

Osher Lifelong Learning Institute at the University of Kentucky



FALL 2026 COURSE CATALOG

Offering Learning Opportunities for Adults 50 and Better!

FOR LEXINGTON & MOREHEAD | Office: olliatuk.uky.edu | Registration: olli.uky.edu



Office of
Lifelong Learning
Osher Lifelong Learning Institute

Fall 2026

COURSE CATALOG

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Fall 2026 Lexington Online Registration Schedule WEDNESDAY & THURSDAY, AUGUST 5 & 6

To distribute registration traffic more evenly, registration will open online in 4 phases for Lexington. Please note the scheduled opening for each category. Once the category is open for registration, courses in that category will remain open until filled.

WEDNESDAY, AUGUST 5

10 a.m. - Phase One

- Computers and Technology
- Donovan Forum Lectures
- Out of the Box
- Visual Arts

1 p.m. - Phase Two

- History and Government
- Languages
- Literature

THURSDAY, AUGUST 6

10 a.m. - Phase Three

- Culture
- Experiential Learning
- Performing Arts

1 p.m. - Phase Four

- Health and Wellness
- Science and Environment
- UK Wellness Opportunities

Fall 2026 Morehead Online Registration Schedule

FRIDAY, AUGUST 14 AT 10 A.M.

Morehead courses will all open at once. Once courses open, they will remain open until filled.

Lexington Fall Open House

Monday, August 3, 1 - 2:30 PM
(Free! No RSVP Required)

Central Baptist Church

110 Wilson Downing Rd, Lexington, KY

Morehead Fall Open House

Wednesday, August 12, 1 - 2:30 PM
(Free! No RSVP)

Morehead United Methodist Church

227 W Main St, Morehead, KY

OUR HISTORY

A black and white portrait of Herman Donovan, a man with glasses, wearing a suit and tie. He is positioned on the right side of the header image. The background of the header is a collage of blue-tinted photographs showing various people in educational settings.

HERMAN DONOVAN

Beginning of Lifelong Learning: Academic Donovan Fellowship

In the late 1950's, Dr. Herman Donovan, President of the University of Kentucky (UK), dreamt of enriching the lives of older persons. He proposed that colleges and universities open their doors to persons aged 65 and older, allowing them to register for courses free of cost so that they could continue to pursue their interests. He reasoned that colleges and universities owed their greatness to the work, support, gifts, taxes and votes of our older generations.

Twenty-six Donovan Scholars, ranging in age from 65 to 84, were admitted to UK in the fall of 1964, joining 18-year old counterparts for the first time. One of the first programs of its kind in the country, it was not long before the Donovan Program gained national attention. In 1966, TIME magazine dubbed the program "Educare", an obvious reference to Medicare which was in the news at the time. Whereas most of the early Donovan Scholars were from the Lexington area, the national publicity resulted in inquiries from every state and many foreign countries. *(pictured to the left: Donovan Scholar in classroom during 1960s)*

Educational and Enrichment Courses: For the Joy of Learning!

Courses offered in the community were added in 1966 for adults 60+. The Donovan Forum which began in 1970 offers a series of lectures, workshops and entertainment on a wide variety of topics presented by University professors, public and private organizational representatives, OLLI Members, etc.

Osher Lifelong Learning Institute (OLLI) at UK

In January 2007, UK received financial support from the Bernard Osher Foundation to increase learning opportunities in Lexington, allowing our offerings to widen in number and scope, and our membership by lowering the age to 50 and extending lifelong learning to other sites in Kentucky. The Osher Foundation continued their support financially to the University of Kentucky through additional grants, gifts and finally 2 endowments. A National Resource Center, created and funded by the Osher Foundation, supports a national network of 125 OLLIs located from Maine to Hawaii.

OLLI at UK offers courses, forums, seminars, day trips, shared interest groups and events throughout the year in a variety of topics, formats and locations.

2026-2027 LEXINGTON ADVISORY BOARD

Chair
Chris Conley

Vice-Chair
Eddie Salone

Immediate Past Chair
Colette Crown

Committee Chair Persons

Connections
Jane Friedman

Donovan Forum
Scott Johnson

Social
Sue Scheff
& Carol Swiderski

Curriculum
Sandy Emerson

Promotion & Membership
Ken Golliher

Travel
Nicky Burkett

Development
Sue Oatey

Rules & Procedures
Virginia Gregg

At-Large Board Members

Sienna Hooper
Karen Hughes
Penny Lamb

Debbie Lewis
Brenda Mannino
Anne McAtee

Roshan Nikou
Jaya Pampati
Martha Shouldis

2026-2027 MOREHEAD ADVISORY BOARD

Board Co-Chairs
Jackie Bailey and Jay Barrett

Vice-Chair
Drew Henderson

Committee Chair Persons

Connections
Martha Perkins

Promotion & Membership
Drew Henderson
& Judith Stafford

Secretary
Fran Helphinstine

Curriculum
Carolyn Franzini
& Debbie Williams

Volunteer
Martha Perkins

At-Large Board Members

Jackie Bailey
Jay Barrett
Sue Barrett
Carolyn Franzini

Fran Helphinstine
Drew Henderson
Bob Lindahl
Martha Perkins

Judith Stafford
Debbie Williams



Office of Lifelong Learning

Osher Lifelong Learning Institute

Welcome To OLLI at UK

The University of Kentucky's Osher Lifelong Learning Institute (OLLI) presents an exciting array of educational and enrichment courses this semester.

Our membership program, with an annual fee of \$50, offers access to a wide range of activities including courses, special interest groups (SIGs), socials, trips, and events. Members can also get access to UK Wellness Opportunities (see page 27). Our volunteer-led approach fosters a vibrant community where members can participate in concerts, open houses, and volunteer leadership roles. OLLI at UK provides an inclusive and welcoming environment for individuals to continue their lifelong learning journey and connect with like-minded peers, combining both an educational and social aspect for OLLI members to be engaged and active in.

Whether it's a new class, social, or travel opportunity, we hope to see you this Fall. Thank you for being part of our OLLI community. We are so glad you are here!

Warm Regards,
The OLLI at UK Staff

OLLI AT UK STAFF



Joey Conrad

Executive Director

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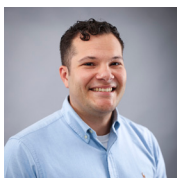


Teresa Hager

OLLI Registrar / Admin Assistant

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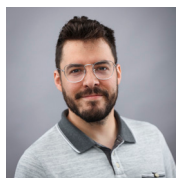


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Fall 2026 REGISTRATION



OLLI Registration Website

In order to register for Courses, SIGs, Donovan Lectures, Socials, Trips, and other OLLI activities, all OLLI Members must have an account at the following website: <https://olli.uky.edu/uky>

How to Sign Up (For New Members)

1. Visit <https://olli.uky.edu/uky> and click "SIGN IN" at the top right. Then fill out the box for "Create New Account".
2. When creating your username: Choose something unique to you. It must be a minimum of six characters. You may use any combination of letters and numbers. Username is not case-sensitive.
3. When creating your password: Choose something unique to you. It must be a minimum of twelve characters. You may use any combination of upper & lower case letters, numbers, and special characters (!@#\$%^&*-=|<>?/\). Password is case-sensitive and must be entered exactly the same way each time.
4. Be sure to save your username and password on a physical/digital notepad or password manager application.
5. Be sure to use an email address you regularly use, in case you need to find your username or reset your password.
6. Click "CREATE ACCOUNT". You will then be prompted to provide contact information such as address, phone number, and more.

Once you have created your account, you can then register for a Membership, Courses, and more online. There are 5 categories to choose from:

- Membership: Register for an OLLI Membership.
- Lexington Courses: Register for courses from Lexington instructors, as well as Donovan Forum Lectures.
- Morehead Courses: Register for courses from Morehead instructors.
- Special Events & Socials: Register for Socials and Community events.
- Travel: Register for Day Trips and more.

HOW DO I REGISTER FOR CLASSES?

1. Online at <https://olli.uky.edu/uky>, or
2. Use Registration Form on page 45, and mail to:

OLLI at UK Office

658 S. Limestone, UK Ligon House
Lexington, KY 40506-0442

CONTACT THE OFFICE

Joey Conrad: 859-257-2658
Teresa Hager: 859-257-2656
Trey Adkins: 859-257-2667
Nick Farr: 859-218-6840
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OLLI Scholarships: Financial Assistance Available for OLLI Membership & Courses

The OLLI at UK is pleased to offer scholarships for OLLI members. Scholarships are available to cover the cost of membership or one course. Individual scholarships of up to \$50 are available each semester.

Current and prospective members are encouraged to apply. Contact our Registrar, Teresa Hager, at [859-257-2656](tel:859-257-2656) to apply.

ALL APPLICATIONS ARE KEPT CONFIDENTIAL

OLLI at UK Inclement Weather Policy

The safety of our members is our top priority. During times of inclement weather, OLLI at UK follows the University of Kentucky closings. In the event of program cancellations, watch for announcements from OLLI Staff sent via email. If possible, Zoom and Hybrid classes may be moved completely online and continue as normal.

Please note, the OLLI at UK Office reserves the right to cancel classes for inclement weather even if UK remains open.

Due to inclement weather, when UK:

- **Is Closed:** All programs are canceled (Courses, SIGs, Events, Forums, Meetings, etc.)
- **Let out early:** All programs scheduled from that point on are canceled.
- **Have a delayed opening:** OLLI programs continue as scheduled.



Follow **OLLI at UK** on Facebook!

**SCAN HERE FOR OUR
FACEBOOK PAGE!**



Follow OLLI at UK on Facebook!

Want to be a part of the OLLI at UK community on social media? Interact with fellow OLLI members online? Learn about upcoming social events and additional OLLI programming? Be sure to Follow the OLLI at UK page on Facebook! You can search for "OLLI at UK" on Facebook, or scan the QR code to the right. Then click the "Follow" button. We hope to see you there!

OLLI AT UK MEMBERSHIP BENEFITS

Interested in Becoming a Member?



← HERE'S WHAT OUR MEMBERSHIP INCLUDES

- **Ability to register for 80+ Classes, Day Trips, and Socials.** Subjects include: Computers & Technology, Culture, Health & Wellness, History, French, Literature, Performing Arts, Science, Visual Arts, and more!
- **Courses In-Person, Online, and Hybrid in Lexington and Morehead** 14 weeks of courses: Fall 2026: September - December, 2026
- **Learning & Social Opportunities** No tests or grades to be found here! Join a vibrant community of over 1,400 learners who bring life experience to our classrooms. You can even make new social connections along the way!
- **Healthy Aging at Its Best** Stay active mentally & engaged socially by learning for fun.
- **Access to UK Wellness Facilities**
(additional fee required for some facilities)

Register at:
www.oli.uky.edu



← Or scan
the following
QR Code



Class & Enrollment Information www.oli.uky.edu | 859-257-2656

Fall 2026 DONOVAN FORUM SERIES

Thursdays, September 10 - December 3, 2 - 3 PM

Lexington Senior Center & Zoom

Donovan Forums are held at the Lexington Senior Center, **The limit is 80 attendees in-person.** Please be sure to register in advance to reserve an in-person spot. You can also register to attend remotely via Zoom. You will receive a link prior to each Forum. For more information, please visit this page:

<https://olliatuk.uky.edu/course-catalogs/donovan-forum-series>

Please note: Some Forum presenters may provide print materials only available to in-person attendees (such as magazines, brochures, business cards, etc.) The OLLI office is not responsible for distribution of these materials to online attendees. If the Forum presenter has digital materials to share however, we will share these materials with registered in-person and online attendees over email following the presentation.

September 10

The Primate Rescue Center

Eileen Dallaire, Executive Director

The Primate Rescue Center

September 17

Court Appointed Special Advocates (CASA) and What you Need to Know

Melynda Milburn Jamison,

Executive Director

CASA of Lexington

September 24

All Hearts on Deck: Community-Based

Violence Prevention Strategy

Devine Carama, Director

ONE Lexington

October 1

Adaptive Equipment for

Independent Living

Linda Pratt

Certified Occupational

Therapy Assistant

October 8

Kentucky Elections:

The ABC's of Voting

Cory Skolnick, Partner

FBT Gibbons

October 15

The Kentucky Writers Hall of Fame

Tom Eblen, Literary Liaison

Carnegie Center for

Literacy and Learning

October 22 (no recording)

Powering the Future

with Whiskey Waste

Marcelo I. Guzman, Dr./Professor of Chemistry

and Josiel Barrios Cossio, Ph.D. Candidate

in Chemistry, Research Assistant

University of Kentucky

October 29

The Power of Kentucky's

Charitable Nonprofit Sector

Danielle Clore, CEO

Kentucky Nonprofit Network

November 5

CivicLex: Strengthening

Civic Health in Lexington, KY

Richard Young, Executive Director

CivicLex

November 12

From Your Heart:

Only the Stories You Can Share

Sylvia Lovely, Founder and President

Connecting Our Voices

November 19

Kentucky History on a Stick!

An Introduction to the

Kentucky Historical Society's

Historical Marker Program

James B. Seaver, Ph.D., Community

Engagement Coordinator

Kentucky Historical Society

November 26

No Donovan Forum

Happy Thanksgiving!

December 3

(in-person only, no recording)

The Young At Heart Big Band

Terry Wild, Musician

The Young At Heart Big Band

DONOVAN FORUM RECORDINGS

Recordings will be sent to all registrants the day after the presentation for the week. October 22 and December 3 Forums will not be recorded.

Fall 2026 LEXINGTON

All Course Offerings

COMPUTERS & TECHNOLOGY



Authentic8 with dot Gov Workshop

Instructor: Phil O'Neill

Date and Time: Tuesday, September 22, 2026

1 – 3 p.m.

Course Location: Central Kentucky Computer Society

Maximum Enrollment: 6 | Course Fee: \$34

Discover how easy it is to manage your personal business with federal agencies online. In this workshop, you'll learn how to create secure credentials and use them to access services from the Social Security Administration, the IRS, the U.S. Department of State (for passport applications), and others using Login.gov or ID.me. With more government tasks available online than ever, you can skip long phone queues. Most federal websites now support single sign-on (SSO), so one username and password can unlock multiple services. We'll show you how it works and help you get set up with confidence.

Apple Watch: Beyond Telling Time Workshop

Instructor: Brooke Thomas

Date and Time: Friday, October 30, 2026

1 – 4 p.m.

Course Location: Central Kentucky Computer Society

Maximum Enrollment: 10 | Course Fee: \$34

Join us for an engaging, informative workshop where you'll discover over 20 tips and tricks to get more from your Apple Watch. Whether you're a new user or a seasoned pro, this session will help you unlock many of your watch's capabilities. Learn how to get help in an emergency, remove apps, adjust text size and brightness, change your layout, mute notifications, use alarms, enable auto-pause for workouts, use the flashlight and night safety light, unlock your iPhone, and locate it with your watch.

Computer Basics for Microsoft Word

Instructor: Myra Engle

Dates and Times: Thursdays, September 10 – October 15

10 – 12 Noon

Course Location: Central Kentucky Computer Society

Maximum Enrollment: 5 | Course Fee: \$58

If your children say, "You just do this, this and this," and you have no idea what they said, this class is for you. Learn the basics of word processing in a patient, friendly, non-threatening setting. We'll cover simple formatting tools, page layout, fonts, colors, WordArt, columns, and printing. You'll also learn how to file and organize documents and photos, choose the right file types, transfer information, and review essential email and Internet skills. A comfortable, confidence-building start for anyone new to Word.

Getting the Most Out of Your iPhone

Instructor: Joe Dietz

Dates and Times: Thursdays, October 15 – November 19

1 – 3 p.m.

Course Location: Central Kentucky Computer Society

Maximum Enrollment: 10 | Course Fee: \$58

In the latest iPhone iOS 27 update, many things have changed. In this class you will learn important (and hidden) functions of your iPhone. Learn how to download apps, move them, nest them, and delete them. Learn how to get better photos with your phone, organize your pictures, and send them in text and emails. Texting messages and using Siri will also be covered. Participants should bring their (fully charged) iPhone and know (or bring) their passcode, Apple ID and password.

Introduction to Close-Up Photography

Instructors: Boone Baldwin, Rebecca Brothers, Rita Egan,

Karen Higdon, Arleigh Kerr

Dates and Times: Mondays, October 26 – November 9

1 – 3 p.m.

Course Location: Central Kentucky Computer Society

Maximum Enrollment: 10 | Course Fee: \$46

Taking photographs of objects close-up or extremely close-up (macro photography) requires special skills. This class will teach you the difference between the two and the techniques to photograph objects close-up using your camera and lens. The instructors will demonstrate and explain how to use extension tubes with your lens and will discuss how to determine which of the three kinds of macro lenses is best for you. Students need to bring an object to use as their subject for the class, their camera with a fully charged battery, the camera lens, memory card, the camera manual, a note pad and a tripod, if they have one.

Introduction to Infrared Photography and Black & White Photography

Instructors: Boone Baldwin, Rebecca Brothers, Rita Egan,

Karen Higdon, Arleigh Kerr

Dates and Times: Mondays, November 16 – 30

1 – 3 p.m.

Course Location: Central Kentucky Computer Society

Maximum Enrollment: 10 | Course Fee: \$46

Explore the surreal and magical world of infrared and black and white photography in this three-week, hands-on class. Learn how infrared filters and camera conversions work. Practice shooting on location, then transform your color images into expressive black and white photographs. A great introduction for anyone ready to expand their photographic style.

Introduction to Photography

Instructors: Boone Baldwin, Rebecca Brothers, Rita Egan, Karen Higdon, Arleigh Kerr
Dates and Times: Mondays, September 14 – October 12
1 – 3 p.m.
Course Location: Central Kentucky Computer Society
Maximum Enrollment: 10 | Course Fee: \$46

Learn the essentials of digital photography in this hands-on beginner class. You'll learn how to set up camera controls, choose presets, compose and take photographs, and review your images. We'll also explore additional camera settings and composition guidelines, and discuss recommended memory cards and lenses. A practical, confidence building start for new photographers. Bring your camera, fully charged battery, memory card, camera manual and a notepad.

Introduction to Windows 11 Workshop

Instructor: Mike Seiler
Date and Time: Tuesday, October 6, 2026
9 – 12 Noon
Course Location: Central Kentucky Computer Society
Maximum Enrollment: 7 | Course Fee: \$34

This workshop will explore the new features in Windows 11, highlight the changes, and demonstrate how to set it up for a more user-friendly experience. Students are encouraged to bring their Windows 11 laptop computers. However, ensure your laptop is fully charged before you bring it to class.

iPad Mastery: Unveiling Hidden Features

Instructor: Brooke Thomas
Dates and Times: Wednesdays, October 14 – November 18
1 – 3 p.m.
Course Location: Central Kentucky Computer Society
Maximum Enrollment: 10 | Course Fee: \$58

Dive into the depths of your iPad and emerge a master of its capabilities. This class offers a comprehensive guide to utilizing the built-in Apple apps to their fullest potential. Tailor your iPad experience by personalizing and organizing your apps, enhancing your photos, and managing your albums with ease. Gain insights into the iPad's settings, uncover keyboard shortcuts, and add flair to your emails and texts with animations. Plus, receive practical tips on optimizing the use of Calendar, Notes, Reminders, FaceTime, and the Libby app. Transform your iPad into a powerhouse of productivity and personal expression.



