taught OLLI and JILL courses in MD, VA, and KY. Her non-fiction essays have appeared in the Downside Review and Crisis Magazine.

### Mike Seiler

This workshop will look at what is new in Windows 11, what has changed, and how to set it up to make it more user-friendly. If you are considering installing it on your computer, this workshop might help you decide whether to install it. On the other hand, if you have already installed it, this workshop might help you set up Windows 11. Students are encouraged to bring their laptop computers if they have Windows 11 already installed. However, ensure your laptop is fully charged before you bring it to class.

### Cathy Sparks

Cathy Sparks is a retired FCPS middle school math teacher. She is also a quilter and belongs to several quilt guilds. She has taken several Barn quilt classes that brought her to classes from barn quilt artists in the Highland area of Western North Carolina.

### Brooke Thomas

Brooke Thomas is the president of the Central Kentucky Computer Society and teaches the iPad, Apple Watch, iPhone Apps and PowerPoint classes. She assists with the iPhone Classes. In addition to volunteering at CKCS, she is a volunteer ESL teacher of adults for Operation Read and is a volunteer with Altrusa International of Lexington. She enjoys helping people understand technology and encouraging students to have fun while learning. She is an active member of the YMCA and the Evening Edition Book Club.

### Michael Worley

Michael Worley, recent OLLI Instructor of the Year, began teaching with UK/OLLI in the summer of 2017, following adjunct positions in the Univ. of Maryland's European Division and in Chicago-area institutions. He has published in scholarly journals such as the Gazette des Beaux-Arts, contributed to the 34-vol. Dictionary of Art, and he describes the experience at OLLI as his most enjoyable and rewarding.





# VOLUNTEER FOR OLLI AT UK!

## Volunteers are the Heart of OLLI: Get Involved & Volunteer!

Here are some of the roles and services an OLLI at UK volunteer can provide:

- Greet and answer questions for members
- Teach a course
- Lead a Shared Interest Group (SIG)
- Serve as a technical assistant for audio/visual technology, Zoom, and more.
- Serve on committees and task forces.

**WE NEED YOU! CALL [859-257-2656](tel:859-257-2656) TO GET STARTED!**



**NEED HELP  
WITH ZOOM?**  
**ZOOM RESOURCES  
& TRAINING**

### Book a Zoom Training Session

OLLI members can request training sessions or troubleshooting assistance by contacting Nick Farr, Technical Support Specialist. Learn the basics of using Zoom, such as how to mute/unmute your microphone, how to enable/disable your camera, adjust settings/audio, how to change your name on Zoom, how to use the Chat panel, and more. You can also receive assistance on any technical difficulties or questions you have regarding Zoom software. To request an appointment, email [nick.farr@uky.edu](mailto:nick.farr@uky.edu)

### Zoom Resources

You can also visit <https://olliatuk.uky.edu/using-zoom-students> for helpful documents and videos on how to use Zoom.



# 2025 SUMMER REGISTRATION FORM

\* Return this entire page (front and back completed) with payment \*  
\*\* **ALL Members** are Required to Complete the Risk Release on Back of this Form

## STEP 1: Member Contact Info (please print)

Name \_\_\_\_\_ Birth date \_\_\_\_\_  
Address \_\_\_\_\_ City \_\_\_\_\_ ZIP \_\_\_\_\_  
Phone \_\_\_\_\_ Email \_\_\_\_\_  
Emergency contact \_\_\_\_\_ Relationship \_\_\_\_\_ Phone \_\_\_\_\_

**VOLUNTEER OPPORTUNITIES:** Would you like to serve as a volunteer for OLLI at UK? There are lots of ways to get involved! Please mark your preferences below and our Volunteer Chair will be in touch.