Make Your Mac Work for You

Instructor: Kurt Jefferson
Dates and Times: Mondays, October 5 – November 2
10:30 – 12:30 p.m.
Course Location: Central Kentucky Computer Society
Maximum Enrollment: 5 | Course Fee: \$54

In this five-week, hands-on class, Mac users—both longtime and those switching from Windows—will learn to work more efficiently and confidently. Each session builds practical skills: Mac Basics, organizing files and folders, using Trash, Bookmarks, and Finder Preferences, backing up with Time Machine, understanding iCloud, and customizing System Settings. By the end, participants will know how to navigate, manage, and personalize their Mac so it truly works for them. This is the live version of a user's manual for the Mac to help you learn many important and useful features.

Making a Photo Book Using Shutterfly

Instructor: Joe Dietz
Dates and Times: Tuesdays, October 20 & 27
1 – 4 p.m.
Course Location: Central Kentucky Computer Society
Maximum Enrollment: 5 | Course Fee: \$42

In this workshop the attendees will learn how to prepare pictures for a photo book, how to transfer pictures to the Shutterfly workspace, and then organize the pictures from the front to the last page of the book. Finally, we will go through the steps to order the book and apply coupons to reduce the price. Class #1 will be learning the steps to use Shutterfly. Class #2 will be using your pictures to create your photo book. We will be using a program called Shutterfly.

Organizing Your Computer Files on a Windows PC

Instructor: Mike Seiler
Dates and Times: Tuesdays, October 13 – 27
10 – 12 Noon
Course Location: Central Kentucky Computer Society
Maximum Enrollment: 4 | Course Fee: \$46

Have you ever created a file and saved it, only to find you cannot locate it later? We will look at several strategies for organizing your files to make them easier to find. We will also learn techniques for moving files and folders on your computer and external storage devices.



Aging with
Insight & Intention
Spring 2026

Using Apple iCloud for Your iPhone and iPad Workshop

Instructor: Joe Dietz

Date and Time: Tuesday, October 13, 2026

1 – 4 p.m.

Course Location: Central Kentucky Computer Society

Maximum Enrollment: 5 | Course Fee: \$34

In this session students will learn how to take advantage of the iCloud account. When you purchase an iPhone or iPad you have an account set up in the cloud. Here, you store copies of your photos, contacts, messages, email and more. Students will learn how to set up this account to their best benefit. We will talk about downloading and uploading your files (to and from your iPhone or iPad). We will also discuss how to share documents and photos from the iCloud. Acquiring more storage space will also be discussed.

CULTURE



Ancient Maya Civilization

Instructor: Kelli Carmean

Dates and Times: Tuesdays, October 20 – December 8

10:30 a.m. – 12 Noon

Course Location: Twin Pines Christian Church, Adult Study Room

Maximum Enrollment: 25 | Course Fee: \$30

Have you ever wondered about a profoundly different way of being in the world? This course leads us into the extraordinary realm of the ancient Maya of Mexico and Central America. Through PowerPoint lectures and hands-on activities, we'll learn and think about Maya culture, religion, art, calendrics, government, and warfare, using knowledge and perspectives from archaeology, anthropology, and hieroglyphic decipherment. Our optional parallel read is *House of the Waterlily*, A Novel of the Ancient Maya World written by the instructor.

Art Collectors and Their Museums (Part 2)

Instructor: Marcia Freyman

Dates and Times: Mondays, October 26 – November 30

2:30 – 4 p.m.

Course Location: Crestwood Christian Church, Chalice Hall

Maximum Enrollment: 30 | Course Fee: \$30

This class focuses on American art collectors of past eras and the museums which now house their collections. These include Peggy and Solomon Guggenheim, Alice Walton (of Walmart fame), the Cone Sisters of Baltimore, Henry Huntington, and others. We will explore how the plans evolved for these collections to be housed in museums open to the public. But most importantly, we will concentrate on the art itself.

Classics of French Cinema (Hybrid)

Instructor: Ed Reeves

Dates and Times: Fridays, September 18 – December 4

(no class November 27)

1 – 4 p.m.

Course Location: Beaumont Presbyterian Church, Fellowship Hall & Zoom

Maximum Enrollment: 25 In-Person | 25 Zoom

Course Fee: \$30

France launched one of the world's first theatrical film industries—and has been shaping cinema ever since. In this course, we'll screen ten essential classics, from a silent-era masterpiece through defining movements such as poetic realism, the tradition of quality, the French New Wave, and later landmarks. We'll encounter films by major directors including Renoir, Carné, Godard, Varda, and Tati. You'll find everything from tragedy to comedy across the lineup. Our discussions will explore technique and style, historical and cultural context, and each film's lasting influence. No film-study background is needed—just curiosity about filmmaking and film history. (Note: all films are in French with English subtitles.)

Fashions of the Past, Part 2: The Modern Way

Instructor: Cathy Taylor

Dates and Times: Mondays, September 14 – October 5

1:30 – 3 p.m.

Course Location: Twin Pines Christian Church, Adult Study Room

Maximum Enrollment: 28 | Course Fee: \$30

Where are we going and what are we wearing? The last few generations in the Western world saw a blinding rate of change, and in the scramble to keep pace, fashion changed us all. From the world wars to mass entertainment and international marketing, the forces of modern life have shaped the costumes we wear before the world. It's time to take a new look at the designers and innovations we've seen, and celebrate the best.



Aging with
Insight & Intention
Spring 2026



Lexington Open House
Spring 2026

From Doo-Wop to Woodstock: The Music of the '60s

Instructor: Dan Crabtree

*Dates and Times: Wednesdays, September 23 – October 28
1 – 3 p.m.*

Course Location: The Lexington Theatre Company, Studio Room

Maximum Enrollment: 20 | Course Fee: \$30

In this class we will dive into the music of the '60s and examine its impact on a generation. There will be a lot of listening as we explore the wide variety of the decade's music. We will discuss how the music helped shape the culture, including a focus on changes taking place in Lexington. The course will encompass many facets of the music industry - the artists, the songwriters, recording studios, music surveys, radio stations, and so much more. We anticipate lively interaction - and a lot of fun - as we relive the music of this exceptional decade.

Lifelong Philosophy SIG (Zoom)

Facilitator: Maryann Wellman

*Dates and Times: Fridays, September 4 – December 11
(no class November 27)
10 – 11:30 a.m.*

Course Location: Online Zoom Course

Maximum Enrollment: 25 | No Course Fee

The Lifelong Philosophy SIG is a discussion group addressing contemporary issues which incorporate historical philosophical concepts. Members meet weekly and dialog informally about a social, ethical or humanist topic selected by the group within certain broad categories such as art, science, medical advances, technology, etc. Additionally, members periodically share their experiences with books, films and other media that convey a particular philosophical theme and/or stimulate deeper thinking. SIG members who so choose gather socially from time to time to strengthen the bonds of friendship among members and share ideas in a relaxed setting.

Music from the Soul Kitchen Los Angeles 1968

Instructor: Jon Novak

*Dates and Times: Thursdays, October 1 – 29
1:30 – 3 p.m.*

Course Location: The Lexington Theatre Company, Studio Room

Maximum Enrollment: 20 | Course Fee: \$30

Students will learn the personnel, characters, lyrics and musical accomplishments of many Los Angeles bands. The selections will include both hits and obscure, less familiar songs. Stories about some controversial performers will clear up myths and legends that may (or may not) be true.

Parables of Jesus: In Middle-Eastern Eyes (Zoom)

Instructor: George Martin

*Dates and Times: Mondays, October 5 – November 2
10 – 11:30 a.m.*

Course Location: Online Zoom Course

Maximum Enrollment: 40 | Course Fee: \$30

Professor Kenneth Bailey (1930-2016) lived and taught the New Testament in Egypt, Lebanon and Jerusalem. You will be amazed with his insights into the parables of Jesus. From ancient times these parables still retain their power to shock and dismay us, as we also consider just how radical is God's mercy. Change comes slowly in the Middle East. These are parables from an ancient world of peasants. These weren't stories of the famous or most powerful, but simple human beings in everyday life. The Rev. Dr. George Martin (retired Episcopal priest and a Lutheran Pastor) knew Dr. Bailey. The key book by Bailey is "Poet and Peasant". It is not required reading, but all who attend will be amazed at what these parables reveal.

Practical Knots: for Boot, Boat, Bundle

Instructor: Dick Shore

*Dates and Times: Tuesdays, September 22 – October 27
2 – 3 p.m.*

Course Location: The Living Arts & Science Center, Garden Room

Maximum Enrollment: 12 | Course Fee: \$30

We will focus on the structure of the knots: non-crossing loop, crossing loop, and full turn (line goes all the way round), for practical knots, e.g. to moor and tow a boat, to tie a hiking boot, to secure an irregular bundle. We will practice till we can tie the knot eyes closed, maybe even one-handed. We will include stopper knots, the half-hitch, various knots for stowing a line, variations on the sheepshank and other hanks held by turns and half hitch; the whole overhand knot series; the sheet-bend/bowline for towing and for rescue, and a special double bow knot for a boot which unties with a single pull, and various fixed loops and their use as a pulley to cinch a bundle. Practice line and fixtures provided.



Lexington Open House
Spring 2026

The Americans

Instructor: David Shattuck

Dates and Times: Wednesdays, November 4 – 18

1 – 2:30 p.m.

Course Location: Crestwood Christian Church, Bradford Room (Room MC-5 on November 11)

Maximum Enrollment: 30 | Course Fee: \$30

In the late 19th-early 20th century many artists portrayed scenes of daily life in New York, often in the city's poorer neighborhoods. They included Robert Henri, John Sloan, George Bellows and Everett Shinn. Art historians would later dub this movement "the Ashcan School." Beginning in the second decade of the 20th century, the photographer Alfred Stieglitz operated a gallery in New York that promoted several American artists, including Georgia O'Keeffe, John Marin, Marsden Hartley, Arthur Dove and Charles Demuth. This Course will focus on these artists and others, from 1900-1935, as art in New York begins to evolve toward abstraction.

The Art Museum Guide: How to Get the Most out of a Visit to Many of the "Big" Art Museums in Europe

Instructor: Lisa Smith

Dates and Times: Thursdays, October 8 – November 12

3 – 4:30 p.m.

Course Location: Beaumont Presbyterian Church, Fellowship Hall

Maximum Enrollment: 40 | Course Fee: \$30

Visiting an art museum is a fantastic opportunity to immerse yourself in a world of beautiful and fascinating visual arts. However, it can also be an unsettling prospect for inexperienced visitors, who may worry about feeling overwhelmed, intimidated, or even out-of-place. This class is designed for those interested in visiting art museums and who want to make the most of their time there. The "big" art museums contain so many works of art that it is impossible to see it all. This class will help you create a list of key works to see at each museum, so you can make the most of your time there. We will create a viewing plan for the following museums: The Louvre in Paris, France; Picasso Museum in Paris, France; Musee d'Orsay in Paris, France; The Prado Museum in Madrid, Spain; Reina Sofia Art Museum in Madrid, Spain; Thyssen-Bornemisza National Museum in Madrid, Spain; Guggenheim Museum in Bilbao, Spain; The Uffizi Gallery in Florence, Italy; Galleria Borghese in Rome, Italy; The National Gallery in London, England; Tate Modern in London, England.

What Would Aristotle Say? A Selective Reading of Aristotle's NICOMACHEAN ETHICS

Instructor: David C. Blake, PhD, JD

Dates and Times: Tuesday, September 22 – October 20

1 – 3 p.m.

Course Location: The Living Arts & Science Center, Glo Gallery

Maximum Enrollment: 15 | Course Fee: \$30

Over the course of five (5) sessions we will read and discuss various chapters ("Books") of Aristotle's Nicomachean Ethics -- one of the "Great Books" in our cultural heritage. Each session will focus on one or two chapters with a specific purpose in mind and a specific question to be addressed. For example, "Being human...what could that mean?"; "Being virtuous...Could AI spot a virtuous action?"; and "Saints and Beasts and everyone in between...what kind of (moral) person are you?" In the course of these discussions, we will encounter an ancient perspective of the "good life" that is beginning to emerge again in recent discussions ranging from how we educate our children to how we should conduct our social lives. These discussions will have succeeded if students are left with lots to think about!

EXPERIENTIAL LEARNING



Shared Interest Group for Writers SIG

Facilitator: Scott Johnson

Dates and Times: Mondays, September 14 – December 14

1:30 – 3:30 p.m.

Course Location: Central Baptist Church, Meeting Room 1

Maximum Enrollment: 20 | No Course Fee

Life gives us many ups and downs, joys and sorrows. What better way to express them than the written word. Writers of fiction, non-fiction, poems, essays, novels, memoirs are welcome in this group. No prior experience necessary.

The Human Domino Effect: Building Learning Communities through Character Development SIG

Facilitator: Stephanie Fairchild Fister

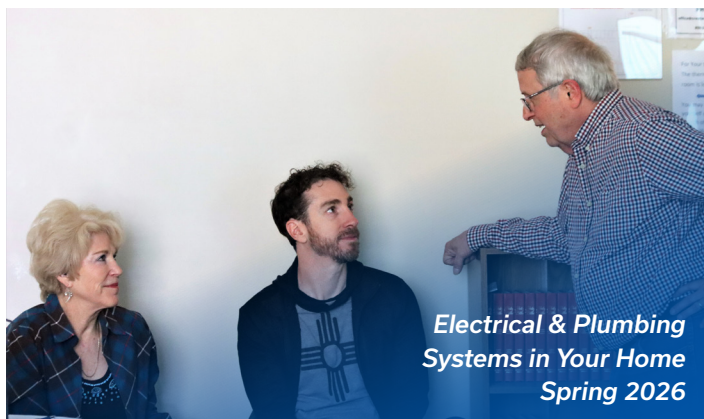
Dates and Times: Tuesdays, September 8 – December 1

8:30 a.m. – 2:30 p.m. (at your convenience)

Course Location: Julius Marks Elementary

Maximum Enrollment: 20 | No Course Fee

The Human Domino Effect is an inspiring program that unites generations to support elementary students' character development and reading skills. By volunteering at Julius Marks Elementary School in Lexington, Kentucky, OLLI members will engage with young learners through "Character Equations," a fun and impactful approach to teaching life principles. Volunteers will also listen to students as they read aloud to build reading fluency, encouraging confidence and literacy. The course begins with one of two orientation sessions at the public library (time to be announced). Following orientation, participants will have the flexibility to select the Tuesday volunteer sessions that best fit their schedules to work with elementary students, where you'll guide students in exploring and applying traits like responsibility, resilience, and empathy. By joining this program, you're actively shaping our community's future - creating a stronger, healthier, and happier generation of students! **PLEASE NOTE:** Participation in volunteer opportunities will require a background check. Instructor will assist with completing those requirements. Please call Stephanie with any questions, 859-333-9790.



*Electrical & Plumbing
Systems in Your Home
Spring 2026*



BE HEALTHY Bash
Fall 2025

HEALTH & WELLNESS



Decoding Your Lab Results: How to Read Your Body's Report Card

Instructor: Christopher Swartz

Dates and Times: Fridays, October 2 – 30

1 – 2:30 p.m.

Course Location: Twin Pines Christian Church, Adult Study Room

Maximum Enrollment: 20 | Course Fee: \$30

After your healthcare provider orders lab tests, reviewing the results can be a daunting task. Some results are normal, and others may be flagged as too low or too high. But what do these numbers really mean? You will learn about some of the most common laboratory tests ordered by your healthcare provider, and what the values can mean within the context of your overall health status. We will also cover common laboratory results associated with different health conditions, including anemia, high cholesterol, kidney disease, diabetes, heart disease, and bacterial or viral infections. Additional laboratory testing related to other conditions including osteoporosis and neurodegenerative disease will also be examined.

Dietary Supplements: Helpful or Harmful?

Instructor: Barbara Kemp

Dates and Times: Thursdays, September 10 – October 15

11 – 12:30 p.m.

Course Location: Central Baptist Church, Meeting Room 3

Maximum Enrollment: 30 | Course Fee: \$30

The dietary supplements section of a pharmacy takes up many aisles, and there are even entire stores devoted to them. Are they useful or just modern day snake oil? This course will help you tease out fact from fiction in marketing of vitamins, minerals, and nutraceuticals, and know which, if any, supplements you should be taking, and which are supplied adequately by a healthy diet.

Fall Prevention & Home Safety Strategies (Hybrid)

Instructor: Stephanie Tewes

Date and Time: Friday, October 2, 2026

10 – 11:30 a.m.

Course Location: Crestwood Christian Church, Chalice Hall & Zoom

Maximum Enrollment: 30 In-Person, 40 Zoom

Course Fee: \$20

Join Stephanie Tewes, Fall Prevention Specialist & Care Coordinator at Kendal at Home, for an informative workshop on reducing falls and staying safe at home. Learn practical safety tips, balance exercises, and emergency preparedness strategies to create a safer living environment and maintain independence in your home.

Finding Your Spunk in Your 60s, 70s, 80s. Rediscovering You and the Life You've Always Wanted (Hybrid)

Instructor: Christine Klein

Date and Time: Thursday, October 15, 2026

1 – 2:30 p.m.

Course Location: Crestwood Christian Church, Chalice Hall & Zoom

Maximum Enrollment: 40 In-Person, No Limit Zoom

Course Fee: \$20

Getting older isn't easy! Chris Klein (68) knows firsthand that feeling worthwhile, productive, and vibrant can be a struggle as we age. She relied on her research skills, collected advice from the experts, and talked to people just like us to publish a book with the same title as this presentation. She'll share what she learned about facing and overcoming some of the most common challenges in this stage of our life. You'll leave feeling energized and ready to take action.

Line Dance - OLLI Cats!

Instructor: Shirley Bryan

Dates and Times: Wednesdays, September 23 – November 4

10 – 11:30 a.m.

Course Location: Bluegrass Youth Ballet, Studio

Maximum Enrollment: 40 | Course Fee: \$30

Join us for a fun-filled 90-minute line dance class that's perfect for all levels! We'll start with beginner-friendly dances to get everyone warmed up and feeling confident, then gradually step it up with some improver routines. This is a wonderful class to continue or refresh your line dance skills. You'll get plenty of chances to practice, have fun, and dance to great music. Come ready to move, laugh, meet new friends, and even learn a new favorite dance!



Strum Into Joy:
Beginner Ukulele
Spring 2026



*Building the Meal - A Focus on
the Foundations of Cooking
Spring 2026*

Move to the World's Music

Instructor: Meg Crellin

*Dates and Times: Wednesdays, September 16 – November 4
1 – 2:30 p.m.*

Course Location: Beaumont Presbyterian Church, Fellowship Hall

Maximum Enrollment: 25 | Course Fee: \$30

The music comes from another time and place – the haunting violin of a gypsy tune, the vitality of a Cossack dance, the kind of rhythmic melody that made Zorba so Greek. Move to the World's Music promotes world community through dance. Get a gentle workout while enjoying the favorite music and social dance of the Balkans, Europe, the Americas, Israel and beyond. Participants will learn some of the simpler ethnic dances. They may range from slower rhythms to more aerobic and dynamic steps. Dances are done in lines, circles and individually. No prior dance experience is necessary – just a pair of comfortable shoes.

My Other Right Foot - Beginner Line Dancing

Instructor: Shirley Bryan

*Dates and Times: Wednesdays, September 23 – October 28
12 – 12:45 p.m.*

Course Location: Bluegrass Youth Ballet, Studio

Maximum Enrollment: 20 | Course Fee: \$30

An introduction to line dance. Engage your mind and body all together while improving your fitness. Move to the beat of the music. If you can count to eight as you walk you'll be successful in this class!

OLLI Fitness (Hybrid)

Instructors: Josette Garstka and Karie Boneau

*Dates and Times: Mondays, Wednesdays, & Fridays,
September 9 – December 4 (no class November 25 and 27)
11:30 a.m. – 12:30 p.m.*

Course Location: Crestwood Christian Church Gymnasium & Zoom

**Maximum Enrollment: 75 In-Person, No Limit Zoom
Course Fee: \$40**

This course features aerobic and strength training to improve physical fitness, strength, flexibility and cardiovascular endurance. A typical class begins with cardiovascular work for 30 minutes. Class will also include rhythmic limbering and endurance work, strength work using light weights, muscle toning and stretching.

REQUIRED MATERIALS: Water bottle, weights, and mat.

Slow Flow Yoga (Hybrid)

Instructor: Josette Garstka

*Dates and Times: Tuesdays & Thursdays,
September 8 – December 3 (no class November 26)
11:30 a.m. – 12:30 p.m.*

Course Location: Crestwood Christian Church Gymnasium & Zoom

**Maximum Enrollment: 75 In-Person, No Limit Zoom
Course Fee: \$30**

This class will be a Vinyasa style yoga class connecting breath to movement. Each class will begin with short breathing and meditation exercises, moving into Sun Salutations. Each class will include a practice of basic yoga postures and how to link these with our breath to create a balance between the mind and body. Many options will be offered for the postures so all levels can participate. Each class will incorporate core exercises for strength, stretching to increase flexibility, balance work and relaxation postures for stress release. Students should be able to get up and down from the floor.

REQUIRED MATERIALS: Yoga mat, strap, water bottle, and yoga blocks.



*Building the Meal - A Focus on
the Foundations of Cooking
Spring 2026*



OLLI Holiday Mingle
Fall 2025

Tai Chi for Health

Instructor: Donna King

*Dates and Times: Wednesdays, September 9 – December 9
2 – 3:30 p.m.*

Course Location: Central Baptist Church, Meeting Room 2

Maximum Enrollment: 30 | Course Fee: \$30

Tai Chi for Health is an exercise that involves gentle movements. Through participation, we will experience basic principles that promote relaxation and harmony of mind and body.

Thrive at Home: Successful Aging in Place (Hybrid)

Instructor: Wendy Feters and Stephanie Tewes

Date and Time: Friday, September 25, 2026

10 – 11:30 a.m.

Course Location: Fayette County Extension Office & Zoom

Maximum Enrollment: 30 In-Person | 40 Zoom

Course Fee: \$20

Learn practical strategies to stay healthy, independent, and safe in your own home as you age. This course explores the key elements of aging in place, including home safety, healthcare planning, community resources, and lifestyle habits that support physical and emotional well-being. Whether you're planning for yourself or helping a loved one, this class offers valuable tools for thriving at home—on your terms.

Your Age is Not a Number: Harness This Superpower for a Flourishing Second Half of Life

Instructor: Jennifer Shaw

Dates and Times: Tuesdays, September 8 – October 27

1 – 3 p.m.

Course Location: Twin Pines Christian Church, Adult Study Room

Maximum Enrollment: 20 | Course Fee: \$30

Mindfulness meditation is a simple yet remarkably effective practice backed by scientific research. Dedication as little as 10 minutes a day for 8 weeks can rewire your brain's pathways, leading to many positive changes, such as stress reduction, enhanced mental clarity, greater emotional resilience, reduced pain, and more, empowering you to lead a more fulfilling life. Join me for this 8-week experiential challenge in embracing Mindfulness and unlocking your extraordinary potential!

HISTORY & GOVERNMENT



Behind Closed Doors: Understanding the Child Welfare and Juvenile Justice Systems

Instructor: Vicki Reed

Date and Time: Monday, November 2, 2026

12 – 1:30 p.m.

Course Location: Beaumont Presbyterian Church, Fellowship Hall

Maximum Enrollment: 40 | Course Fee: \$20

Child welfare and juvenile justice is cloaked in confidentiality. There's some good reasons for that but it also means few people understand what goes on behind those closed doors. This class will cover a range of topics, such as the child welfare side, how families become involved with the agency, foster care, and adoption. From the juvenile justice side class participants will learn how the state system operates and what to expect if some child you know becomes involved with the system. The class concludes with a "call to action" on how you can help by becoming a CASA (Court Appointed Special Advocate) for children.

Elder Law in Kentucky

Instructor: Dave Emerson

Dates and Times: Wednesdays, October 7 – November 18

10 a.m. – 12 Noon

Course Location: Liberty Road Faith Fellowship, Event Room

Maximum Enrollment: 40 | Course Fee: \$30

As we age and begin putting our personal and family affairs in order, we need to be aware of the many legal and financial issues involved in making these decisions. This class will discuss wills, estate planning, trusts, powers of attorney, disability and incompetency proceedings, long-term care options, insurance, Medicaid planning, end-of-life planning, and the process of "going through probate."



OLLI Holiday Mingle
Fall 2025

Giving Form to the Declaration's Principles: The United States Constitution, Its origins, Creation, Amendments, and Interpretations (Zoom)

Instructor: Larry Hood

*Dates and Times: Wednesdays, September 9 – October 7
10 a.m. – 12 Noon*

Course Location: Online Zoom Course

Maximum Enrollment: 20 | Course Fee: \$30

This course will consider the US Constitution's antecedents: the Judeo/Christian understanding of reality and Greco-Roman ideals concerning the cultivation of the mind and the proper structure of government filtered through the Ancient, Medieval, and Modern World eras. We will study the actual writing of the constitution and how it has been amended and interpreted up to the present. All course attendees will be encouraged to contribute their own thoughts and historical interpretations and participate in discussions.

John Clark and Ann Rogers Clark, the First Family of the First Frontier (Hybrid)

Instructor: Kenneth Golliher

*Dates and Times: Mondays, September 14 – October 12
10 – 11:30 a.m.*

Course Location: Central Baptist Church, Meeting Room 3 & Zoom

Maximum Enrollment: 30 In-Person & Zoom

Course Fee: \$30

This is the story of the family of John and Ann Rogers Clark at the genesis of the United States. Married in 1749 in the tidewater area of Virginia, the Clarks are among those who move the frontier westward by emigrating into Virginia's far western county, Kentucky. Participants will discover how all ten of the Clark children and their spouses make individual contributions to history and as they go from "sea to shining sea" in two generations. Of the six sons, five serve in the American Revolution as officers. Three ultimately become Generals in the militia. One of those Generals, George Rogers Clark, is credited with conquering the Northwest Territory. General Jonathan Clark lived in Kentucky and left a diary spanning many years of American history. The son who was too young to go to war is William Clark, a headliner of the Lewis and Clark expedition of 1803 – 1806 and the first federal Superintendent of Indian Affairs. The four Clark daughters are scions of families whose surnames punctuate the early history of Kentucky before and after statehood. Two of them were mistresses of legendary Kentucky properties, "Locust Grove" and "Soldiers Retreat."



Kentuckians and the Winning and Defense of the "OLD NORTHWEST" (Midwest) - American Revolution through the War of 1812 (Hybrid)

Instructor: Phil Maxson

*Dates and Times: Wednesdays, September 30 – November 4
2 – 3:30 p.m.*

Course Location: Second Presbyterian Church, Forum Room & Zoom

Maximum Enrollment: 40 In-Person, 10 Zoom

Course Fee: \$30

We will discuss the background and critical actions taken by Kentuckians during the American Revolution followed by the Indian Wars of the 1790s and concluding with the War of 1812. The result was after winning the Midwest in the Revolution, the region had to be defended through the War of 1812.

Kentucky Politics in the Grand American Republic (Zoom)

Instructor: Larry Hood

*Dates and Times: Wednesdays October 28 – November 25
10 a.m. – 12 Noon*

Course Location: Online Zoom Course

Maximum Enrollment: 20 | Course Fee: \$30

This course will look back in history, beginning in 1774, to explore Kentuckians' understanding of and experiences in: 1) political ideology, 2) the structures of governmental power, 3) class conflict and politics, 4) race and gender issues in politics 5) the partisan pursuit of power, and 6) post-modern multiculturalism and politics. All course attendees will be encouraged to contribute their own thoughts and participate in discussions.

Problems in Democracy SIG

Facilitator: David Shattuck

Dates and Times: Tuesdays, September 15 – December 15
3 – 4:30 p.m.

Course Location: Crestwood Christian Church, Room MC-5

Maximum Enrollment: 26 | No Course Fee

Beginning in February 2024, a group of between 12-24 of us have discussed our concerns about the various challenges that currently confront the U.S. political system. This Fall we will continue our discussion. We invite you to join us if you would like to participate in the discussion or simply listen.

Pundits, Polls & Politics!

The 2026 Mid-term Election! (Zoom)

Instructor: Doug Stowell

Date and Time: Thursday, October 29, 2026
10 – 11:30 a.m.

Course Location: Online Zoom Course

Maximum Enrollment: 300 | Course Fee: \$20

On November 3, all 435 seats in the U.S. House of Representatives and 35 in the Senate will be up for re-election! Hundreds of local and state offices/issues will be settled! Turn-out in POTUS elections is around 60%. Mid-terms? Barely 40%! This mid-term may be more consequential than any recent election. So, let's dig into all the national issues, looking at how they rank - by party affiliation, generation and region. We'll look at some of the better forecasts or results and we'll conduct our own on-line, in-class polls of issues/results. Yes, we will forecast the House - Senate results by party!

The Lessons of Ashland: 19th Century History Informing a 21st Century World

Instructor: Eric Brooks

Date and Time: Monday, October 19, 2026
10 a.m. – 4 p.m.

Course Location: Ashland, The Henry Clay Estate

Maximum Enrollment: 15 | Course Fee: \$35

This year is the 250th anniversary of the signing of the Declaration of Independence. This Course will introduce participants to Ashland, the Henry Clay Estate, an incredibly important place in the 250 year history of the United States and will consider it from a number of perspectives including those of Henry Clay, enslaved persons, indigenous people, and women. It will culminate in a discussion of the importance of that history and the larger questions of the last 250 years and what they say about the present and future of the United States. ***Boxed Lunch will be included.



What is Liberalism?

Instructor: Jeff Freyman

Dates and Times: Mondays, October 26 – November 30
2:30 – 4 p.m.

Course Location: Beaumont Presbyterian Church, Fellowship Hall

Maximum Enrollment: 25 | Course Fee: \$30

People have such strong and polarizing opinions about Liberalism. But what, exactly, is it? The historian David Brinkley has observed, "Liberalism has never been a uniform or stable creed." Liberalism has meant different, and often contradictory, things to different people at different times. This course traces Liberalism's historical evolution from the Enlightenment to the present day. It looks at the political, economic, cultural and international aspects of the intellectual tradition of Liberalism. It concludes by considering the present and future prospects of Liberalism.

LANGUAGES



Basic French for Travelers

Instructor: Dale Henley

Dates and Times: Tuesdays, September 8 – October 27
10 – 11 a.m.

Course Location: Crestwood Christian Church, Room MC-5

Maximum Enrollment: 20 | Course Fee: \$30

Traveling in France is a wonderful adventure. No other country offers as much in terms of history, culture and cuisine. In fact, France is the #1 tourist destination in the world. This course is designed to give the student the basics of how to have a simple and polite conversation with the hotel doorman, with the retail clerk while shopping for that special something, the taxi driver, asking for directions, reading the dinner menu.

LITERATURE



Banned Books SIG (Zoom)

Facilitator: Frances Goodfriend

Dates and Times: Every 3rd Thursday of each month,
September 17, October 15, November 19 & December 17
10:30 – 12 Noon

Course Location: Online Zoom Course

Maximum Enrollment: 50 | No Course Fee

Many renowned books have been banned or restricted. How do you feel about censorship? Should someone have to right to restrict what you can read? Is it ever appropriate? What justification? This SIG will meet the third Thursday of each month at 10:30 am via Zoom, to discuss great novels that have been banned for some reason. September 17: The Boy in the Striped Pajamas, by John Boyne. The books for October 15, November 19 and December 17 will be selected by the group from a master list. Handouts will be emailed a few days before each session.

Henry James' "THE TURN OF THE SCREW": Reading Between the Minds

Instructor: Stacy Schultz

Dates and Times: Thursdays, September 24 – October 29

1 – 3 pm

Course Location: Twin Pines Christian Church, Adult Study Room

Maximum Enrollment: 12 | Course Fee: \$30

Henry James and I cordially invite you to join us in a world haunted less by ghosts than by the effort to read—and control—the minds of others. Class discussion will focus on the psychological tension created by guessing intentions of others; the ethical and emotional stakes of perception; and the subtle games of trust and misunderstanding that drive this classic story. Supernatural elements appear only as catalysts, forcing us to confront the uncomfortable limits of understanding in human relationships. Another ultra-close-reading opportunity!

International Classics SIG (Zoom)

Facilitator: Frances Goodfriend

*Dates and Times: Every 3rd Thursday of each month,
September 17, October 15, November 19 & December 17*

1:30 – 3 p.m.

Course Location: Online Zoom Course

Maximum Enrollment: 50 | No Course Fee

International Classics SIG Facilitator: Frances Goodfriend, beginning Thursday, September 17, 1:30-3:00 pm. This SIG will meet the third Thursday of each month to enjoy international masterpieces of literature, by authors neither British nor American. There are many wonderful bestsellers from around the world that most Americans have never read or even know exist, and some great classics. The sessions will start with *Love in the Time of Cholera* by Gabriel Garcia Marquez of Colombia. Subsequent novels will be chosen by the group for October, November and December, perhaps something marvelous from Japan, South America, India or Africa! Handouts will be emailed to participants before each session.

Superb Sleuths SIG (Zoom)

Facilitator: Frances Goodfriend

*Dates and Times: Every 1st Wednesday of each month,
September 2, October 7, November 4 & December 2*

10:30 – 12 Noon

Course Location: Online Zoom Course

Maximum Enrollment: 50 | No Course Fee

Danger! Intrigue! Scull-diggery is afoot! This SIG will meet the first Wednesday of each month September through December, to consider and discuss some of the internationally best-selling mystery and thriller novels. Each was first in a series for a beloved detective, with many, many sequels. The sessions will start with September 2: *Gorky Park* by Martin Cruz Smith. (Is police detecting different in Russia?) Class participants will select the books for October 7, November 4, and December 2. Handouts will be emailed to participants before each session.

OUT OF THE BOX



Beginning Bridge SIG

Facilitator: Tom Stanwix-Hay

*Dates and Times: Tuesdays and Thursdays,
September 8 – October 6*

4 – 6 p.m.

Course Location: Lexington Bridge Club

Maximum Enrollment: 28 | No Course Fee

This is a beginning course. Open to anyone who is interested in learning how to play or becoming reacquainted with the game of bridge. Topics include modern bidding, play of the hand, beginning defense and scoring. This course is the first in a series of three bridge classes including bidding, play of the hand, and defense.

Bridge: Advanced Bidding SIG

Facilitator: Darryl Bennett

*Dates and Times: Tuesdays and Thursdays,
October 8 – November 10*

4 – 6 p.m.

Course Location: Lexington Bridge Club

Maximum Enrollment: 32 | No Course Fee

The Advanced Bidding SIG is intended for anyone with a basic knowledge of the Standard American bidding system. Classes will build on techniques learned in the Beginning Bridge SIG by teaching the two-over-one system and its ancillary parts. Anyone who knows basic bidding and play is welcome to attend.



OLLI Spring Luncheon
Spring 2026

Safety - Behavioral Awareness

Instructor: Linda S. Thomas

*Dates and Times: Tuesdays, October 27 – November 17
1 – 3 p.m.*

*Course Location: Beaumont Presbyterian Church,
Sunday School Room*

Maximum Enrollment: 25 | Course Fee: \$30

This engaging course teaches practical real-world safety awareness skills for everyday life, travel, shopping, social settings and on-line interactions. Drawing on the Instructor's 34-year career as a prison warden and corrections executive, students will learn how offenders identify opportunities, how to recognize warning signs, and how to reduce vulnerability without living in fear. This course is designed to help participants feel more confident, aware and prepared in today's world.

PERFORMING ARTS



Acting/Scene Study with The Lexington Theatre Company

Instructor: Catherine Gaffney

*Dates and Times: Wednesdays, September 9 – October 21
(no class September 23)*

2 – 3:30pm

Course Location: The Lexington Theatre Company

Maximum Enrollment: 15 | Course Fee: \$65

"All the world's a stage" at The Lexington Theatre Company - Central Kentucky's premiere professional theatre company. Explore this exciting course where you will learn basic acting and improv technique, as well as scene study and perhaps even a little Shakespeare! The study of acting has immense benefits for body, mind and spirit. Discover your inner storyteller and practice your creativity in a supportive group environment.

Beginner Violin for Life Long Learners

Instructor: Mary Elizabeth Henton

*Dates and Times: Wednesdays, September 9 – November 11
10 – 11:30 a.m.*

Course Location: Central Baptist Church, Choir Room

Maximum Enrollment: 15 | Course Fee: \$30

Whether you've always dreamed of learning the violin or are returning to music after years away, this course offers a welcoming and inspiring environment to begin your journey. Designed specifically for adults aged 50 and up, Beginner Violin for Lifelong Learners introduces the fundamentals of violin technique, music reading, and ensemble playing in a supportive, low-pressure setting. No previous experience is required—just curiosity and a willingness to explore! With an emphasis on hands-on learning, personal progress, and the joy of music-making, participants will develop confidence in basic posture, bowing, note reading, and playing simple songs. Along the way, we'll also touch on musical styles, listening skills, and practice strategies tailored for adult learners. Bring your own instrument or ask us about local rental options—we'll help you get set up for success.