\_\_\_\_ Committee      \_\_\_\_ Short Term      \_\_\_\_ As Needed  
\_\_\_\_ Specific Event      \_\_\_\_ Long Term

## \*REQUIRED INFORMATION:

How long have you been a part of OLLI? \_\_\_\_\_

Are you UK Alumni? \_\_\_\_\_ Are you a member of the UK Alumni Association? \_\_\_\_\_

**STEP 2:** Complete the Annual Risk Release on the back of this form.

**STEP 3:** Fill in the course request form below.

Title of Courses, SIGs, Experiential Learning, Travel, etc. (Be sure to specify exact course requesting.)	Fees
<b>New 2025 Summer Membership</b>	\$15
<b>I am a current 2024 - 2025 OLLI Member</b>	\$0
	\$
	\$
	\$
<b>TOTAL</b>	\$
I would like to offer the following donation to support the OLLI at UK. A letter of receipt will be mailed	\$
<b>TOTAL AMOUNT ENCLOSED</b>	\$

**STEP 4:** Please make check payable to OLLI at UK & mail with completed form to:

OLLI at UK, UK Ligon House, 658 S. Limestone, Lexington, KY 40506-0442

## FOR INTERNAL USE ONLY:

Date recv'd \_\_\_\_\_ Fee paid \$ \_\_\_\_\_ of \$ \_\_\_\_\_ Check # \_\_\_\_\_ G/C# \_\_\_\_\_ Cash \$ \_\_\_\_\_ Int 1: \_\_\_\_\_



## OLLI AT UK ASSUMPTION OF RISK, WAIVER AND RELEASE FORM - AUGUST 1, 2024 - JULY 2025

(All Members and Guests are required to sign prior to participation)

**PRIOR TO PARTICIPATION** in any of the OLLI at UK Activities (Courses, Programs, Shared Interest Groups, Experiential Education/ Learning, Travel, Field Trips and Day Trips, Events, Projects, Volunteer and Community Engagement Activities, UK Lancaster Aquatic Center Swim and/or use of UK Johnson Recreation Center). All OLLI at UK Members and Guests are required to complete and sign this risk release form for each OLLI year (August 1 – July 31).

### PHYSICIAN APPROVAL

I hereby understand that I am advised to consult my physician and obtain his/her approval before beginning any OLLI Activities. I have no known physical contraindications that would restrict me from participating in these activities. I acknowledge and agree that I am responsible for my own health and I assume all responsibility for avoiding any activity that I and/or my physician do not feel comfortable I can or should perform.

### ASSUMPTION OF RISK AND GENERAL WAIVER OF ALL CLAIMS

I am aware of the hazards inherent in my involvement in the OLLI activities I have voluntarily selected, and the need for me to ensure my health status and ability to participate in the variety of opportunities made available to OLLI at UK Members and Guests. I acknowledge that OLLI does not own or control many of the facilities where activities occur, and that I am responsible for assuring the activity and the facility is appropriate for me. OLLI staff and instructors are available to discuss and provide additional details on any activity.

In consideration of the opportunity to participate in the OLLI at UK, I, for myself, my heirs, successors or assigns, hereby assume any and all risks and hazards attendant to my involvement in OLLI at UK activities and waive and release any claim of any type or nature in any way relating to or arising from such activities, including but not limited to any claim for personal injury, accidents or illnesses (including death), property loss, in any way arising from my participation in any activity. In further consideration of being afforded the opportunity to participate in the OLLI at UK activities, I for myself, my heirs, successors or assigns agree to hold harmless and indemnify the University of Kentucky and its affiliated entities, its and their Boards of Trustees, agents, servants, and employees, expressly including but not limited to instructors, assistants, facilitators, students, and volunteers, from any and all claims, demands, causes of action or damages which may accrue from the aforesaid activities. If any portion of this release is held invalid, it is agreed that the balance shall remain in full legal force and effect.

### READ CAREFULLY - THIS IS A RELEASE OF ANY AND ALL CLAIMS

Print name, sign, and date:

Name (printed) \_\_\_\_\_

Signature of Participant \_\_\_\_\_ Date \_\_\_\_\_

### OLLI AT UK PHOTO RELEASE FORM (ONE TIME SIGNATURE)

We like to use photos of actual OLLI members to present & promote our program. Please review and complete, or change, the info. below, making any specifications and preferences clear. All selections will be made with a careful and thoughtful eye. If you have any questions, please call the OLLI Office at (859) 257-2656.