Bluegrass Music Education and Sharing SIG

Facilitator: Richard Elliot

*Dates and Times: Every other Tuesday evening,
September 15 – November 10
7 – 8:30 p.m.*

Course Location: Private Home

Maximum Enrollment: 15 | No Course Fee

Participants will learn about bluegrass music in an open-circle jam environment. A bluegrass open circle jam is an informal and communal musical gathering where musicians sit or stand in a circle to play and sing traditional acoustic bluegrass tunes. It is not a performance, but a collaborative event for sharing music and improvising together. The jam consists of: • A song leader: One person in the circle chooses a song, calls out its name and key, and then starts it off with a "kickoff" lick to set the tempo and rhythm. • The "round robin": The turn to choose a song is passed sequentially around the circle, usually to the left. Participants can pass their turn if they don't have a song to lead.

Fall Mountain Dulcimer Gathering SIG

Facilitator: Jane Williams

*Dates and Times: Fridays, September 11 – November 20
10:30 – 12 Noon*

Course Location: Crestwood Christian Church, Room MC-4

Maximum Enrollment: 30 | No Course Fee

Dulcimer players of all levels are welcome. We will play tunes in D, G and A from around the region and beyond. We will learn some tunes in different modes and tunings. Our goal is to have fun playing the Kentucky state instrument.



OLLI Spring Luncheon
Spring 2026

Group Ballet with The Lexington Theatre Company

Instructor: Ayako Hasebe Lloyd

*Dates and Times: Mondays, September 14 – October 19
2 – 3 p.m.*

Course Location: The Lexington Theatre Company

Maximum Enrollment: 20 | Course Fee: \$35

Come dance with us at The Lexington Theatre Company - Central Kentucky's premiere professional theatre company. Center yourself and enjoy the grace and beauty of a ballet class, designed especially for adults. You will learn to move your body gently with elegance, grace, and control throughout the course of the class. Ballet is great for core strength, mobility, flexibility, and posture. All fitness/dance levels are welcome! Discover your inner dancer and practice your creativity in a supportive group environment.

Group Voice with The Lexington Theatre Company

Instructor: Chris Arroyo

*Dates and Times: Tuesdays, September 8 – October 13
2 – 3 p.m.*

Course Location: The Lexington Theatre Company

Maximum Enrollment: 20 | Course Fee: \$35

Come sing with us at The Lexington Theatre Company - Central Kentucky's premiere professional theatre company. Learn vocal technique and basic music theory in a fun and supportive group setting. Learn musical theatre repertoire and more, while discovering your voice and learning how to work as an ensemble.



“How Musicals are Made” with The Lexington Theatre Company

Instructor: Lyndy Franklin Smith

*Date and Time: Wednesday, November 4, 2026
10 – 12 Noon*

Course Location: The Lexington Theatre Company

Maximum Enrollment: 25 | Course Fee: \$30

Join us behind the scenes at The Lexington Theatre Company and learn how musicals are made. Come along with us on the journey from page to stage as we show you how we create our Broadway-caliber, locally-crafted professional mainstage productions featuring the Broadway stars of today and tomorrow. Enjoy a behind-the-scenes guided tour of their new facility at 2323 Alexandria Drive and take a deep dive with Co-Founder/Artistic Director Lyndy Franklin Smith on producing theatre at The Lex where “Musicals Make Life Better!” (*November Session will include a sneak peek of rehearsals for Irving Berlin's White Christmas; February Session may have a rehearsal sneak peek - but not guaranteed.)

Musical Theatre History with The Lexington Theatre Company

Instructor: Brance Cornelius

*Dates and Times: Tuesdays, September 29 – October 13
10:30 a.m. – 12 Noon*

Course Location: The Lexington Theatre Company

Maximum Enrollment: 25 | Course Fee: \$35

“Musicals Make Life Better” and at The Lexington Theatre Company - Central Kentucky's premiere professional theatre company, we believe it wholeheartedly. Compared to its older cousins, music and theatre, the history of Musical Theatre as an art form is relatively short. We'll learn the history of operetta, vaudeville, burlesque and musical comedy and how Rodgers & Hammerstein (and Agnes De Mille) changed everything. We'll trod the boards up and down 42nd Street, with a little song & dance to give our regards to Old Broadway!



OLLI Chorus

Instructor: John Stegner

Accompanist: Bobbie Bevins

*Dates and Times: Wednesdays, September 2 – December 2
(no class November 25)*

1 – 2:30 p.m.

Course Location: Southern Hills United Methodist Church, Sanctuary

Maximum Enrollment: 120 | Course Fee: \$50

OLLI Chorus is designed so that participants are provided an opportunity for growth and development while learning and singing quality choral music. A multitude of genres and musical styles, while dealing with proper vocal and choral techniques, will be emphasized in the preparation and rehearsal of the music. Students will be encouraged to sing with sense of blend and balance, striving for a professional choral sound. Join the chorus for an enjoyable, yet challenging experience.

Concert will take place at Frederick Douglass High School, Saturday, December 5 from 2 – 3 p.m.

Strum Into Joy: Beginning Ukulele for Lifelong Learners

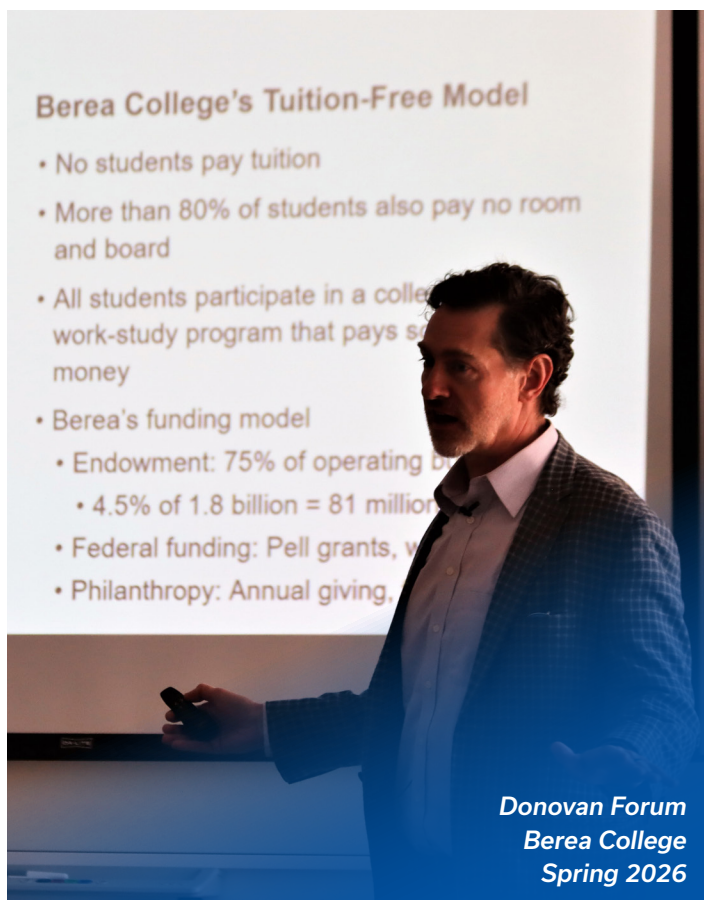
Instructor: Mary Elizabeth Henton

*Dates and Times: Mondays, September 14 – November 16
10 – 11:30 a.m.*

Course Location: Central Baptist Church, Choir Room

Maximum Enrollment: 15 | Course Fee: \$30

It's never too late to make music—and the ukulele is the perfect place to start! Strum Into Joy is a beginner-friendly course designed especially for adults aged 50 and up who want to explore the fun, expressive world of ukulele. Whether you've never played an instrument or are rekindling a love for music, this relaxed and welcoming class will guide you step-by-step through the basics. Participants will learn how to hold and tune the ukulele, play essential chords, read simple music and tablature, and strum along to well-known songs from a variety of genres. Each session builds skills at a gentle pace and emphasizes creativity, connection, and confidence. No prior experience required—just bring your uke and your curiosity.



SCIENCE & ENVIRONMENT



Cruising the Solar System (Zoom)

Instructor: Dr. Thomas Troland

Coordinator: Seetha Subramanian

*Dates and Times: Thursdays, August 27 – September 17
1:30 – 3:30 p.m.*

Course Location: Online Zoom Course

Maximum Enrollment: 50 | Course Fee: \$30

Don't settle for a Caribbean cruise! Cruise our Solar System instead from the comfort of your own home. This course will take you to the amazingly diverse surfaces of planets and satellites of the Solar System. Robotic space probes have returned a rich body of images and other information about these alien worlds. It's almost like going there yourself! Except you don't need a spacesuit and an air tank to stay alive!

Dinosaurs

Instructors: Daniel Phelps and Anna Watson

*Dates and Times: Mondays, September 21 – November 23
1 – 2:30 p.m.*

Course Location: Liberty Road Faith Fellowship, Kitchen

Maximum Enrollment: 35 | Course Fee: \$30

This course examines dinosaurs' interactions with their environment, their indirect influence on mammals, and implications for humankind. We will trace the history of dinosaurs to their extinction, and surveys the evolutionary, paleogeographic, environmental, and possible extraterrestrial causes for their rise to dominance and their sudden fall.



Spring Chorus Concert
The Hot Cookies
Spring 2026

Forget Me Not: Understanding Cognitive Aging and Dementia

Instructor: Diane Vance

*Dates and Times: Mondays, October 26 – November 16
1 – 3 p.m.*

Course Location: Liberty Road Faith Fellowship, Event Room

Maximum Enrollment: 35 | Course Fee: \$30

This course will give participants information related to the most common diseases that cause dementia (Alzheimer's, Lewy Body/Parkinson's Disease, vascular dementia, frontotemporal dementia, and LATE). We will describe brain changes that occur in normal aging and contrast these with disease changes. We will discuss some early symptoms of each disease that other people might observe, describe their diagnostic process, and the current treatment options. We will also discuss the importance of maintaining social connections for people with dementia, and provide tips on communication and dealing with behavior issues. Information about resources for caregivers will be included.

Gettin' Old Sux! (Or does it??)

Instructor: Diane Vance

*Dates and Times: Fridays, October 2 – 23
10 – 12 Noon*

Course Location: Liberty Road Faith Fellowship, Event Room

Maximum Enrollment: 35 | Course Fee: \$30

We are all in the process of "getting older" (no matter how old we are). This course will begin by talking about our attitudes related to aging. Then we'll discuss the biological basis of the normal changes that occur with age, ways we can adapt to these changes, and when to be concerned that they are outside the norm. We'll definitely take time to talk (and laugh!) with each other about our experiences. (We even have a class song. . .) Are you old enough to participate?

Keep Calm and Enrich On: History of Atomic Bomb Development

Instructor: Diane Vance

*Dates and Times: Tuesdays, September 29 – October 20
1 – 3 p.m.*

Course Location: Liberty Road Faith Fellowship, Event Room

Maximum Enrollment: 35 | Course Fee: \$30

This class will discuss the history of atomic bomb development from the discoveries of the 1930s to the dawn of the nuclear arms race. (There will be an emphasis on the work done at Oak Ridge, Tn., since OLLI might be doing a trip to Oak Ridge in the fall). We'll briefly explain how atomic bombs work and discuss the Manhattan project in light of the pressures of WWII, followed by the post-war decisions related to future development of nuclear weapons. Then we'll transition to today, and discuss what's being called "Manhattan Project 2.0" – the resurgence of nuclear energy-related activity to help supply power-hungry data centers. We'll emphasize the effects of this on Kentucky, where two companies have announced billion-dollar investments to resume uranium enrichment at the Paducah Department of Energy site. We'll also discuss the activities of the Kentucky Nuclear Energy Development Authority which seeks to develop nuclear energy-related projects in the Commonwealth.

Science Matters (Zoom)

Instructors: Multiple UK Professors

Coordinator: Seetha Subramanian

*Dates and Times: Fridays, October 2 – November 20
1:30 – 3 p.m.*

Course Location: Online Zoom Course

Maximum Enrollment: 50 | Course Fee: \$30

This course will expand students' view of science in all its glory. We will understand how science plays an important part in our lives, and become fascinated with all the variety of ways the cosmos affects us.



Spring Chorus Concert
The Hot Cookies
Spring 2026



Spring Chorus Concert
OLLI Chorus
Spring 2026

The Near-Death Experience: Examining What is Known

Instructor: David Roysse

*Dates and Times: Mondays, September 14 – October 12
1 – 2:30 p.m.*

Course Location: Beaumont Presbyterian Church, Fellowship Hall

Maximum Enrollment: 25 | Course Fee: \$30

Since Raymond Moody's book, *Life After Life* (1976), was published many other books and hundreds of professional journal articles have appeared in print on the topic of near-death experiences. Scientists, physicians, and others have explained the phenomenon in terms of anoxia, the influence of medications, or a maneuver of dying brains to distract us from a rapid approaching death. On the other hand, clergy, other professionals, and common people have related remarkable stories about their near-death episodes. This course will explore the phenomenon in terms of examining historic and current research with PowerPoint presentations, lectures, and discussion.

The Purposes of Plants? Reading Zoe Schlanger's "The Light Eaters" SIG

Facilitator: Jack Furlong

*Dates and Times: Mondays, November 2 – December 7
3 – 4:30 p.m.*

Course Location: Transylvania University

Maximum Enrollment: 15 | No Course Fee

The last decade has seen the publication of a number of books examining the prospect of plant cognition and behavior. Zoe Schlanger's recent contribution, *"The Light Eaters: How The Unseen World of Plant Intelligence Offers A New Understanding of Life on Earth"*, comes to us beautifully written, scientifically responsible, and intellectually provocative. That last trait shows itself in how she frames the wild territory of plant cognition research, claiming that "how to get our minds around all of that complexity is the shared professional problem of science and philosophy, but also of every person who has stopped to wonder." Reading this book with each other should encourage all of us to "stop to wonder".

The Unique Biology of the Hawaiian Islands

Instructor: Bill Burke

*Dates and Times: Wednesdays, October 7 – 28
1 – 2:30 p.m.*

Course Location: Twin Pines Christian Church, Adult Study Room

Maximum Enrollment: 20 | Course Fee: \$30

Aloha! In this course we will visit the Hawaiian Islands (at least through PowerPoint slides) and discover its unique biology. The extreme isolation of the islands and the diversity of habitats from dry grasslands and tropical rain forests to alpine environments with snow (yes, snow) has resulted in the creation of a variety of unique ecosystems. Prior to the arrival of humans, 90% of native land species and 25% of native marine species were found no place else in the world. The arrival of Polynesians and, even more so, other ethnic groups to follow has had a major impact on the Hawaiian environment. Let's travel through the history of the Hawaiian Islands from the volcanic eruptions that created them to the present characteristics of our 50th state.

VISUAL ARTS



A Survey of Painting Techniques

Instructor: Joe Schum

*Dates and Times: Tuesdays, September 8 – November 17
(no class October 13)*

10 a.m. – 12 Noon

Course Location: Beaumont Presbyterian Church, Fellowship Hall

Maximum Enrollment: 34 | Course Fee: \$50

Several painting techniques will be demonstrated in class: Wet in wet (made famous by Bob Ross), palette knife painting (used by Van Gogh), grisaille (color glazes over a black and white image, widely used by the old masters), special brush techniques (such as double color loading used in decorative art), and abstract painting techniques.

An Introduction to Painting

Instructor: Joe Schum

*Dates and Times: Tuesdays, September 8 – November 17
(no class October 13)*

1 – 3 p.m.

Course Location: Beaumont Presbyterian Church, Fellowship Hall

Maximum Enrollment: 34 | Course Fee: \$50

In this course, students will be directed to complete one painting in each 2 hour session. The instructor will demonstrate each step as students follow along. Each painting will be a new composition, for a total of 10 different paintings for the semester. The instructor will use acrylic paints most often, but students may also use oils, if preferred.

Barn Quilt Creations

Instructor: Cathy Sparks

*Dates and Times: Thursdays, October 1 – 29
10 – 12 Noon*

Course Location: Crestwood Christian Church, Art Room

Maximum Enrollment: 15 | Course Fee: \$65

Each class will start with a demonstration of doing a grid drawing onto a board for a particular barn quilt pattern, followed by taping and painting techniques required for the preciseness required for painting geometric shapes onto barn quilt board. Each demonstration session is followed by participant-directed questions. Teacher will view participant work throughout class time and help those who were absent from the previous class session. After each class, participants may take home boards and supplies, if they feel comfortable to work on barn quilt at home.



Lexington Open House
Spring 2026



Lexington Open House
Spring 2026

FALL 2026

UK WELLNESS OPPORTUNITIES

Johnson Recreational Center (additional fee required)

430 Complex Dr, Lexington, KY 40506

<https://studentsuccess.uky.edu/campus-recreation/johnson-center>

Fall schedule begins September, 2026

Hours of Operation (subject to change):

Sunday: 11 a.m. - 12 a.m.

Monday - Friday: 6 a.m. - 12 a.m.

Saturday & Sunday: 9 a.m. - 9 p.m.

Alumni Gym (additional fee required)

Gatton Student Center, 160 Avenue of Champions,
Lexington KY 40508

<https://studentsuccess.uky.edu/campus-recreation/alumni-gym>

*** (students can check dates and times by using the link above) ***

Additional fee payable to JC/Alumni Gym; this fee allows members access to both facilities. Please visit JC/Alumni Gym website for current membership rates.

Fall schedule begins September, 2026

Hours of Operation (subject to change):

Sunday: 11 a.m. - 12 a.m.

Monday - Friday: 6 a.m. - 12 a.m.

Saturday & Sunday: 9 a.m. - 9 p.m.

HOW TO PARTICIPATE

OLLI members are welcome to take advantage of the wellness opportunities on UK's campus. Members are subject to all facility rules and regulations. An additional fee is required and can be paid directly to the Johnson Center/Alumni Gym.

HOW TO REGISTER:

Register by listing as a course on your registration form. A list of OLLI members registering for the following will be sent to the facilities.

Complete the **2026 - 2027 OLLI Risk Release** on the back of the registration form (pg 41 & 42) and return it to OLLI at UK prior to participation. Contact UK Transportation at 859-257-5757 for information on parking locations and fees.

Pay additional fee directly to Johnson Center/Alumni Gym.

Lancaster Aquatic Center

(no additional fee required)

Corner of Complex Drive and University Drive

<https://studentsuccess.uky.edu/campus-recreation/lancaster-aquatic-center>

(students can check dates and times by using the link above)

Access begins September, 2026

Lap swim hours (Dates and times subject to change, and hours may vary due to campus events; check the website link above before visiting):

Monday - Friday: 10 a.m. - 2 p.m.

Monday - Thursday: 6:15 - 8:15 p.m.

Friday: 6:15 - 7:15 p.m.

Saturday: 2 - 4 p.m.

Sunday: 12 - 2 p.m.

HOW TO PARTICIPATE

1. Register with OLLI
2. Upon arrival, request a swipe card in the pool lobby.

CONTACT THE FACILITIES

Johnson Recreational Center

Johnson Center Control Desk:

859 257-9383

Alumni Gym

Alumni Gym Control Desk:

859 257-6680

Lancaster Aquatic Center

Lancaster Aquatic Center Control Desk:

859 257-7940

Fall 2026 MOREHEAD

All Course Offerings

COMPUTERS & TECHNOLOGY



Amateur (Ham) Radio

Instructor: Danny Dantzler

Date and Time: Tuesday, October 6, 2026

10 a.m. – 12 Noon

Course Location: First Baptist Church, Fellowship Hall

Maximum Enrollment: 25 | Course Fee: \$20

What is amateur radio? This class will present and overview of ham radio beginning in the early days of radio. We will explain the basics of radio and ham radio operating activities including moon bounce, satellites, and contacting far away stations.

CULTURE



OSHER Classic Movie Series SIG

Facilitators: Vicente Cano and Dennis Karwatka

Dates and Times: Mondays, September 14 – October 19

(No class October 12)

12:30 p.m. – 3:30 p.m.

Course Location: Rowan County Public Library, Community Room

Maximum Enrollment: 30 | No Course Fee

Students will watch five motion pictures that exhibit certain cultural characteristics. Class discussion will center around those characteristics as well as aspects associated with the film production.

Pilgrimages of the World

Instructor: Royal Berglee

Date and Time: Tuesday, October 20, 2026

10 a.m. – 3:30 p.m. (10 – 12 Noon for talk - with hour and half break - and meet at park at 1:30 – 3:30 pm for field trip/park walk)

Course Location: First Baptist Church, Fellowship Hall

Maximum Enrollment: 18 | Course Fee: \$20

This course will focus on the purpose of a pilgrimage and various common destinations. Individuals embark on pilgrimages from all walks of life from many different cultures. Pilgrimages travel with a specific purpose to a specific destination, often for spiritual or personal reasons. Examples of pilgrimages from around the world will be examined and illustrated. After the formal session an optional visit with a short walk (pilgrimage) will be available for participants at a local private park.

HEALTH & WELLNESS



A Matter of Balance: Managing Concerns About Falls SIG

Facilitators: Kelly Waite and Debbie Williams

Dates and Times: Tuesdays and Thursdays, November 3 – December 3 (no class November 24 and 26)

9:30 – 11:30 a.m.

Course Location: First Baptist Church, Fellowship Hall

Maximum Enrollment: 12 | No Course Fee

A Matter of Balance: Managing Concerns About Falls is an evidence-based program designed to help older adults address their fears or concerns about falling and increase their activity level. The lessons are based on cognitive restructuring, gaining knowledge, and learning skills and exercises to decrease the risk of falling and improve confidence and ability in staying physically active as you age. This course is provided by AmeriCorps Seniors' Retired and Senior Volunteer Program.

Cooking Demonstration Class

Instructors: Carolyn Franzini, Jerry Hart, Jim Masterson, and Debbie Williams

Dates and Times: Fridays, October 2 – 30 (no class October 16) 11 – 12:30 p.m.

Course Location: First Baptist Church, Basement Kitchen

Maximum Enrollment: 12 | Course Fee: \$35

Members of the Morehead community will demonstrate cooking during each class. They will share their love of cooking, special techniques and recipes. Class members will get a sample of the dishes prepared. Demonstrating cooks:

Oct. 2 – Carolyn Franzini – Chicken Squares

Oct. 9 – Jerry Hart – White Chocolate Mousse

Oct. 23 – Jim Masterson – Thai Penang Curry

Oct. 30 – Debbie Williams – Zucchini Lasagna

PLEASE NOTE: Course fee includes food cost.



Morehead Open House
Fall 2025



Forest Bathing

Instructor: Ann Andaloro

*Dates and Times: Mondays, September 14 – October 5
10 – 11 a.m.*

Course Location: First Baptist Church, Fellowship Hall

Maximum Enrollment: 15 | Course Fee: \$25

Forest bathing, is the Japanese practice of immersing yourself in forests to enhance mental and physical well-being through mindful sensory engagement. This course will explore the health benefits of being outdoors by communing with nature. It will enhance meditation by exploring Daniel Boone National Forest, Cave Run Lake, Eagle Lake, and Rodburn Hollow. Forest bathing is an excellent way to provide calm in an often hectic and stressful life.

Sit and Be Fit (Chair Exercise Group)

Instructors: Jackie Bailey and Johnda Estep

*Dates and Times: Thursdays, September 10 – October 8
10 – 11 a.m.*

Course Location: First Baptist Church, Fellowship Hall

Maximum Enrollment: 15 | Course Fee: \$25

This course is for people looking for a convenient way to exercise at home without the need for setting up and using specialized equipment or for getting down on the floor. We will offer exercises that are designed to be done while seated in a chair or with the assistance of a chair. Any standing exercises will be done with the support of a chair for stability. Resistance bands of a strength suitable for the participant will be used while seated in a chair, replacing the need for separate hand weights or other exercise equipment. The pacing will be determined by participants.

PLEASE NOTE: For this class, we asked that participants please bring any resistance bands that they might already have.

Yoga for All

Instructor: Carolyn Moore

*Dates and Times: Mondays, September 14 – October 19
10:30 a.m. – 12 Noon*

Course Location: First Baptist Church, Fellowship Hall

Maximum Enrollment: 12 | Course Fee: \$25

This course will offer introductory yoga. Yoga is helpful for developing strength, flexibility and balance. This course should be appropriate for those new to yoga and those with some yoga experience.

HISTORY & GOVERNMENT



Great Decisions SIG (Hybrid)

Facilitator: Bob Lindahl

*Dates and Times: Tuesdays, September 8, 15; October 13, 20, 27;
Wednesdays, November 4, 11, 18
10 – 11:30 a.m.*

Course Location: First Baptist Church, Fellowship Hall & Zoom

Maximum Enrollment: 20 Each | No Course Fee

The Foreign Policy Association's Great Decisions SIG provides information and a format for members to discuss critical global issues facing America today. Members exercise critical thinking skills and share their personal understandings of issues that are sometimes complex and controversial. We will rely primarily on the 2025 Great Decisions briefing book in covering the following four topics: 5. Ukraine & Global Security 6. Multilateral Institutions 7. U.S. Engagement of Africa 8. The Future of Human Rights. Each topic will generally be discussed over a period of two sessions, starting with a DVD presentation. This briefing book can be purchased by going to fpa.org or Coffee Tree bookstore. A Kindle version is available at this site.

LANGUAGES



Spanish for Beginners and Review

Instructor: Carolyn O'Brien

*Dates and Times: Wednesdays, November 4 – December 16
(no class November 25)*

1:30 – 3 p.m.

Course Location: First Baptist Church, Fellowship Hall

Maximum Enrollment: 20 | Course Fee: \$25

Join us to learn and practice basic Spanish phrases to give and ask for information. Classes will include direct instruction, active practice activities, music, short listening segments and suggestions to continue learning and practice. Learn numbers and various ways to use them. We'll include body parts and doctor visits. The course is designed for true beginners as well as for those who may have forgotten the Spanish they learned in high school. Previous students will find some new vocabulary in this course.



**Senior Medicare Patrol
Fall 2025**

LITERATURE



Non-Fiction Book Discussion Group SIG

Facilitator: Judith Stafford

Dates and Times: 2nd Monday of each month, September 14, October 12, November 9, and December 14
2 – 4 p.m.

Course Location: Coffee Tree Books

Maximum Enrollment: 10 | No Course Fee

Members will select different Non-Fiction books for discussion. Spring semester couple of the books discussed were; Normal Women by Philippa Gregory and Difficult Conversations by Stone, Patton and Heen. A lively discussion leads to new knowledge and exploration of different points of views.

OUT OF THE BOX



TED Talks SIG

Facilitator: Drew Henderson

Dates and Times: Wednesdays, September 23 – October 14
10 – 11:30 a.m.

Course Location: First Baptist Church, Fellowship Hall

Maximum Enrollment: 20 | No Course Fee

This SIG will revolve around the class watching a series of TED Talks with ensuing discussion. Each session will typically include a medium-length video (15-20 minutes in length) and at least one shorter video (< 10 minutes). After each video will be a period of (hopefully!) meaningful and enthusiastic discussion which will linger in the minds of the participants for hours, days, or even millennia!

PERFORMING ARTS



Bluegrass Music: Origins, Themes, Heart and Soul

Instructor: Carol J Laferty Dantzler

Dates and Times: Tuesdays, September 22 and 29
10 a.m. – 12 Noon

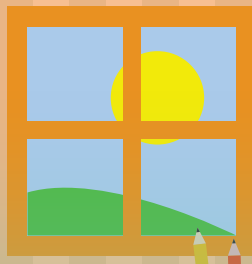
Course Location: First Baptist Church, Fellowship Hall

Maximum Enrollment: 20 | Course Fee: \$25

In this course about Bluegrass Music we will explore the influences and origin of the music, instruments typically used, and themes prominent in the real-life, downhome lyrics. We will look at the first and second generations of musicians and performers. We will discuss how Morehead State University's Kentucky Center for Traditional Music came into being, and the impact it and other colleges with programs dedicated to Bluegrass/Traditional Music have made on the students who wish to learn and perform the music professionally. We will talk about the many venues to go hear and enjoy the music we call Bluegrass.



*Mysterious Stone Sites &
Neolithic Monuments of the Ancient World
Fall 2025*



Fall 2026 LEXINGTON & MOREHEAD Online Course Offerings

CULTURE



Classics of French Cinema (Hybrid)

Instructor: Ed Reeves

*Dates and Times: Fridays, September 18 – December 4
(no class November 27)*

1 – 4 p.m.

Course Location: Beaumont Presbyterian Church, Fellowship Hall & Zoom

Maximum Enrollment: 25 In-Person, 25 Zoom

Course Fee: \$30

France launched one of the world's first theatrical film industries—and has been shaping cinema ever since. In this course, we'll screen ten essential classics, from a silent-era masterpiece through defining movements such as poetic realism, the tradition of quality, the French New Wave, and later landmarks. We'll encounter films by major directors including Renoir, Carné, Godard, Varda, and Tati. You'll find everything from tragedy to comedy across the lineup. Our discussions will explore technique and style, historical and cultural context, and each film's lasting influence. No film-study background is needed—just curiosity about filmmaking and film history. (Note: all films are in French with English subtitles.)

Lifelong Philosophy SIG (Zoom)

Facilitator: Maryann Wellman

*Dates and Times: Fridays, September 4 – December 11
(no class November 27)*

10 – 11:30 a.m.

Course Location: Online Zoom Course

Maximum Enrollment: 25 | No Course Fee

The Lifelong Philosophy SIG is a discussion group addressing contemporary issues which incorporate historical philosophical concepts. Members meet weekly and dialog informally about a social, ethical or humanist topic selected by the group within certain broad categories such as art, science, medical advances, technology, etc. Additionally, members periodically share their experiences with books, films and other media that convey a particular philosophical theme and/or stimulate deeper thinking. SIG members who so choose gather socially from time to time to strengthen the bonds of friendship among members and share ideas in a relaxed setting.

Parables of Jesus: In Middle-Eastern Eyes (Zoom)

Instructor: George Martin

*Dates and Times: Mondays, October 5 – November 2
10 – 11:30 a.m.*

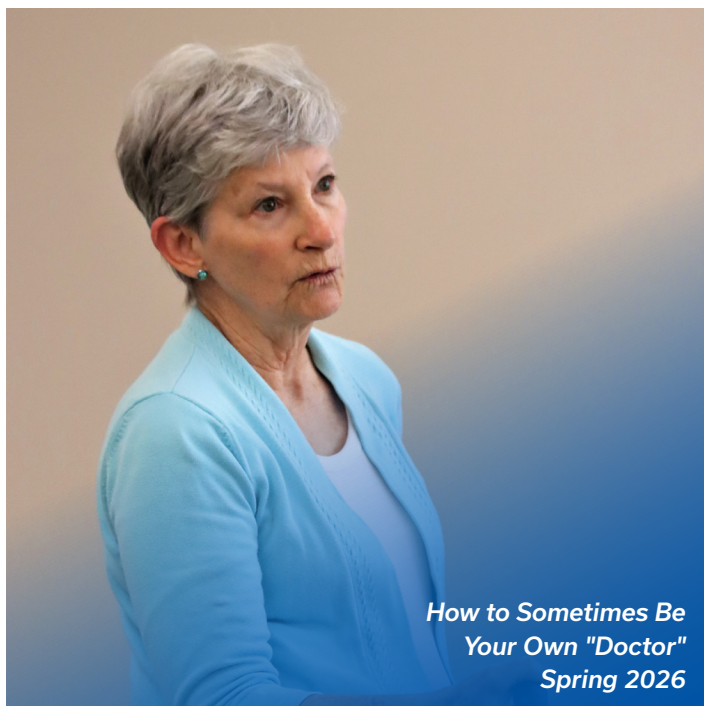
Course Location: Online Zoom Course

Maximum Enrollment: 40 | Course Fee: \$30

Professor Kenneth Bailey (1930-2016) lived and taught the New Testament in Egypt, Lebanon and Jerusalem. You will be amazed with his insights into the parables of Jesus. From ancient times these parables still retain their power to shock and dismay us, as we also consider just how radical is God's mercy. Change comes slowly in the Middle East. These are parables from an ancient world of peasants. These weren't stories of the famous or most powerful, but simple human beings in everyday life. The Rev. Dr. George Martin (retired Episcopal priest and a Lutheran Pastor) knew Dr. Bailey. The key book by Bailey is "Poet and Peasant". It is not required reading, but all who attend will be amazed at what these parables reveal.



*Fashions of the Past:
What We Wore, Who We Are
Spring 2026*



HEALTH & WELLNESS



Fall Prevention & Home Safety Strategies (Hybrid)

Instructor: Stephanie Tewes

Date and Time: Friday, October 2, 2026

10 – 11:30 a.m.

Course Location: Crestwood Christian Church, Chalice Hall & Zoom

Maximum Enrollment: 30 In-Person, 40 Zoom

Course Fee: \$20

Join Stephanie Tewes, Fall Prevention Specialist & Care Coordinator at Kendal at Home, for an informative workshop on reducing falls and staying safe at home. Learn practical safety tips, balance exercises, and emergency preparedness strategies to create a safer living environment and maintain independence in your home.

Finding Your Spunk in Your 60s, 70s, 80s. Rediscovering You and the Life You've Always Wanted (Hybrid)

Instructor: Christine Klein

Date and Time: Thursday, October 15, 2026

1 – 2:30 p.m.

Course Location: Crestwood Christian Church, Chalice Hall & Zoom

Maximum Enrollment: 40 In-Person, No Limit Zoom

Course Fee: \$20

Getting older isn't easy! Chris Klein (67) knows firsthand that feeling worthwhile, productive, and vibrant can be a struggle as we age. She relied on her research skills, collected advice from the experts, and talked to people just like us to publish a book with the same title as this presentation. She'll share what she learned about facing and overcoming some of the most common challenges in this stage of our life. You'll leave feeling energized and ready to take action.

OLLI Fitness (Hybrid)

Instructors: Josette Garstka and Karie Boneau

Dates and Times: Mondays, Wednesdays, & Fridays,

September 9 – December 4 (no class November 25 and 27)

11:30 a.m. – 12:30 p.m.

Course Location: Crestwood Christian Church Gymnasium & Zoom

Maximum Enrollment: 75 In-Person, No Limit Zoom

Course Fee: \$40

This course features aerobic and strength training to improve physical fitness, strength, flexibility and cardiovascular endurance. A typical class begins with cardiovascular work for 30 minutes. Class will also include rhythmic limbering and endurance work, strength work using light weights, muscle toning and stretching.

REQUIRED MATERIALS: Water bottle, weights, and mat.

Slow Flow Yoga (Hybrid)

Instructor: Josette Garstka

Dates and Times: Tuesdays & Thursdays,

September 8 – December 3 (no class November 26)

11:30 a.m. – 12:30 p.m.

Course Location: Crestwood Christian Church Gymnasium & Zoom

Maximum Enrollment: 75 In-Person, No Limit Zoom

Course Fee: \$30

This class will be a Vinyasa style yoga class connecting breath to movement. Each class will begin with short breathing and meditation exercises, moving into Sun Salutations. Each class will include a practice of basic yoga postures and how to link these with our breath to create a balance between the mind and body. Many options will be offered for the postures so all levels can participate. Each class will incorporate core exercises for strength, stretching to increase flexibility, balance work and relaxation postures for stress release. Students should be able to get up and down from the floor.

REQUIRED MATERIALS: Yoga mat, strap, water bottle, and yoga blocks.

Thrive at Home: Successful Aging in Place (Hybrid)

Instructor: Wendy Feters and Stephanie Tewes

Date and Time: Friday, September 25, 2026

10 – 11:30 a.m.

Course Location: Fayette County Extension Office & Zoom

Maximum Enrollment: 30 In-Person, 40 Zoom

Course Fee: \$20

Learn practical strategies to stay healthy, independent, and safe in your own home as you age. This course explores the key elements of aging in place, including home safety, healthcare planning, community resources, and lifestyle habits that support physical and emotional well-being. Whether you're planning for yourself or helping a loved one, this class offers valuable tools for thriving at home—on your terms.



Lee Edgerton
Going Away Celebration
Spring 2026

HISTORY & GOVERNMENT



Giving Form to the Declaration's Principles: The United States Constitution, Its origins, Creation, Amendments, and Interpretations (Zoom)

Instructor: Larry Hood

*Dates and Times: Wednesdays, September 9 – October 7
10 a.m. – 12 Noon*

Course Location: Online Zoom Course

Maximum Enrollment: 20 | Course Fee: \$30

This course will consider the US Constitution's antecedents: the Judeo/Christian understanding of reality and Greco-Roman ideals concerning the cultivation of the mind and the proper structure of government filtered through the Ancient, Medieval, and Modern World eras. We will study the actual writing of the constitution and how it has been amended and interpreted up to the present. All course attendees will be encouraged to contribute their own thoughts and historical interpretations and participate in discussions.

Great Decisions SIG (Hybrid)

Facilitator: Bob Lindahl

*Dates and Times: Tuesdays, September 8, 15; October 13, 20, 27;
Wednesdays, November 4, 11, 18
10 – 11:30 a.m.*

Course Location: First Baptist Church, Fellowship Hall & Zoom

Maximum Enrollment: 20 In-Person, 20 Zoom
No Course Fee

The Foreign Policy Association's Great Decisions SIG provides information and a format for members to discuss critical global issues facing America today. Members exercise critical thinking skills and share their personal understandings of issues that are sometimes complex and controversial. We will rely primarily on the 2025 Great Decisions briefing book in covering the following four topics: 5. Ukraine & Global Security 6. Multilateral Institutions 7. U.S. Engagement of Africa 8. The Future of Human Rights. Each topic will generally be discussed over a period of two sessions, starting with a DVD presentation. This briefing book can be purchased by going to fpa.org or Coffee Tree bookstore. A Kindle version is available at this site.