Authorization of Use

\_\_\_ General Use X Specific Project: Osher Lifelong Learning Institute (OLLI) at UK

I, (print full name) \_\_\_\_\_ (\*) hereby grant permission to the University of Kentucky and its affiliates and subsidiaries, including but not limited to the UK Alumni Association, UK Athletics Association and UK Research Foundation, to interview, photograph and/or videotape me and/or to supervise any others who may do the interview, photography and/or videotaping and/or to use and/or permit others to use information from the aforementioned interview and/or the aforementioned images in educational and promotional activities for the following without

X\_\_ University Educational Publications/Videos

X\_\_ University Promotion/Advertising

X\_\_ University Electronics Publishing (e.g. World Wide Web)

X\_\_ Local/regional/national news media (w/permission of the University of Kentucky)

Signature: \_\_\_\_\_ Date: \_\_\_\_\_

# FREQUENTLY ASKED QUESTIONS (FAQs)



## Who is eligible to join OLLI at UK?

Any adult 50 years of age and older is eligible to register for OLLI membership, courses, events, SIGs, trips, etc

## How do I become a member?

Membership can be purchased online or mailed-in with your semester registration. When registering online, membership must be completed first before courses can be selected.

## How long does my membership last?

All annual memberships are effective from August 1 - July 31.

## How do I register for a course online?

When a class is open for registration, it will have an "Add to Cart" button at the bottom of the description. Be sure that you are also signed in. If it is already full, it will have "WAIT LIST..." labeled in red. Always add yourself to the wait list. Additional spaces may be added and there is no fee to be on the list.

## How much time do I have to register once I log in?

It is helpful to decide which courses you would like in advance. Class space is not held until the payment process is completed.

## How will I know if I successfully registered?

Email required to register online. Once registered, you will receive a confirmation and transaction receipt via email once your registration payment is confirmed. If you do not have an email, you need to register by mail.

## Can I register for a course at OLLI's other site?

Yes, if you are an annual member in Lexington or Morehead, you are a member of both sites.

## What if I need to drop a course?

Please call or email the OLLI Office as soon as possible. We often have multiple people on the waiting list. (Please note our refund policy.) The online system cannot be used to cancel a class.

## Where do courses meet?

Classes will be in-person at their designated locations, on Zoom, or be a combination of in-person and Zoom (Hybrid).

## Who teaches OLLI courses?

Instructors are qualified members of OLLI, the University, or the community who have a passion for their topic and enjoy sharing their love of learning. All Instructors submit a proposal to teach that is reviewed by the Curriculum Committee.

## What is a Shared Interest Group?

A SIG is a group of current OLLI members who share a specific interest. Members provide all resources needed and cover any costs incurred. SIGs may last one, two or three semesters in any annual year.

## REFUND POLICY

Refunds will be given only if courses are already filled or OLLI at UK cancels the course. If the course you requested is full, you may request another. If you are on the wait list and do not get into your requested course, we will refund your course fee if you paid by check. You are not charged to be added to the wait list if you registered by credit card online. Refunds of course fees are not available for students who have enrolled but were unable to attend. Membership fees are non-refundable.

## RECEIVING ZOOM LINKS FOR ONLINE CLASSES

Once you have registered, you will at a later date receive an e-mail message that gives you the individual Zoom link(s) needed to enter the class or classes you registered for. Messages may also include Meeting IDs, passcodes, and phone numbers for those that need an alternate method to join the meeting. If you have not received a link for class, please be sure to check your spam and/or trash folder. If it is not there, contact the office, and we will send you the link



University of Kentucky  
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# Osher Lifelong Learning Institute

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AT THE UNIVERSITY OF KENTUCKY

OLLI at UK offers educational and enrichment courses, programs and events created for dynamic lifelong learners aged 50+ who are continually searching for exciting topics and exploring new opportunities in learning!

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