John Clark and Ann Rogers Clark, the First Family of the First Frontier (Hybrid)

Instructor: Kenneth Golliher

*Dates and Times: Mondays, September 14 – October 12
10 – 11:30 a.m.*

Course Location: Central Baptist Church, Meeting Room 3 & Zoom

Maximum Enrollment: 30 In-Person & Zoom

Course Fee: \$30

This is the story of the family of John and Ann Rogers Clark at the genesis of the United States. Married in 1749 in the tidewater area of Virginia, the Clarks are among those who move the frontier westward by emigrating into Virginia's far western county, Kentucky. Participants will discover how all ten of the Clark children and their spouses make individual contributions to history and as they go from "sea to shining sea" in two generations. Of the six sons, five serve in the American Revolution as officers. Three ultimately become Generals in the militia. One of those Generals, George Rogers Clark, is credited with conquering the Northwest Territory. General Jonathan Clark lived in Kentucky and left a diary spanning many years of American history. The son who was too young to go to war is William Clark, a headliner of the Lewis and Clark expedition of 1803 – 1806 and the first federal Superintendent of Indian Affairs. The four Clark daughters are scions of families whose surnames punctuate the early history of Kentucky before and after statehood. Two of them were mistresses of legendary Kentucky properties, "Locust Grove" and "Soldiers Retreat."

Kentuckians and the Winning and Defense of the "OLD NORTHWEST" (Midwest) - American Revolution through the War of 1812 (Hybrid)

Instructor: Phil Maxson

*Dates and Times: Wednesdays, September 30 – November 4
2 – 3:30 p.m.*

Course Location: Second Presbyterian Church, Forum Room & Zoom

Maximum Enrollment: 40 In-Person, 10 Zoom

Course Fee: \$30

We will discuss the background and critical actions taken by Kentuckians during the American Revolution followed by the Indian Wars of the 1790s and concluding with the War of 1812. The result was after winning the Midwest in the Revolution, the region had to be defended through the War of 1812.

Kentucky Politics in the Grand American Republic (Zoom)

Instructor: Larry Hood

*Dates and Times: Wednesdays October 28 – November 25
10 a.m. – 12 Noon*

Course Location: Online Zoom Course

Maximum Enrollment: 20 | Course Fee: \$30

This course will look back in history, beginning in 1774, to explore Kentuckians' understanding of and experiences in: 1) political ideology, 2) the structures of governmental power, 3) class conflict and politics, 4) race and gender issues in politics 5) the partisan pursuit of power, and 6) post-modern multiculturalism and politics. All course attendees will be encouraged to contribute their own thoughts and participate in discussions.

Pundits, Polls & Politics!

The 2026 Mid-term Election! (Zoom)

Instructor: Doug Stowell

Date and Time: Thursday, October 29, 2026

10 – 11:30 a.m.

Course Location: Online Zoom Course

Maximum Enrollment: 300 | Course Fee: \$20

On November 3, all 435 seats in the U.S. House of Representatives and 35 in the Senate will be up for re-election! Hundreds of local and state offices/issues will be settled! Turn-out in POTUS elections is around 60%. Mid-terms? Barely 40%! This mid-term may be more consequential than any recent election. So, let's dig into all the national issues, looking at how they rank - by party affiliation, generation and region. We'll look at some of the better forecasts or results and we'll conduct our own on-line, in-class polls of issues/results. Yes, we will forecast the House - Senate results by party!

LITERATURE



Banned Books SIG (Zoom)

Facilitator: Frances Goodfriend

Dates and Times: Every 3rd Thursday of each month, September 17, October 15, November 19 & December 17

10:30 – 12 Noon

Course Location: Online Zoom Course

Maximum Enrollment: 50 | No Course Fee

Many renowned books have been banned or restricted. How do you feel about censorship? Should someone have to right to restrict what you can read? Is it ever appropriate? What justification? This SIG will meet the third Thursday of each month at 10:30 am via Zoom, to discuss great novels that have been banned for some reason. September 17: The Boy in the Striped Pajamas, by John Boyne. The books for October 15, November 19 and December 17 will be selected by the group from a master list. Handouts will be emailed a few days before each session.

International Classics SIG (Zoom)

Facilitator: Frances Goodfriend

Dates and Times: Every 3rd Thursday of each month, September 17, October 15, November 19 & December 17

1:30 – 3 p.m.

Course Location: Online Zoom Course

Maximum Enrollment: 50 | No Course Fee

International Classics SIG Facilitator: Frances Goodfriend, beginning Thursday, September 17, 1:30-3:00 pm. This SIG will meet the third Thursday of each month to enjoy international masterpieces of literature, by authors neither British nor American. There are many wonderful bestsellers from around the world that most Americans have never read or even know exist, and some great classics. The sessions will start with Love in the Time of Cholera by Gabriel Garcia Marquez of Colombia. Subsequent novels will be chosen by the group for October, November and December, perhaps something marvelous from Japan, South America, India or Africa! Handouts will be emailed to participants before each session.

Superb Sleuths SIG (Zoom)

Facilitator: Frances Goodfriend

Dates and Times: Every 1st Wednesday of each month, September 2, October 7, November 4 & December 2

10:30 – 12 Noon

Course Location: Online Zoom Course

Maximum Enrollment: 50 | No Course Fee

Danger! Intrigue! Scull-duggery is afoot! This SIG will meet the first Wednesday of each month September through December, to consider and discuss some of the internationally best-selling mystery and thriller novels. Each was first in a series for a beloved detective, with many, many sequels. The sessions will start with September 2: Gorky Park by Martin Cruz Smith. (Is police detecting different in Russia?) Class participants will select the books for October 7, November 4, and December 2. Handouts will be emailed to participants before each session.

SCIENCE & ENVIRONMENT



Cruising the Solar System (Zoom)

Instructor: Dr. Thomas Troland

Coordinator: Seetha Subramanian

Dates and Times: Thursdays, August 27 – September 17

1:30 – 3:30 p.m.

Course Location: Online Zoom Course

Maximum Enrollment: 50 | Course Fee: \$30

Don't settle for a Caribbean cruise! Cruise our Solar System instead from the comfort of your own home. This course will take you to the amazingly diverse surfaces of planets and satellites of the Solar System. Robotic space probes have returned a rich body of images and other information about these alien worlds. It's almost like going there yourself! Except you don't need a spacesuit and an air tank to stay alive!

Science Matters (Zoom)

Instructors: Multiple UK Professors

Coordinator: Seetha Subramanian

Dates and Times: Fridays, October 2 – November 20

1:30 – 3 p.m.

Course Location: Online Zoom Course

Maximum Enrollment: 50 | Course Fee: \$30

This course will expand students' view of science in all its glory. We will understand how science plays an important part in our lives, and become fascinated with all the variety of ways the cosmos affects us.



FALL 2026 COURSE LOCATIONS



LEXINGTON

Ashland - The Henry Clay Estate

120 Sycamore Road, Lexington, KY 40502

Beaumont Presbyterian Church

1070 Lane Allen Road, Lexington, KY, 40504

Bluegrass Youth Ballet

442 Southland Drive, Lexington, KY 40503

Central Baptist Church

110 Wilson Downing Road, Lexington, KY, 40517

Central Kentucky Computer Society

160 Moore Drive, #107, Lexington, KY, 40503

Crestwood Christian Church

1882 Bellefonte Drive, Lexington, KY, 40503

Fayette County Extension Office

1140 Harry Sykes Way, Lexington, KY 40504

Julius Marks Elementary

3277 Pepperhill Road, Lexington, KY 40502

Lexington Bridge Club

3517 Lansdowne Drive, Lexington, KY, 40517

LEXINGTON (continued)

Lexington Public Library, Eastside Branch

3000 Blake James Drive, Lexington, KY 40509

Lexington Senior Center

195 Life Lane, Lexington, KY, 40502

Liberty Road Faith Fellowship

2734 Liberty Road, Lexington, KY 40509

Second Presbyterian Church

460 E Main Street, Lexington, KY 40507

Southern Hills United Methodist Church

2356 Harrodsburg Road, Lexington, KY, 40503

The Lexington Theatre Company

2323 Alexandria Drive, Lexington, KY, 40504

The Living Arts & Science Center

362 N Martin Luther King Blvd, Lexington, KY 40508

Transylvania University

300 N Broadway, Lexington, KY 40508

Twin Pines Christian Church

1139 Tanbark Road, Lexington, KY, 40515

MOREHEAD

CoffeeTree Books & The Fuzzy Duck

159 East Main Street, Morehead, KY, 40351

First Baptist Church

123 East Main Street, Morehead, KY, 40351

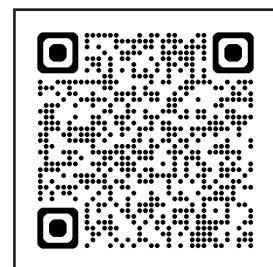
Rowan County Public Library

175 Beacon Hill Rd Drive, Morehead, KY 40351

Course Location Maps & Directions

For helpful, visual maps and directions to OLLI Course Locations, please scan the QR code to the right, or visit the following link below:

<https://olliatuk.uky.edu/olliatuk-course-locations>



SUPPORT OLLI AT UK



Support OLLI at UK

Your donation will provide immediate and long-term support for the Osher Lifelong Learning Institute at the University of Kentucky, including the creation of new, innovative programming and dedicated classroom space. Together we will ensure the rich tradition of lifelong learning as UK continues to grow and thrive. All gifts will be used to support OLLI's mission.

There are several creative ways to give to the OLLI at UK. Opportunities range from cash gifts which cover yearly operating expenses to endowments.

Donate Online

Use the following link to donate:

<https://give.uky.edu/campaigns/47193/donations/new>



← Or use the following QR code.

Donate By Mail

Mail check to:

OLLI at UK c/o
University of Kentucky Philanthropy
210 Malabu Drive Suite 200
Lexington, KY 40502
(Or include with Fall registration)

Make a Gift Tax-Free with an Individual Retirement Account (IRA)

You can give any amount (up to a maximum of \$100,000) per year from your IRA directly to a qualified charity such as the OLLI at UK without having to pay income taxes on the money. Gifts of any value \$100,000 or less are eligible for this benefit. This gift option is commonly called the IRA charitable rollover, but you may also see it referred to as a qualified charitable distribution, or QCD for short.

Leave a Legacy Through Planned Giving

Planned Gifts can be made through many vehicles, including your will, revocable or irrevocable trusts, charitable gift annuities, donor advised funds and other arrangements that offer benefits for both you and lifelong learning. Many Planned Gifts offer tax advantages for you and/or your heirs.

To setup planned giving, contact UK Gift and Estate Planning:

- **EMAIL:** giftandestate@uky.edu
- **PHONE NUMBER:** 859-257-7886
- **WEBSITE:** plannedgiving.uky.edu

FALL 2026 OLLI INSTRUCTORS

Ann Andalaro

Ann Andalaro is originally from the Chicago area. Her students call me Doc Ann. Ann has been teaching at Morehead State University for over twenty years. She loves the outdoors. Ann loves being active, but at this time she is trying to be more meditative and reflective.

Chris Arroyo

Chris Arroyo is a Teaching Artist from The Lexington Theatre Company ("The Lex") a professional regional theatre company in its second decade of creating professional theatre and training the next generation of theatre artists so that our community can enjoy a shared experience of masterful storytelling. The Lexington Theatre Company believes wholeheartedly in lifelong learning and is known for its supportive environment for training artists of all ages and stages. Chris holds a Bachelor of Music from University of Iowa and a Master of Voice Performance from Manhattan School of Music. She has performed with American Music Theater/Young Americans, John Brownlee Opera, and New York Lyric Opera. The Lexington Theatre Company believes wholeheartedly in lifelong learning and is known for its supportive environment for training artists of all ages and stages.

Jackie Bailey

Jackie Bailey is a resident of Morehead, KY who graduated from Morehead State University with a degree in education. She spent 30 years working for the Kentucky Department of Health and Family Services, retired, then worked as an Academic Department Specialist in the College of Science and Technology at MSU and retired again.

Boone Baldwin

Boone Baldwin has been retired from Baldwin Distributing since 2013. He has been interested in photography for over 40 years. He owned Boone Photo Graphics, an event photography business, for 23 years. After joining the Central Kentucky Computer Society in 2010, he has been an instructor in every photography class since that time. He is currently a board member of the Central Kentucky Computer Society and a member of the Thursday morning Amateur Photographers Club. Boone has been a lifelong railroad enthusiast. He was a founder, a charter member, and the first president of the Bluegrass Railroad Museum.

Darryl Bennett

Darryl Bennett is a retired engineer and has been a Lexington resident 41 years. He graduated from the Missouri University of Science & Technology and from the University of Kentucky. He has been playing bridge for more than 50 years, and loves introducing the game to others.

Royal Berglee

Royal Berglee PhD is a professor emeritus of Global Studies at Morehead State University. He is originally from Montana. He has taught university courses in International Studies and Geography. Dr. Berglee taught in two different years in China and has conducted study abroad courses for students in various countries. He is the author of the textbook *World Regional Geography – People, Places, and Globalization*.

Bobbie Bevins

Bobbie Bevins has a master's degree in piano performance from Morehead State University and has served as an accompanist since her high school days, most recently for the select choral ensemble "Les Jongleurs". Also, through the years, she has taught general and choral music in public schools in Eastern Kentucky, Virginia, and West Virginia as well as Lees College in Jackson, Kentucky. She has also served as minister of music in several churches. Bobbie currently lives in Winchester with her husband and daughter and feels privileged to accompany the OLLI choir.

David C. Blake, PhD

David Blake has a PhD in Philosophy from the Catholic University of America and a JD from Loyola Law School (Los Angeles). He is the former chair of the Philosophy Department at Loyola Marymount University (Los Angeles). Dr. Blake has also served as a senior executive in multiple healthcare organizations with the responsibility for addressing ethical issues in patient care, biomedical research, and business practices. He and his wife, Salli Blake, retired to Lexington in 2015. Dr. Blake currently serves as the chair of Lexington-Fayette Country Ethics Commission and as a member of God's Pantry Food Bank Board of Directors.

Karie Boneau

Karie Boneau is a retired educator, lifelong exerciser, and OLLI enthusiast. After retiring from teaching 7th and 8th grade English for over 25 years, she became a Silver Sneakers instructor, merging her twin interests of exercise and teaching. She is now in her fourth year as a Silver Sneakers instructor for the YMCA. Having been an OLLI participant herself in both yoga and fitness since 2019, she is honored to now be an instructor in the OLLI program.

Eric Brooks

Eric Brooks has been the Chief Curator at Ashland for over 24 years. He has a BA in Anthropology from Miami University and an MA in Museum Science from Texas Tech University.

Rebecca Brothers

Rebecca Brothers is what you might consider an eclectic photographer. She has been a photographer for many years. She came to the Central Kentucky Computer Society and the teachers and classes inspired her even more. She likes to use photography as a learning vehicle. She likes to learn about photography (there is always much to learn). She also likes to learn about the subjects she photographs. Since Lexington is such a rich photographic place, she is looking forward to passing on information she has learned and learning from the people in the class.

Shirley Bryan

Shirley enjoys sharing her love of contemporary/country line dance with all of her students. While enjoying the spirit of dance each student brings to class, she watches her students grow and improve by coaching proper step technique, instilling step vocabulary and encouraging style. She loves dancing around the globe! She holds a CAP level National Teachers Association Instructor Certification.

Bill Burke

Bill Burke recently retired from the University of Kentucky where he taught Biology for twenty-five years. Prior to coming to Kentucky, he lived in Hawai'i for twenty-five years and taught Biology at the University of Hawai'i at Manoa. He grew up in Queens, New York and is currently a resident of Lexington, Kentucky.

Vicente Cano

Vicente Cano is a retired professor from Morehead State University where he taught Spanish for 27 years. During his tenure at the university, one of his classes was titled Hispanic Film Analysis. In retirement he enjoys watching motion pictures, specially classic and foreign films.

Kelli Carmean

Kelli Carmean recently retired from Eastern Kentucky University where she taught archaeology and anthropology for 30 years. She wrote her PhD dissertation using archaeological data from a Maya site in Mexico's Yucatan Peninsula. While at EKU, Kelli led many study abroad programs, taking students overseas with her to visit sites and museums showcasing past peoples such as the Maya, the Inca, the Vikings, the Romans, and Celtic Ireland.

Brance Cornelius

Brance Cornelius is the Education Director at The Lexington Theatre Company ("The Lex"), a professional regional theatre company in its second decade of creating professional theatre and training the next generation of theatre artists so that our community can enjoy a shared experience of masterful storytelling. The Lexington Theatre Company believes wholeheartedly in lifelong learning and is known for its supportive environment for training artists of all ages and stages. Brance is a graduate of Lafayette High School and Murray State University (Bachelor of Arts/Theatre). He has toured across the United States (National Tour: How the Grinch...), across the Caribbean (Disney Cruise Line), and across most of Asia (Asian Tour: Cinderella) singing, dancing and making people laugh. Now, he regularly performs with The Lex in addition to serving as the Education Director.

Dan Crabtree

Dan Crabtree grew up on the north side of Lexington in the '60s. He is retired after a career that included teaching, coaching, college admissions, and high school counseling. He and his wife live in Versailles.

Meg Crellin

Meg Crellin spent her working years as a clinical laboratory scientist specializing in clinical chemistry. In her spare time, she fed her passion for world dancing by attending decades of dance workshops. She practiced, studied and taught International Folk Dance since 1971. She is a founding member of the International Folk Dancers of Lexington.

Carol J Laferty Dantzler

Carol Laferty Dantzler is a native of far southwestern Virginia, having grown up in Dungannon, Virginia, in Scott County. She has lived in Morehead since 1975. She attended Milligan College in east Tennessee in the 1960s, after which she was an Air Force wife for 14 years. Carol is a graduate of Morehead State University, and a retired high school teacher in Computers and Business Education, having taught in Bath County, as well as an adjunct in the Information Sciences Dept. at MSU. She has taught courses for OLLI in Computers, MS Office Applications, and Genealogy. She served as Chair of the Morehead OLLI Board of Advisors for two years. Although more technical by nature, her passion has always been music. Her exposure to Bluegrass and Country Music was an ever-present part of her Appalachian culture growing up, which only intensified after moving to Kentucky. She served on the KCTM Advisory Board after its creation and opening in 2000. She is a Grassroots member of the International Bluegrass Music Association (IBMA) and regularly attends their annual convention and Fanfest. Other interests include amateur radio (as K4SAF) and growing Christmas cacti indoors.

Danny Dantzler

Danny and his wife Carol Laferty-Dantzler have both been licensed ham radio operator since they were 15 years old. That is a combined 132 years. Danny attended the university of Nebraska earning both a BSBA and MBA, both in business. Danny spent 32 years in the industry.

Joe Dietz

Joe Dietz has been a member/instructor at Central Kentucky Computer Society since 1996. He serves as vice-president on the board of directors and is an instructor for the Beginning and Advanced/Independent Digital Imaging classes using Corel's PaintShop Pro. He also teaches FastStone digital imaging. His other classes and workshops include iPhone, iCloud, and iPhone camera. He also assists in other classes as needed. He heads up the CKCS Digital Photography Special Interest Group and orchestrates the monthly and annual photo contest. Joe's classes are usually very active and entertaining with lots of interaction with the students.

Rita Egan

After retiring as a Rheumatologist in 2019, Rita Egan was able to pursue a long interest in Photography. She feels lucky to have found the Central Kentucky Computer Society through the OLLI Program. She has taken many of their photography classes and participates in the weekly Amateur Photography Club. After being asked to help with an upcoming Fall course, she finds it a privilege to participate.

Richard Elliott

Rick and his wife, Karen Elliott, moved to Lexington 3 years ago. They have participated in numerous open-circle music jams in other areas for about 25 years, including Pennsylvania, Northern Virginia and Maryland. Rick plays rhythm guitar and mandolin and has a strong singing voice for lead vocals. He has led many open circle jams. Karen plays fiddle and autoharp and sings harmony vocals. They have an extensive repertoire of "cheat sheets" for bluegrass, folk, Americana and Celtic music songs.

Dave Emerson

Dave Emerson is a Lexington, KY resident. He is a graduate of the University of Kentucky (B.S - 1965, J.D - 1968). He practiced law in Lexington from 1973 to 2024.

Myra Engle

Myra is a retired elementary teacher with 31 years of classroom experience and advanced degrees in special education and administration/supervision. She discovered CKCS after retiring and took many classes. Myra was eventually asked to assist in teaching basics and then, 22 years ago, was asked to take over teaching the class. For the most part, it's been a joyous journey.

Johnda Estep

Johnda Estep is a resident of Morehead, KY who graduated from Morehead State University with a double major in Fine Arts and Art Education and a Master's degree in Fine Arts. She worked at Morehead State University as an analyst in the Office of Institutional Research and Analysis.

Wendy Feters

Wendy Feters (Advisor) and Stephanie Tewes (Care Coordinator) are from Kendal at Home, a nonprofit with the mission of empowering older adults to remain independent, healthy, and in control of their personal aging in place plan.

Stephanie Fairchild Fister

Stephanie Fairchild Fister has 30 years of experience with students in elementary, middle, and high school. She is the founder of The Human Domino Effect program. She is passionate about building healthy learning climates for students, families, and educators.

Carolyn Franzini

Carolyn is from Morehead, KY and is very involved with her community. A retired educator, she loves people and enjoys being involved in the Morehead Community. She loves learning about other cultures and has traveled extensively throughout Asia. She has been involved in promoting the love of stories for a number of years. She was one of the original founders of the Cave Run Storytelling Festival, she has a weekly radio show of stories and she enjoys encouraging others to write their story.

Jeff Freyman

Jeff has a doctorate in political science and has taught college courses on politics for almost 40 years, including at Transylvania University from 1980 until his retirement in 2014. He has been teaching with OLLI since 2019.

Marcia Freyman

Marcia has a master's degree in art history from George Washington University. She has taught Survey of Art History and Introduction to Art at UK, ECU and BCTC. She has taken students to Florence, Italy to teach Renaissance art history.

Jack Furlong

Always having wondered about the nature of minds, Jack Furlong took a PhD in philosophy, and taught courses exploring human –and, later, animal – cognition and consciousness. The increasingly appreciable research on plant cognition has recently forced him to take the complex behavior of plants seriously. He has found Schlanger's book accessible and stimulating, sharing the wonder – and puzzlement – about this emerging field. He looks forward to reading the book with other interested OLLI members.

Catherine Gaffney

Catherine Gaffney is a Teaching Artist from The Lexington Theatre Company ("The Lex"), a professional regional theatre company in its second decade of creating professional theatre and training the next generation of theatre artists so that our community can enjoy a shared experience of masterful storytelling. The Lexington Theatre Company believes wholeheartedly in lifelong learning and is known for its supportive environment for training artists of all ages and stages. Catherine is a versatile actress, teacher, and voice over talent who narrates audiobooks from her home studio in Nicholasville. Originally from the San Francisco Bay Area, she has performed across the country. Locally, she has appeared on the stages of The Lexington Theatre Company, Lexington Children's Theatre, and AthensWest. Catherine holds a B.A. in Theatre Arts and an M.F.A. in Acting & Directing, combining her artistic expertise with a passion for storytelling and education.

Josette Garstka

Certified in Aerobics. Over 38 years experience teaching various fitness classes.

Kenneth W Gollither

Ken Gollither was a professional trainer for the last 34 years of his banking career. Since retirement in 2018, he has become a full-time history enthusiast and presenter. He volunteers as a docent at Historic Locust Grove in Louisville (George Rogers Clark's final residence) and Cave Hill Cemetery, also in Louisville. Ken is a graduate of Ball State University in Indiana and the University of Louisville School of Law in Kentucky.

Frances Goodfriend

Frances has taught literature and history at the secondary and college level and has led various small group discussions for young people and adults. She is the facilitator for the Favorite Classic Novels SIG.

Joseph L Hallock

Joe Hallock is a retired engineer and former landlord. Between those two activities, a lot of skill and technique is ready to be transferred to your bag of tricks. This class was well received by previous students who stated that they had learned a lot. Joe is a down to earth speaker and uses demonstrations and interactions to keep the classes lively.

Jerry Hart

Jerry Hart is a former cooking instructor at a vocational school in N. Kentucky.

Drew Henderson

Drew is a former chair of the OLLI at UK, Morehead Advisory Board and provides technical support for many of the Morehead courses. He has taught a number of courses, including courses dealing with cryptography, notable women in science, and facilitating a TED Talks course.

Dale Henley

Attended University of Louisville and has a special interest in the French General Marquis de Lafayette. While in the US Navy, Mr. Henley served as the assistant Naval Attache at the American Embassy in Rabat, Morocco. After retiring as General Counsel for East Kentucky Power, Mr. Henley was an adjunct faculty member at the University of Kentucky College of Law where he taught legal writing and Appellate Advocacy. He is currently a member of the Kentucky Bar association Ethics Committee and serves as an "Ethics Hotline Attorney" providing guidance to Kentucky lawyers on compliance with their Code of Professional Conduct.

Mary Elizabeth Henton

Dr. Mary Elizabeth Henton serves as the Learning & Partnership Program Manager with the Lexington Philharmonic and co-conductor of the Bravo Strings Orchestra with the Central Kentucky Youth Orchestras (CKYO). A former orchestra director for grades 4-12 in public and private schools, she brings over twelve years of teaching experience. Dr. Henton earned her PhD in Music Education from the University of Kentucky and holds bachelor's and master's degrees in Music Education from Eastern Kentucky University, along with a Rank I in Curriculum and Instruction with an endorsement in Gifted and Talented Education. A frequent presenter and published author, her research explores peer mentoring, student voice and choice, and performance anxiety. She also serves on committees for ASTA, NAFME's Connected Arts Network, and the Kentucky Department of Education.

Karen Higdon

Karen Higdon is a native Lexingtonian and a retired Math teacher and Librarian from Fayette County Public Schools. She's been interested in photography for over 40 years, and bird photography for at least the last 10 years. She enjoys spending time outdoors and taking photographs of nature and wildlife to share with others.

James Larry Hood

Dr. J. Larry Hood is a resident of Jessamine County Kentucky. He holds the following degrees: Assoc degree in comp Sc from Ky State U; BA in history and government from Centre College; MBA from Xavier; MA and PhD in American history from UK; certified governmental manager. He retired from state government after 30 years of service. He has taught for 38 years courses such as western civilization, world civilizations, American history, American military history, Kentucky history, business marketing, and organizational behavior. He has edited books, published review essays, published articles and written books on Kentucky and American history and western civilization. He sees OLLI as providing an opportunity to share with the community what it has inherited from the ages which in turn helps people understand the world around them and who they are.

Kurt Jefferson

Kurt began teaching Mac Classes at CKCS in the late 1990's and the iPad about 15 years ago when Apple introduced it. He concentrates on the Mac operating system, Pages desktop publishing/word processing app, web browsers, and security tips. He is a former radio and TV news reporter and photographer and also worked at KentuckyConnect and kentucky.com (the online divisions of the Herald-Leader newspaper.) He has a college degree in Mass Communications and Business. He continues to be amazed by the knowledge and talents of students attending classes at CKCS and OLLI.

Scott Johnson

Scott Johnson spent 40 years in radio, both on-air and behind the scenes as a writer and producer. He has also written for television and print. His professional experience includes eight years at a community college. He is also a long-time member of the OLLI Writers SIG."

Dennis Karwatka

Dennis Karwatka is a retired professor from Morehead State University where he taught industrial technology for 34 years. He has enjoyed motion pictures since he was a youngster and is particularly interested in those made during the 1950s and 1960s.

Arleigh Kerr

Arleigh Kerr's lifelong interest in photography and computers led him to join Central Kentucky Computer Society in 2016. He got his first camera at 9. He has taught classes for CKCS/OLLI on infrared photography, the NIK Collection, and the post processing of black and white photos along with informal Photoshop classes at CKCS's weekly Camera Coffee meetings. Prior to moving to Lexington, Arleigh was a computer programmer for thirty years, working for Boeing and AT&T

Barbara Kemp

Barbara Kemp, Pharm.D. is a retired pharmacist with a BS in Home Economics Education. She loves learning and teaching. Her outside interests include gardening, reading, knitting, learning foreign languages and cooking. She is currently a Donovan Scholar at UK pursuing a degree in Spanish.

Donna King

Donna King is a resident of Georgetown, KY. She is a Board-certified Instructor for the Tai Chi for Health Institute. The CDC, National Council on Aging, and Arthritis Foundation recommend and endorse this evidence-based program.

Christine Klein

Christine Klein, 67, is the author of the newly published book, Finding Your Spunk in Your 60s, 70s, 80s. A lifelong Cincinnati, she wrote the book to help her and others overcome the challenges that come with aging. She has recently retired from her career as a self-employed writer and researcher.

Bob Lindahl

Bob is a retired professor of mathematics at Morehead State University. He received his Ph.D. at the University of Oregon. Bob specialized in the teaching of discrete and applied mathematics. He is a member of the American Mathematical Association (AMS), and has given many presentations at AMS meetings.

Ayako Hasebe Lloyd

Ayako Hasebe Lloyd is a Teaching Artist from The Lexington Theatre Company ("The Lex"), a professional regional theatre company in its second decade of creating professional theatre and training the next generation of theatre artists so that our community can enjoy a shared experience of masterful storytelling. The Lexington Theatre Company believes wholeheartedly in lifelong learning and is known for its supportive environment for training artists of all ages and stages. Ayako earned her BFA in Dance Performance from Butler University. During her time at Butler, she attended the Vaganova Seminar and trained in St. Petersburg, Russia. Her experience includes serving in Faculty and Summer Intensive Leadership at the Cincinnati Ballet Academy and Professional Training Division (2024–present); Company Dancer and Ballet Mistress at Lexington Ballet; Classical Ballet Program Coordinator at Town & Village School of Dance; Youth America Grand Prix Coach; and Guest Teaching Artist with the Kentucky Governor's School for the Arts and Northeast Ohio Dance. Ayako is an ABT® Certified Teacher who has successfully completed the ABT® Teacher Training Intensive in Pre-Primary through Level 5 of the ABT® National Training Curriculum.

Carolyn O'Brien

Carolyn O'Brien taught high school Spanish for 36 years and often taught as an adjunct Spanish instructor at Morehead State University. She has a BA in Spanish from Ohio University and a MS in Education from the Johns Hopkins University. She lives in Morehead, Kentucky.



George Martin

The Rev. Dr. George Martin a retired pastor who became a Pauline Scholar with his book "Paul Found in His Letters." He loved the chance to preach on the parables of Jesus especially after he found the work of Kenneth Bailey. Sadly died a few years ago, but his work lives on!

Jim Masterson

James R. Masterson is a professor of political science at Morehead State University. He serves as the department chair for History, Philosophy, Politics, Global and Legal Studies and as the Director of the MPA program. Having studied in Japan and leading education abroad programs in China and Vietnam for over a decade, his passion for cooking Asian cuisine blossomed. He has taken cooking classes on making Indian and Thai cuisine, as well as Chinese dumplings, and is passionate about sharing these recipes.

Phil Maxson

Phil has been teaching history classes dealing primarily with Kentucky history for OLLI for about 14 years. He has also led numerous history walking tours for OLLI of areas in central Kentucky. History classes Phil has taught for OLLI that are pertinent to this class are: Beaver Wars, Daniel Boone, Boonesborough (Kentucky Bastion), George Rogers Clark, Founding of Lexington, the critical year of 1778, and others.

Carolyn Moore

Carolyn Moore has been on her own yoga journey for 45 years. She currently is a certified yoga instructor and enjoys helping others with their yoga journeys.

Jon Novak

Jon Novak is a veteran OLLI student who has decided to join the talented OLLI pool of instructors. Jon is a long-time concert attendee who has a large record collection. His stories and music selections will bring the late 60's and early 70's to full living color.

Phil O'Neill

Phil O'Neill is a retired electrical engineer from England. With a full schedule and busy family, Phil digs deep into time management and coordinates his day-to-day activities with Apples iOS and MacOS Calendars apps. He moved to California in 1987 and in 2000 a job opportunity brought him to Lexington. He has lived here ever since. His electronics experience includes troubleshooting, field service, preparing training materials and writing tech manuals. In the mechanical field he has been an application engineer and product manager working with both sales and manufacturing to introduce new products. Since retiring Phil has also learned many home renovation skills and volunteers with AARP Tax Aide. He is also Technology Coordinator for Tax Aide in Lexington.

Daniel Phelps

A native of Lexington, Daniel Phelps is a retired environmental geologist. He has also taught part-time in Kentucky's Community College system. In 2021 the Paleontological Society – the world's leading scientific organization devoted to studying invertebrate and vertebrate paleontology, micropaleontology, and paleobotany – awarded Phelps the prestigious Strimple Award, which recognizes outstanding achievement in paleontology by someone who does not make a full-time living from paleontology. Phelps is founder and president of the Kentucky Paleontological Society.

Vicki Reed

Vicki has a Master's Degree in Criminal Justice and worked for child welfare and juvenile justice for decades. Since she retired from the state, she became a consultant for the National Partnership for Juvenile Justice and has written two books. She chose to use fiction as a way to bring the stories of kids involved in the system to life. The Car Thief focuses on juvenile justice and her new novel, Sleight of Hand, on a boy with many years in foster care. Vicki frequently presents at national and regional conferences. Her presentations are known for their humor and engagement. A life-long resident of Lexington, she enjoys riding her horse, playing tennis, and working in her native plant garden.

Ed Reeves

Ed Reeves previously taught the OLLI courses: Classic French Crime Films and Inspector Maigret: Crime Detection with a French Accent. With graduate training as an ethnographer, Ed spent his career in university teaching and research working across the social sciences and humanities—an ideal background for exploring the cultural history of films and filmmaking. This will be his twenty-second OLLI movie class.

David Royse

David Royse, PhD, retired from the College of Social Work at the end of 2021 after 35 years of full-time teaching at UK. He taught primarily research methods and is an active researcher with over 90 publications, three of which are on the topic of near-death experiences.

Stacy Schultz

Stacy Schultz holds a B.A. and M.A. in English and has taught British and American literature at both the high school and college levels. She has taught OLLI and JILL courses in MD, VA, and KY. Her non-fiction essays have appeared in the Downside Review and Crisis Magazine.

Joe Schum

Joe Schum is a graduate of the University of Kentucky and a retiree of IBM/Lexmark. His academic training is chemistry. His professional training is in the printing industry where he gained knowledge of color theory, pigments, and binders for inks and toners. He enjoys applying these skills to visual arts.

Mike Seiler

Mike Seiler was a high school teacher for thirty-five years and taught Mathematics and Computer Programming. He started volunteering and teaching classes at the Central Kentucky Computer Society (CKCS) in 2006. Mike has served as President and Vice President of CKCS and is currently a board member. He is an ambassador for the Lexington Sister Cities program. Mike is also a member of the Central Kentucky Mended Hearts chapter and is active in their visitation program. He has been visiting open-heart surgery patients at Baptist Health Hospital since 2007. He was named Volunteer of the Year at McConnell Springs for 2019.

David Shattuck

David is a retired attorney, art lover, and wannabe artist and poet. He discovered and joined OLLI after retiring in 2016, and has taught OLLI art history classes since 2017, including Picasso, Van Gogh, Post-Impressionists, and German Expressionism. He enjoys all things OLLI, but especially teaching, fitness and swimming.

Jennifer Shaw

For over two decades, Jennifer Shaw has been a Certified Professional Life Coach, Mindfulness Meditation teacher, and Reiki Master/Teacher. She finds joy in helping others reclaim well-being and move confidently through life transitions.

Dick Shore

Dick Shore is a Lexington resident. He grew up in California, has academic degrees from University of the Pacific, Duke, and Univ. Toledo. He has lived and worked in St Louis, Oak Ridge, and Toledo, and in Elizabethtown and Vine Grove KY. For 25 some years he has lived in Lexington KY. He began teaching knot tying to youth groups some 50 years ago, and has taught knots for Boy Scouts, and for Girl Scouts in various places, and for 15 years for the Big Moose Lake Property Owners summer recreation program near Eagle Bay NY.

Lisa Smith

Lisa holds a B.A. in Art History from Miami University and dual M.A. degrees in Art Education and Art History from The Ohio State University. She also pursued doctoral coursework in Art History at the Graduate Center, CUNY in New York City. With 25 years of teaching experience, Lisa specializes in contemporary art, critical theory, feminism, and film. She loves sharing her enthusiasm for art with others and making art history engaging and accessible to all.

Lyndy Franklin Smith

Lyndy Franklin Smith is the Artistic Director of The Lexington Theatre Company ("The Lex"), a professional regional theatre company in its second decade of creating professional theatre and training the next generation of theatre artists so that our community can enjoy a shared experience of masterful storytelling. The Lexington Theatre Company believes wholeheartedly in lifelong learning and is known for its supportive environment for training artists of all ages and stages. Lyndy co-founded The Lexington Theatre Company alongside her husband Jeromy as a way to give back to her hometown and to the theatre industry. She enjoyed a successful performance career in NYC, including the Broadway companies of A Chorus Line and The Little Mermaid; the Radio City Christmas Spectacular; National Tours of Fosse and White Christmas; and numerous regional productions. Now, her greatest joy is training and creating opportunities for the next generation of theatre artists, while crafting professional productions for Central Kentucky audiences through her work at The Lexington Theatre Company.

Cathy Sparks

Cathy Sparks has completed several barn quilt design classes. She is also a quilter, so has had many hours of using rulers, scissors, fabrics and paints for creating quilt squares. Placements of barn quilts can be spotted on both front and back of her home. She has taught multiple OLLI barn quilt classes and several of her students plan to take her next class.

Judith Stafford

Doctor Judith Stafford earned her PhD from The Ohio State University. She is a retired Professor of Social Work from Morehead State University. Practiced as a Clinical Social Worker in Indiana and Ohio before moving to Morehead to teach at MSU. Served as Director of Social Work Program and Field Practice.

Tom Stanwix-Hay

Upon retirement Tom began taking OLLI classes. For the last 8 years he has facilitated various bridge classes.

John Stegner

JOHN M. STEGNER • Born in Dayton, Ohio • Attended Tecumseh High School, in New Carlisle, Ohio • Sang in the Choirs under the Direction of Mr. John Sipe • Attended Urbana College, Urbana, Ohio • Received the Associate in Arts Degree • Attended Eastern Kentucky University • Received the Bachelor of Music Education • Attended Wichita State University • Completed the Master of Arts Degree in Music Education at EKU • Began teaching career at Montgomery County High School, in Mt. Sterling, 1972 • Taught 17 years in the Montgomery County Schools • Began teaching at Rowan County Schools, 1990 • Began teaching at Lafayette Senior High School, 1994 • Retired in 2003 • Began teaching at the University of Kentucky, fall 2003 • Began teaching at Bluegrass Community and Technical College, fall 2005 • Has served as Director of the OLLI Chorus since 2010

Doug Stowell

DOUG STOWELL is a consumer and political polling veteran in both U.S. and EU markets. His career includes Market Research Director for the Xerox Corp., U.S. Clients Director for the U.K. firm NOP, Ltd. in London and Sr. Polling Executive - Wirthlin Worldwide in Washington, D.C.. He launched Market Resource Associates, in 2008 and conducts opinion research on global issues today. He is a member of the Furman University Osher Life-Long-Learning Group in Greenville, SC and conducts ZOOM programs for more than 80 organizations world-wide. All programs are FOCUS Group tested before use.

Seetha Subramanian

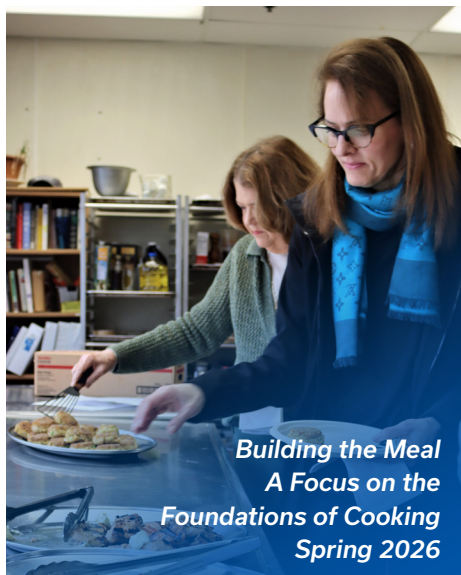
Professor Emeritus of Physics Bluegrass Community & Technical College. Seetha started teaching for OLLI in the fall of 2013 and offered classes every semester. She volunteers for many organizations and is currently active on 3 boards. She enjoys cooking Indian dishes with western vegetables, reading, watching TV, singing Indian classical music around the house.

Christopher Swartz

Dr. Swartz earned a Bachelor of Science in chemistry (1999) from the University of Maine, and a Bachelor of Health Science degree in medical laboratory science (2017), and PhD in organic chemistry (2006) from the University of Kentucky. Dr. Swartz has been a certified medical laboratory scientist since 2018. He worked in the Special Chemistry and Toxicology laboratory at the UK Albert B. Chandler Hospital from 2018-2021, and joined the medical laboratory science program as a faculty member in 2020. Dr. Swartz teaches medical laboratory biochemistry, clinical immunology and serology, and clinical chemistry.



Spring Chorus Concert
OLLI Chorus
Spring 2026



*Building the Meal
A Focus on the
Foundations of Cooking
Spring 2026*

Cathy Taylor

Cathy Taylor holds degrees from the College of St. Catherine and the University of Minnesota. A writer and editor for 35 years, she spent 14 years as a collector and dealer of antique clothing and editing the newsletter of the Costume Society of America. She gave tours and worked on costume collections at Waveland State Historic Site and other museums.

Stephanie Tewes

Stephanie Tewes is a Certified fall Prevention Specialist and Care Coordinator for Kendal at Home.

Brooke Thomas

Brooke Thomas is the president of the Central Kentucky Computer Society and teaches various iPad classes, Apple Watch and iMovie classes. She assists with the iPhone Workshop. In addition to volunteering at CKCS, she is a volunteer ESL teacher of adults for Operation Read and is a volunteer with Altrusa International of Lexington. She enjoys helping people understand technology and encouraging students to have fun while learning. She is an active member of the YMCA and the Evening Edition Book Club.

Linda S. Thomas

Linda Thomas is a nationally respected corrections executive, former prison warden, and federal detention expert with more than 34 years of leadership experience in state, federal, and immigration correctional systems. She has served in senior leadership roles with the Ohio Department of Rehabilitation and Correction, the Federal Bureau of Prisons and Immigration and Customs Enforcement (ICE), where she helped develop National Detention Standards still used today after the creation of the Department of Homeland Security. Linda is also a former adjunct instructor at Youngstown State University and speaker on behavioral awareness, leadership and public safety. Her OLLI course combines real-life experiences, compelling case studies, and practical insight into human behavior, situational awareness, and the criminal mind.

Dr. Thomas Troland

Tom Troland is an astronomer who recently retired after more than 40 years on the faculty of the Physics & Astronomy Department at the University of Kentucky. He enjoys research in astronomy, teaching astronomy, and giving astronomy presentations to lay audiences of all ages.

Diane Vance

Diane Vance was a high school teacher before earning a PhD in radioanalytical chemistry at University of Kentucky, where she did research related to Alzheimer's disease. She then worked as a training director and scientist in the U.S. nuclear weapons complex before taking a faculty position at Eastern Kentucky University, where she taught chemistry and forensic science courses. In her 10 years as an OLLI instructor she has created and taught 17 different science-based courses. She is also a volunteer community educator for the Alzheimer's Association and is on the board of the Bluegrass Parkinson's Alliance in Lexington.

Kelly Waite

Kelly Waite is a Morehead, KY resident, originally from Michigan. She graduated from Brigham Young University-Idaho with a bachelor's degree in Public Health, with an emphasis in Health Promotion and Health Education. She has seven years of experience teaching group fitness classes for seniors and also enjoys ballroom dancing. She currently works full-time for Morehead State University as the Program Coordinator for the Senior Medicare Patrol (SMP) and Retired and Senior Volunteer Program (RSVP) and is working on her master's in Adult and Higher Education.

Anna Watson

Anna Watson was born and raised in Ontario, Canada and moved to Kentucky in 1966. After raising four children she went back to school and received her Bachelor of Science in Geology, plus two years post graduate work, from the University of Kentucky. She worked for the Kentucky Geological Survey for twenty-one years, mostly as a subsurface energy geologist. She is also a founding member of the Kentucky Paleontology Society. She retired from KGS in 2011. In 2015 she joined OLLI and has (is) enjoyed several classes including poetry, writing, and the OLLI Chorus.

Maryann Wellman

Maryann Wellman retired to Kentucky after a diverse career in industrial engineering and finance. She holds advanced degrees in both science and theology. Maryann has been an OLLI member for over 10 years. She has served as an Advisory Committee and Development Committee member. She volunteers for OLLI and several other non-profits.

Debbie Williams

Debbie Williams is SMP/RSVP volunteer and certified Matter of Balance coach.

Jane Williams

Jane Williams learned to play mountain dulcimer in an OLLI class 20 years ago and has attended workshops and festivals in many states to continue learning. She has played with four area clubs and one in Nova Scotia and enjoys sharing what she has learned. She is a graduate of Hollins University, Penn State (M. ED.), and a former Donovan Scholar, and she enjoys playing with the Old Time Jam at Old North Bar in Greyline Station.



*Keeneland Library Social
Spring 2026*

Testimonials



"My first experience with OLLI was when I was invited by a friend to attend an Open House in January 2012. Even though I was still working, I immediately began taking classes on my days off. I've been involved with many subjects: Line Dance, Genealogy, History, Barn Quilts, Science, Wellness, Spanish, and many more. I've made many new acquaintances and long term friends. I thought I might be bored with retirement but OLLI keeps me active and involved."

Debra Lewis: Lexington Promotions & Membership Committee Member

My retirement became a lot more fun when I discovered the OLLI Program in 2018. I was introduced to many classes and new ways of thinking. It was not only an enrichment of the mind, but also of the body, as I began taking fitness classes offered by outstanding instructors. I especially enjoyed my classes in art and science taught by other retirees passionate to share their knowledge. But what became most rewarding was serving on the OLLI Advisory Board, where we bring to life programs that benefit the membership. It has been a wonderful and fulfilling experience. I have made new friends and a sense of belonging to a great organization."



Sue Scheff: Lexington Social Committee Co-Chair



"My experience with the OLLI program goes back a number of years and I have thoroughly enjoyed many classes and trips that have been offered. I particularly enjoyed a class taught by Susan Bottom titled "Mother Goose: Not Your Children's Nursery Rhymes." Turns out many of the nursery rhymes we know so well are really back drops for old English politics. I also have a love affair with the OLLI Chorus because music is dear to my soul."

Eddie Salone: Lexington Advisory Board Vice Chair

"OLLI membership sustains my love of learning while giving the flexibility needed for a person who loves to travel. It has added to my life immeasurably through knowledge and community."

Colette Crown:
OLLI at UK Lexington Advisory Board
Immediate Past Chair





Volunteers are the Heart of OLLI: Get Involved & Volunteer!

Here are some of the roles and services an OLLI at UK volunteer can provide:

- Greet and answer questions for members
- Teach a course
- Lead a Shared Interest Group (SIG)
- Serve as a technical assistant for audio/visual technology, Zoom, and more.
- Serve on committees and task forces.

WE NEED YOU! CALL 859-257-2656 TO GET STARTED!

Subscribe to the **OLLI at UK** Newsletter!

SCAN HERE

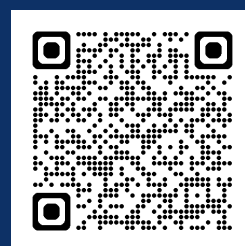
TO SUBSCRIBE TO
OUR NEWSLETTER



Get the inside scoop on upcoming OLLI, University of Kentucky, and Community events, as well as monthly features such as inspirational quotes, featured instructors and members, plus much more!

Subscribe using the link or QR code to the right:

<https://lp.constantcontactpages.com/su/0405W2B/olliatuk>



2026 FALL REGISTRATION FORM

* Return this entire page (front and back completed) with payment *
**** ALL Members** are Required to Complete the Risk Release on Back of this Form

STEP 1: Member Contact Info (please print)

Name _____ Birth date _____
 Address _____ City _____ ZIP _____
 Phone _____ Email _____
 Emergency contact _____ Relationship _____ Phone _____

VOLUNTEER OPPORTUNITIES: Would you like to serve as a volunteer for OLLI at UK? There are lots of ways to get involved! Please mark your preferences below and our Volunteer Chair will be in touch.

____ Committee ____ Short Term ____ As Needed
 ____ Specific Event ____ Long Term

*REQUIRED INFORMATION:

How long have you been a part of OLLI? _____

Are you UK Alumni? _____ Are you a member of the UK Alumni Association? _____

STEP 2: Complete the Annual Risk Release on the back of this form.

STEP 3: Fill in the course request form below.

Title of Courses, SIGs, Experiential Learning, Travel, etc. (Be sure to specify exact course requesting.)	Fees
New 2026 Fall Membership	\$50
	\$
	\$
	\$
	\$
TOTAL	\$
I would like to offer the following donation to support the OLLI at UK. A letter of receipt will be mailed	\$
TOTAL AMOUNT ENCLOSED	\$

STEP 4: Please make check payable to OLLI at UK & mail with completed form to:

OLLI at UK, UK Ligon House, 658 S. Limestone, Lexington, KY 40506-0442

FOR INTERNAL USE ONLY:

Date recv'd _____ Fee paid \$ _____ of \$ _____ Check # _____ G/C# _____ Cash \$ _____ Int 1: _____

OLLI AT UK ASSUMPTION OF RISK, WAIVER AND RELEASE FORM - AUGUST 1, 2026 - JULY 31, 2027

(All Members and Guests are required to sign prior to participation)

PRIOR TO PARTICIPATION in any of the OLLI at UK Activities (Courses, Programs, Shared Interest Groups, Experiential Education/ Learning, Travel, Field Trips and Day Trips, Events, Projects, Volunteer and Community Engagement Activities, UK Lancaster Aquatic Center Swim and/or use of UK Johnson Recreation Center). All OLLI at UK Members and Guests are required to complete and sign this risk release form for each OLLI year (August 1 – July 31).

PHYSICIAN APPROVAL

I hereby understand that I am advised to consult my physician and obtain his/her approval before beginning any OLLI Activities. I have no known physical contraindications that would restrict me from participating in these activities. I acknowledge and agree that I am responsible for my own health and I assume all responsibility for avoiding any activity that I and/or my physician do not feel comfortable I can or should perform.

ASSUMPTION OF RISK AND GENERAL WAIVER OF ALL CLAIMS

I am aware of the hazards inherent in my involvement in the OLLI activities I have voluntarily selected, and the need for me to ensure my health status and ability to participate in the variety of opportunities made available to OLLI at UK Members and Guests. I acknowledge that OLLI does not own or control many of the facilities where activities occur, and that I am responsible for assuring the activity and the facility is appropriate for me. OLLI staff and instructors are available to discuss and provide additional details on any activity.

In consideration of the opportunity to participate in the OLLI at UK, I, for myself, my heirs, successors or assigns, hereby assume any and all risks and hazards attendant to my involvement in OLLI at UK activities and waive and release any claim of any type or nature in any way relating to or arising from such activities, including but not limited to any claim for personal injury, accidents or illnesses (including death), property loss, in any way arising from my participation in any activity. In further consideration of being afforded the opportunity to participate in the OLLI at UK activities, I for myself, my heirs, successors or assigns agree to hold harmless and indemnify the University of Kentucky and its affiliated entities, its and their Boards of Trustees, agents, servants, and employees, expressly including but not limited to instructors, assistants, facilitators, students, and volunteers, from any and all claims, demands, causes of action or damages which may accrue from the aforesaid activities. If any portion of this release is held invalid, it is agreed that the balance shall remain in full legal force and effect.

READ CAREFULLY - THIS IS A RELEASE OF ANY AND ALL CLAIMS

Print name, sign, and date:

Name (printed) _____

Signature of Participant _____ Date _____

OLLI AT UK PHOTO RELEASE FORM (ONE TIME SIGNATURE)

We like to use photos of actual OLLI members to present & promote our program. Please review and complete, or change, the info. below, making any specifications and preferences clear. All selections will be made with a careful and thoughtful eye. If you have any questions, please call the OLLI Office at (859) 257-2656.

Authorization of Use

___ General Use X Specific Project: Osher Lifelong Learning Institute (OLLI) at UK

I, (print full name) _____ (*) hereby grant permission to the University of Kentucky and its affiliates and subsidiaries, including but not limited to the UK Alumni Association, UK Athletics Association and UK Research Foundation, to interview, photograph and/or videotape me and/or to supervise any others who may do the interview, photography and/or videotaping and/or to use and/or permit others to use information from the aforementioned interview and/or the aforementioned images in educational and promotional activities for the following without

X__ University Educational Publications/Videos

X__ University Promotion/Advertising

X__ University Electronics Publishing (e.g. World Wide Web)

X__ Local/regional/national news media (w/permission of the University of Kentucky)

Signature: _____ Date: _____

FREQUENTLY ASKED QUESTIONS (FAQs)



Who is eligible to join OLLI at UK?

Any adult 50 years of age and older is eligible to register for OLLI membership, courses, events, SIGs, trips, etc

How do I become a member?

Membership can be purchased online or mailed-in with your semester registration. When registering online, membership must be completed first before courses can be selected.

How long does my membership last?

All annual memberships are effective from August 1 - July 31.

How do I register for a course online?

When a class is open for registration, it will have an "Add to Cart" button at the bottom of the description. Be sure that you are also signed in. If it is already full, it will have "WAIT LIST..." labeled in red. Always add yourself to the wait list. Additional spaces may be added and there is no fee to be on the list.

How much time do I have to register once I log in?

It is helpful to decide which courses you would like in advance. Class space is not held until the payment process is completed.

How will I know if I successfully registered?

Email required to register online. Once registered, you will receive a confirmation and transaction receipt via email once your registration payment is confirmed. If you do not have an email, you need to register by mail.

Can I register for a course at OLLI's other site?

Yes, if you are an annual member in Lexington or Morehead, you are a member of both sites.

What if I need to drop a course?

Please call or email the OLLI Office as soon as possible. We often have multiple people on the waiting list. (Please note our refund policy.) The online system cannot be used to cancel a class.

Where do courses meet?

Classes will be in-person at their designated locations, on Zoom, or be a combination of in-person and Zoom (Hybrid).

Who teaches OLLI courses?

Instructors are qualified members of OLLI, the University, or the community who have a passion for their topic and enjoy sharing their love of learning. All Instructors submit a proposal to teach that is reviewed by the Curriculum Committee.

What is a Shared Interest Group?

A SIG is a group of current OLLI members who share a specific interest. Members provide all resources needed and cover any costs incurred. SIGs may last one, two or three semesters in any annual year.

REFUND POLICY

Refunds will be given only if courses are already filled or OLLI at UK cancels the course. If the course you requested is full, you may request another. If you are on the wait list and do not get into your requested course, we will refund your course fee if you paid by check. You are not charged to be added to the wait list if you registered by credit card online. Refunds of course fees are not available for students who have enrolled but were unable to attend. Membership fees are non-refundable.

RECEIVING ZOOM LINKS & RECORDINGS FOR ONLINE CLASSES

Once you have registered, you will at a later date receive an e-mail message that gives you the individual Zoom link(s) needed to enter the class or classes you registered for. Messages may also include Meeting IDs and passcodes for those that need an alternate method to join the meeting. If you have not received a link for class, please be sure to check your spam and/or trash folder. If it is not there, contact the office, and we will send you the link. For your convenience, you can also save Zoom links to your device.

We will record Zoom & Hybrid courses that have approval from the instructor. Recordings will be sent to students the next business day and upon request. For Fitness & Yoga courses, recordings will be sent out at the end of each week and upon request.



University of Kentucky
Osher Lifelong Learning Institute at UK
Office of Lifelong Learning
658 S. Limestone - Ligon House
Lexington KY 40506-0442
Phone: (859) 257-2656

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 **Office of
Lifelong Learning**
Osher Lifelong Learning Institute

Osher Lifelong Learning Institute

AT THE UNIVERSITY OF KENTUCKY

OLLI at UK offers educational and enrichment courses, programs and events created for dynamic lifelong learners aged 50+ who are continually searching for exciting topics and exploring new opportunities in learning!

For more information, contact the OLLI Office:
(859) 257-2656 or Toll Free (866) 602-5862
or visit olliatuk.uky.edu